

River Road Park & Recreation District

Summer 2025

Come travel with us-
London/Paris, Holiday Trips,
Southeast Asia, Italy, and more!



**RIVER ROAD PARK
& RECREATION DISTRICT**

General Information



RIVER ROAD PARK & RECREATION DISTRICT

Business Office

1400 Lake Dr. Eugene, OR 97404 541-688-4052
M-F 8a-6p

Aquatic/Fitness Facility

1400 Lake Dr. Eugene, OR 97404 541-461-7777
M-F 5a-9:30p Sa 6a-3p

Gymnastics Facility

30043 Leghorn Rd., Eugene, OR 97402 541-688-8955
M-F 9a-12p and 1-6p Sa 8:30a-12:30p

Summer 2025

June - Sept.15

Registration Dates

SWIM LESSONS

Please see page 10 for details.

WATER EX

Summer Re-enrollment June 2-3
Summer New enrollment June 4
Registration will be in the main office between 8a-6p

FITNESS/RECREATION CLASSES

Summer Re-enrollment June 9-10 Walk-in 8:30a Phone-in 10a
New enrollment June 12-13 Walk-in 8:30a Phone-in 10a

DAY TRIPS

In District June 11 Walk-in 10a Phone-in 1p
Out of District June 12 Walk-in 10a Phone-in 1p

YOUTH PROGRAMS/GYMNASTICS

Youth programs - you may enroll at any time. Gymnastics classes are on-going. You may enroll at any time.

Registration

Log In
Register
Pay

How do I register for classes?

BY PHONE OR WALK IN

Business office hours are M-F, 8a-6p. After hours payments can be made at the aquatics reception desk. Please call the gym to sign up for gymnastics.

ONLINE – WWW.RRPARK.ORG

You can register 24-hours a day, seven days a week. Just visit rrpark.org to register using a credit card. **Note: Not all programs are eligible for online registration.**

HOW DO I CREATE MY ONLINE ACCOUNT?

Go to rrpark.org and click menu then the login/register/pay account button and choose the “Create a RRPRD account” link in the upper left hand corner. Complete the short form. List the primary account holder first, and then add any additional account members. Click “Save & Close.”

Registration Policies

Registration is accepted on a first-come, first-served basis. **You are not registered until fees are paid.** The District reserves the right to cancel classes when minimum enrollment has not been met. If a class is filled, your name will be put on a waiting list. Additional classes will be formed if instructors and rooms are available. We accept Visa, MasterCard, Discover, & American Express. To receive In District pricing, proof of residency is required. A current valid driver's license may be used for verification.

REFUNDS AND CREDITS

No refunds will be issued after the second meeting of any class or activity. Refunds will be paid by original form of payment (except cash). Please allow one week to receive your refund. A \$5 processing fee will be deducted. Credits can be issued in lieu of refunds and can be applied to any class or activity. Classes cancelled due to inclement weather may be rescheduled only if space and time allow or will be refunded to your account.

AFTER HOURS PAYMENT

If you are dropping into a class or wanting to register for a class after the business office is closed, please pay or register at the aquatics reception desk.

Facility Closures

5/26	M	Memorial Day
6/19	Th	Juneteenth
7/4	F	Independence Day
9/1	M	Labor Day

541-688-4052 • www.rrpark.org
info@rrpark.org

What is In District or Out of District?

In District: (ID) You pay property taxes to the Park District.

Out of District: (OD) You pay property taxes to the city or county.

If you are not sure whether you are 'in' or 'out,' call us and we can check for you.

Do you want a program mailed to you?

We want you to have access to all the fun programs, activities, and events that we provide, but we also don't want to bombard your mailbox. Those that are In District will automatically receive a physical copy of this Program Guide. If you are Out of District and would like to receive a free copy in the future, please follow the link or QR code to fill out a quick form so we know where to send it! <https://bit.ly/44tNKxt>. You only need to do this one time.



Admission

SILVER & FIT / RENEW ACTIVE / ACTIVE & FIT FOB

If your insurance company offers Silver & Fit, Renew Active, Active & Fit, you can take a variety of classes and enjoy the park amenities (listed below) at no additional cost to you. No need to register prior to attending. To get started, go to the main office with your insurance information to get a fob pass. Please check in and scan your fob each time as you enter the facility. One pre-registered fitness or water exercise class will receive a 75% discount off the OD class fee.

- Fitness Center
- Lap Swim
- Water Jogging
- Sauna and Hot Tubs
- Pickleball
- Body Shop
- Dance Fitness
- Individual Water Exercise
- Steppin' Out
- (New!) Tai Chi for Body & Mind

LAND FITNESS/AQUATICS FOB PASS/MEMBERSHIP

If you have a fob pass or membership, you can also enjoy a variety of classes (listed above) and the park amenities at no additional cost to you. See the chart below for details. Purchase your fob pass/membership at the main office or the pool reception desk. Pool is not always available during fitness center hours. Please refer to the pool schedule.

Age	Single Entry		10 Visit Pass		1 Mo. Membership		3 Mo. Membership	
	ID	OD	ID	OD	ID	OD	ID	OD
Under 3	Free	Free						
3-17	\$3	\$4	\$27	\$36	\$27	\$36	\$81	\$108
18-54	\$8	\$8	\$58	\$72	\$77	\$96	\$196	\$240
55+	\$6	\$6	\$52	\$65	\$69	\$86	\$173	\$216
Family	\$12	\$15	n/a	n/a	\$144	\$180	\$360	\$450
Shower	\$2	\$2						

REGISTERED PROGRAMS/CLASSES

We also offer programs and classes that have specific fees. These fees will be listed in the description of the program/class. You need to register and pay for these prior to attending.

Special Events

RIVER ROAD PARK PRESENTS...
AN AFTERNOON

TEA PARTY



SUNDAY, MAY 18
2-4P
\$15 IF YOU RSVP

PLEASE CALL [541-688-4052](tel:541-688-4052) OR
SIGN UP ONLINE

WWW.RRPARK.ORG

1400 LAKE DR. EUGENE






River Road Park District presents:

School's Out Carnival

Friday, June 13
2-5p
\$5 bracelet / ages 3-11
1400 Lake Dr.
541.688.4052

Let's celebrate, it's summer!
Carnival games, prizes, food and
fun for the whole family.
Beat the lines, beginning on June 1st you can
pre-order your bracelet.

Free hotdogs, chips
and lemonade.


Live Music

THURSDAY NIGHTS AT RIVER ROAD PARK

JUNE 26-
AUGUST 14

FOOD TRUCKS 5:30P
MUSIC 6:30-8P

1400 LAKE DR.
JIM LOCKARD SHELTER

Hidden Gem Kayaking

Ages 14+. Join us as we tour the beautiful lakes and reservoirs of Oregon! Whether you're mastering the basics of kayaking or honing your paddling technique, our program provides a supportive environment for adventurers of all levels. Discover the hidden gems of local waterways through our guided tours of locations like Clear Lake, Waldo Lake, and Cleawox Lake.

The registration deadline is the Wednesday before each trip. Return times are estimates. Your cost includes kayak and paddle rental, PFD (personal floatation device), launch fees and transportation. Please bring snacks or a sack lunch, a water bottle (non-breakable), sunglasses/hat, towel, change of dry clothes and sunscreen. Please plan on arriving 10-15 minutes early at 1400 Lake Dr.

Clear Lake	7/13	Su	8:30a-6p	\$145
Waldo Lake	8/17	Su	8:30a-9p	\$145
Cleawox Lake	9/7	Su	8:30a-6p	\$145

Trip Presentations

Are you ready? Let's go! Come with us on an upcoming, unforgettable trip! It's easy and fun. Get the details at the trip presentations.

6/5	Th	1-2p	SE Asia
	Th	2:15-3:15p	Italy Almalfi Coast
8/14	Th	1-2p	SE Asia
	Th	2:15-3:15p	Italy Almalfi Coast



Wading Pool

Open to the general public 6/20/25

Monday-Saturday

1-2p 2:15-3:15p 3:30-4:30p

\$3 ID \$4 OD per person

Must be under 46 inches tall.

1 Pass may be used- all guidelines apply

Rent our wading pool for your own private party!

Available for private rental on Sundays

Reservations will begin June 2, 2025

1-2p 2:15-3:15p 3:30-4:30p

\$200/hr.

To reserve, please contact Micah at
541-461-7777 ext. 230
Micahc@rrpark.org



RIVER ROAD PARK DISTRICT PRESENTS: SUMMER CONCERTS



Sugar Beets - Sunday, 7/20
Satin Love Orchestra - Sunday, 8/10
4:00-7:00 PM



Holiday Bazaar 2025



Vendor registration for the Holiday Bazaar begins on
Tuesday, 9/2 at 10a.

12/6 Sa 9a-3p \$50

Fitness Center/Aquatics Info

Pool Reception Hours

M-F 5a-9:30p
Sa 6a-3p

Pool | Fitness | Spa Closures

5/26 Memorial Day
6/14 Staff Training
6/19 Juneteenth

7/4
9/1
8/23 – 9/13

Independence Day
Labor Day
Aquatics Annual Maintenance

FACILITY USE

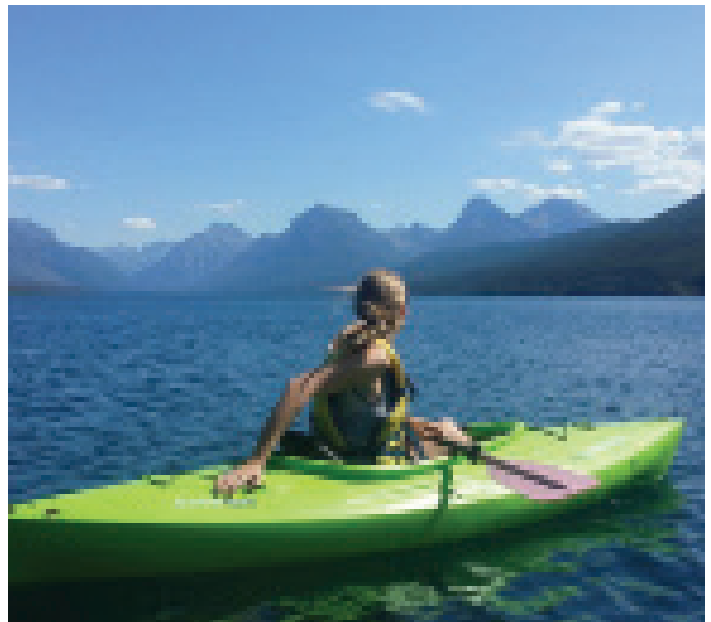
- General admission and passes include use of the pool (when available), fitness center, spas & sauna.
- If you have a pass, please check in with the pool receptionist and scan your fob before entering the facility.
- The pool is not always available during fitness center hours. Please refer to the weekly pool schedule.
- Swimmers must supply their own suit and towel.
- Street shoes are not permitted on pool deck.
- Shower thoroughly before entering pool/spa/sauna.
- Swimming attire must be modest: Revealing swimwear, such as thongs or see through suits may not be worn.
- Youth under the age of 16 years of age must be accompanied and directly supervised by an adult during any non-rec swim programs.
- Adults must accompany, in the water, any non-swimmer under 46". Guardians are not allowed to take non-swimmers into deep water.
- Coast Guard Type II or III approved life jackets are only permitted under direct parental supervision.
- Floatation devices such as water wings, floatation rings, buoyancy swimsuits, inflatable toys, or mermaid flippers are not permitted.
- Youth under the age of 16 may not use the Fitness Center, 16-17year olds must be accompanied by an adult over 18.
- Only water in non-breakable containers is allowed in the pool/fitness area/spas/sauna.
- Individuals under the influence of alcohol and/or drugs and those with disrespectful behavior will not be permitted to use the facility.
- We encourage a friendly environment; therefore, profanity, vulgar remarks or disrespectful comments will result in the expulsion from the facility.
- All guests must exit the building within 15 minutes of the last pool/fitness program.

Hidden Gem Kayaking

Ages 14+. Join us as we tour the beautiful lakes and reservoirs of Oregon! Whether you're mastering the basics of kayaking or honing your paddling technique, our program provides a supportive environment for adventurers of all levels. Discover the hidden gems of local waterways through our guided tours of locations like Clear Lake, Waldo Lake, and Cleawox Lake.

The registration deadline is the Wednesday before each trip. Return times are estimates. Your cost includes kayak and paddle rental, PFD (personal floatation device), launch fees and transportation. Please bring snacks or a sack lunch, a water bottle (non-breakable), sunglasses/hat, towel, change of dry clothes and sunscreen. Please plan on arriving 10-15 minutes early at 1400 Lake Dr.

Clear Lake	7/13	Su	8:30a-6p	\$145
Waldo Lake	8/17	Su	8:30a-9p	\$145
Cleawox Lake	9/7	Su	8:30a-6p	\$145



Aquatics

541-461-7777 • www.rrpark.org

Renee Duncan | Reneed@rrpark.org

FAMILY SWIM

June 20 - Aug. 22

Time for children, parents or guardians to enjoy the pool together. Youth 16 years and younger **MUST** be accompanied in the water by an adult over 18. (Limit of 2 children per adult)

Th	6:30-8p	(parking limited, alternative transportation is recommended)
F	6:30-8p	
Sa	9-10a	

RECREATION SWIM

June 16 - Aug. 22

Open to individuals of all ages. Children under 46" tall **MUST** be accompanied in the water by an adult over 18. The 1 Pass may be used once each day for the indoor pool.

M-F	2:30-4pm
F	8-9:30p
Sa	1:30-3p

LAP SWIMS

June 16 - Aug. 22

Lap swimming is available to individuals 16 years of age or older. At least 4 lanes (M-F) or 3 lanes (Sat) are available for lap swimming. Please check with the pool cashier for pool updates to the facility schedule.

M-F	5-8a	12-1:15p
Th	8:30-9:30p	
Sa	6-9a	12-1:30p

INDIVIDUAL WATER EXERCISE

June 16 - Aug. 22

Individual water exercise and water jogging swimming is available to individuals 16 years of age. At least 2 lanes (M-Sat) are available during the times listed for water jogging or water exercise. Please check with the pool cashier for pool updates to the facility schedule.

M-F	5-8a	12-1:15p
Th	8:30-9:30p	
Sa	6-9a	12-1:30p

Pool Rentals

Enjoy your very own Splash Bash! River Road Pool is available for private rental. Rental parties can be arranged for any size group. Our basic Splash Bash starts at only \$200 per hour (including 2 lifeguards) and can accommodate up to 35. Additional lifeguards will be scheduled for larger groups. Reservations must be made at least two weeks in advance. Cancellations less than 5 days prior to rental will not receive a refund or be rescheduled.

Payment is due at time of scheduling for pool. Rentals are only available on Saturday after 3:30pm

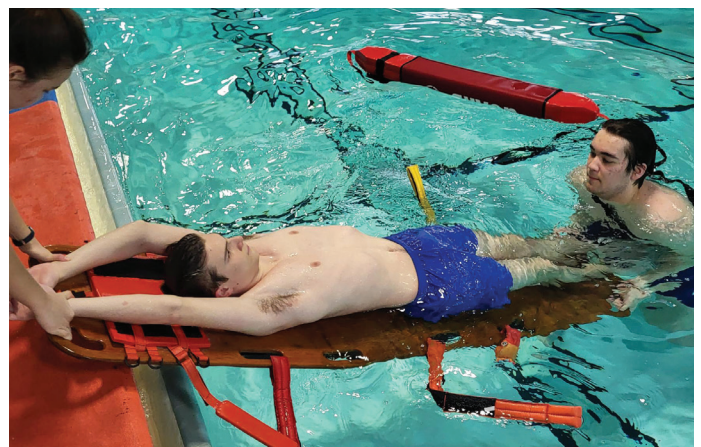
Basic Rental Package	\$200/hr. (Includes two lifeguards)
Additional lifeguards	\$35/hr. each (for every additional 10 people)
Party Room (capacity 25)	\$50/hr. (this includes set-up and clean-up)

Looking for a job?

We are hiring lifeguards and swim lesson instructors. Scan the QR Code for upcoming Lifeguard and Swim Lesson Instructor classes.



Copy & Paste or type in any browser-
<http://bit.ly/44YUBOb>



Water Exercise

Program Information

Session 1 3 weeks 6/16 – 7/3*
 Session 2 4 weeks 7/7-8/1
 Session 3 3 weeks 8/4 – 8/22

NOTE: * No classes on Thursday, 6/19 and Friday, 7/4. Classes will be prorated.

Registration Information

Please read the descriptions carefully so you register for the correct class.

All participants wanting to attend scheduled water fitness classes must be enrolled in a class first.

Re-Enrollment: June 2 and 3 ONLY for those currently enrolled. Registration will be in the main office between 8a-6p.

New Enrollment: June 4 for participants not currently enrolled in classes. Registration will be at the main office between 8a-6p.

Class Information

- Everyone enrolled in any of the shallow water aquatic exercise classes listed MUST be comfortable in waist deep to mid-chest deep water and can enter, stand in and exit from the pool area with minimal assistance.
- Everyone enrolled in any of the deep-water aquatic exercise classes as listed MUST be comfortable in water too deep to stand up in (5 feet to 12 feet) as well as demonstrate the ability to wear appropriate deep water floatation equipment and perform basic water aerobics moves (i.e., forward jog; cross-country ski; water jacks; etc.) safely.
- If you are using a subsidized insurance, please read our information flier for complete instructions.
- Please contact Margaret M. at 541-461-7777, ext. 216, to inquire about registering for one of our water exercises programs if you are new to our facility.
- Please see the refund policy on page 2.

CLASSES

Deeply Fit

Beginners to moderately active individuals, running/jogging, traveling, and power moves guarantee your body a great workout. Designed to enhance cardio endurance, flexibility, range of motion, muscle strength and toning. Must be comfortable in deep water and flotation belt equipment required.

MWF 6-7a | 8-9a
 TuTh 8:30-9:30a
 TuTh 6:30-7:30p

Aquabilities

Moderate to active aerobic conditioning designed for a great workout in the deep water. Exercises will also focus on enhancing flexibility, range of motion, muscle strength and toning. Must be comfortable in deep water and flotation belt equipment required.

MWF 7-8a / 9-10a
 MW 6:30-7:30p
 TuTh 9:30-10:30a
 TTH 11a-12p

Motivated Seniors - Deep & Shallow Combo

This moderately paced exercise program incorporates both deep and shallow water exercises to enhance flexibility, build strength and gain endurance. Must be comfortable in deep water and flotation belt equipment required.

MWF 10-11a
 TTH 10-11a

1 Hour Water Ex Class				
	Adult		Senior	
	ID	OD	ID	OD
MWF	\$67	\$84	\$60	\$76
TuTh	\$45	\$56	\$40	\$50

45 Min. Water Ex Class				
	Adult		Senior	
	ID	OD	ID	OD
MWF	\$50	\$63	\$45	\$57
TuTh	\$34	\$42	\$30	\$38

30 Min. Water Ex Class				
	Adult		Senior	
	ID	OD	ID	OD
MWF	\$34	\$42	\$30	\$38

EZ Deep Aqua

Designed for semi-active adults, who are comfortable in deeper water. Aerobic conditioning is designed to build cardio and muscle endurance, range of motion, along with flexibility. Must be comfortable in deep water and flotation belt equipment required.

MWF 11-11:45a

Innovative Power

Powerful, low impact moves provide dimensions to your workout, all while moving in the shallow water. Exercises will also focus on enhancing flexibility, range of motion, muscle strength and toning. Water fitness equipment required.

MWF 8:15-9:15a | 9:15-10:15a
TuTh 9-10a

S.M.I.L.E. - Slower Moves, Impact Lowered Exercise

Designed for semi-active adults, a “return to basics” exercise routine, includes gentle movements that target range of motion, balance, flexibility and comfort.

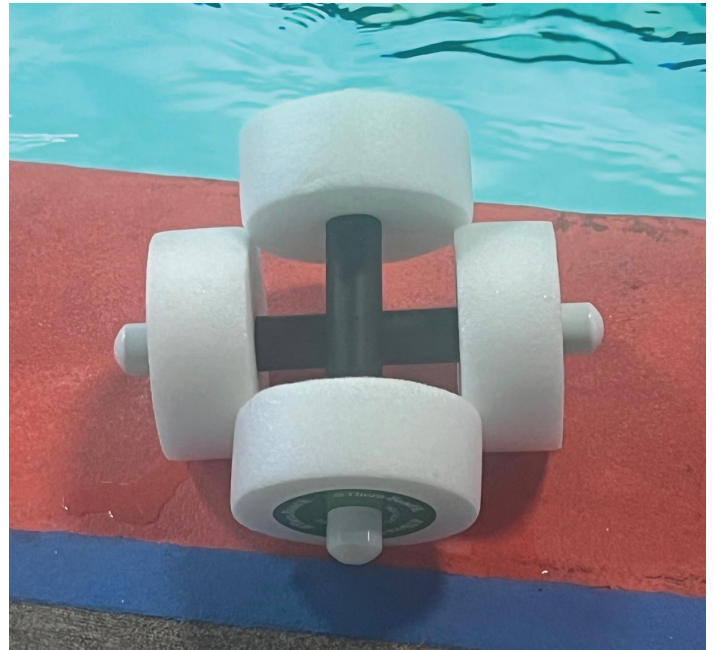
MWF 10:45-11:30a
TuTh 11-11:45a

Water Walking

Introductory class for anyone beginning water exercise. Designed for adults able to remain vertical in water depth of 3-4 ½ ft, as well as be able to move with minimal assistance away from the pool edge.

This 30-minute class provides walking in water while working on balance, gaining strength and increasing circulation, traveling in different directions and patterns forward, backwards and side to side.

MWF 11:30a-12p

**Equipment Purchasing Information**

- Hydro-Fit, Inc. 3990 Roosevelt Blvd. Eugene, OR (541) 484-4361 <https://www.hydrofit.com/>
- Aqua Jogger 4660 Main St. Unit B270 Springfield, OR (541) 484-2454 <https://www.aquajogger.com/>
- Swim Outlet <https://www.swimoutlet.com/>

LEARN TO SWIM

RIVER ROAD SWIM TEAM

Program Information

General offerings are identified below with the QR code. Summer Sessions 1, 2, or 3 as shown. Please refer to our website at rrpark.org for the most current classes and times offered or contact Margaret M. @ 541-461-7777, ext. 216 for more information.



Scan the QR code for current classes & times offered: Or copy and paste in any browser: <https://bit.ly/3UPVxmy>

Information will be available one week prior to registration dates.

Session Dates and Fees

Lesson Sessions (Evenings) 3 weeks/9 classes				
Session 1	6/23 – 7/9	M-W	\$49.50 ID / \$67 OD	
Session 2	7/14 – 7/30	M-W	\$49.50 ID / \$67 OD	
Session 3	8/4 – 8/20	M-W	\$49.50 ID / \$67 OD	

Registration Information

Walk-in will have priority over online registration. After the walk-in registration is complete, then our on-line registration will open at 5pm for both In District and Out of District participants. If you have questions about setting up your account, call 541-688-4052.

Swim Lesson Registration Dates				
Sessions		Walk In		Online
		In-District	Out-of-District	
1	F, 6/20	4p	4:30p	5p
2	F, 7/11	4p	4:30p	5p
3	F, 8/1	4p	4:30p	5p

To join the River Road Swim Team, your swimmer will need to be able to swim two of the four competitive strokes (typically freestyle and backstroke) unassisted for at least two lengths of the pool (50 yards). The swimmer’s skill level and ability will be assessed by the coaching staff during a scheduled tryout. Please contact Leia Matern at 541-461-7777 or leiam@rrpark.org to schedule tryouts.

Swimmers of all abilities will compete against others of their own age/gender. All Intermediate and Senior swimmers are required to be registered with Oregon and USA Swimming. This requirement will be included in the registration process.

Summer Season will run 6/16 - 8/22 Prices are for the entire summer season, there will be no prorating.

Junior Otters

Ages 6-12 Instruction covers stroke mechanics, competitive starts, turns, and relay exchanges,

MWF 4:30-5:30p \$75

Intermediate Group

Ages 8-13+ Placement is done after a skill assessment by the coaching staff. Ongoing emphasis on stroke mechanics for all four competitive strokes, endurance, and teamwork will be the highlights of this group.

M-F 5-6:30p \$150

Seniors Group

Prerequisite: swimmer must be proficient in all four competitive strokes, turns and starts (as defined by USA Swimming rules). This group will focus on endurance, through structured workouts both on land and in the water. Teamwork is a major focus of the Senior Group. Teamwork is a major focus of the Senior Group.

M-F 5-6:30p \$170

**** Please be considerate! If your child does not attend camp or day care due to illness, they should not attend lessons.**



Wading Pool

Open to the general public 6/20/25

Monday-Saturday

1-2p 2:15-3:15p 3:30-4:30p

\$3 ID \$4 OD per person

Must be under 46 inches tall.

1 Pass may be used- all guidelines apply

Rent our wading pool for your own private party!

Available for private rental on Sundays

Reservations will begin June 2, 2025

1-2p 2:15-3:15p 3:30-4:30p

\$200/hr.

To reserve, please contact Micah at

541-461-7777 ext. 230

Michahc@rrpark.org



Youth Activities

SUMMER CAMP REGISTRATION

Please refer to our website at rrpark.org for descriptions and the most current camp information.



LEGO CAMPS

Ages 5 to 8	
6/23-27	Minecraft Engineering
Ages 7 to 12	
6/30-7/3	Minecraft Master Engineering
Ages 5 to 8	
7/21-25	Wildlife Wonders
Ages: 7 to 12	
8/11-15	Wizards World of Engineering

SUMMER DAZE CAMP

Ages: Entering Kindergarten.

6/16-18	Great Gardeners
6/23-27	Critters and Creatures
7/7-11	Movin' and Groovin'
7/14-18	Creative Cooking
7/21-25	Ways to get Around
7/28-8/1	Underwater Adventures
8/4-8	Brilliant Builders
8/11-15	Party like a Pirate
8/18-22	Crime Fighting Kids

CAMP SEEKER

Entering grades 1-3

6/16-6/18	Summertime Adventures
6/23-6/27	Rumble in the Jungle
6/30-7/3	Holiday Happenings
7/7-7/11	Kitchen Creations
7/14-7/18	Creative Kids
7/21-7/25	Space Explorers
7/28-8/1	Slimy Solutions
8/4-8/8	Wacky Water Fun
8/18-8/22	Final Countdown

CAMP RAMBLER

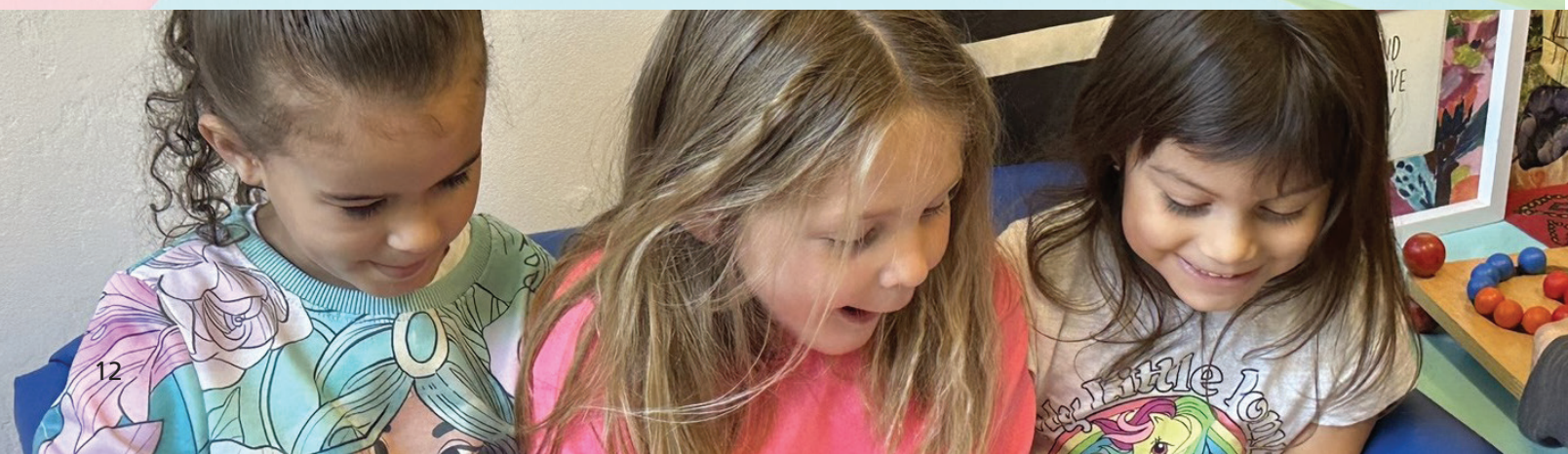
Entering grades 4-6

6/16-6/18	The Great Outdoors
6/23-6/27	Animal Mania
6/30-7/3	Hip Hip Holiday
7/7-7/11	Shipwreck
7/14-7/18	Exploration Inspiration
7/21-7/25	Midsummer Meltdown
7/28-8/1	Slice it Up
8/4-8/8	Waterworld
8/11-8/15	Mad Scientist
8/18-8/22	Final Countdown

CAMP ODYSSEY

Entering grades 7-9

6/23-6/26	Arcade Animals
7/7-7/10	Camping Out
7/21-7/24	Defying Gravity
8/4-8/7	Weird Science
8/18-8/21	Wicked Waves



Closures

5/26	Memorial Day	8/25 – 8/29	Annual Classroom Maintenance
6/19	Juneteenth		
7/4	Independence Day		
9/1	Labor Day		

541-688-4052 • www.rrpark.org

Keenan Hamilton | keenanh@rrpark.org

INFO SCHOOL YEAR 2025/26

NOW IS THE TIME TO SIGN UP FOR ALL YOUTH PROGRAMS.

Registration for Fall 2025-2026 school year.

- There is a non-refundable \$50 annual registration/supply fee for early education and After School Adventure Program.
- The State of Oregon Health Department requires current immunization records for each child before the first day of attendance.
- Monthly fees for all children's programs are averaged for the year and include some holidays and some "no school" days.

PROGRAMS AGES 2-5

Playschool

Age 2. Must be 2 by September 1st. NO AGE EXCEPTIONS. Give your child the opportunity to interact with children of his/her own age. Our program enhances their physical, social, mental, and emotional well-being. Activities include, but are not limited to, arts, crafts, songs, stories, dramatic play, and large muscle play. Our program helps children who will be away from their parents for the first time. Please dress your child in play clothes. Instructor: Geanna Hall

9/8	MW	9-11a	\$128 ID/\$160 OD/Month
9/9	TuTh	9-11a	\$128 ID/\$160 OD/Month

PROGRAMS FOR AGES 3-5

Preschool

Age 3. Must be 3 by September 1st and fully toilet trained (no pull ups please). NO AGE EXCEPTIONS. Children learn to work and play as part of a group. Making friends, learning to take turns, listening, and expressing feelings in acceptable ways will make them feel good about themselves while in "school." Our activities include songs, games, arts and crafts, cooking, musical instruments, and dramatic play along with active and quiet times. Instructors: Ceci O'Brien and Laurena Matava. If classes are full, please put your child on a waiting list.

9/9	TuTh	8:30-11a	\$210 ID/\$220 OD/Month
-----	------	----------	-------------------------

Prekindergarten

Ages 4-5. Must be age 4 as of September 1st and fully toilet trained (no pull ups please!) NO AGE EXCEPTIONS. Children will prepare for kindergarten by focusing on learning colors, shapes, the alphabet, and numbers (counting, forms, comparisons, and sets). Games, music, arts, crafts, and cooking activities encourage large and small motor control development and provide an opportunity to improve social skills and develop positive self-image. Instructors: Ceci O'Brien, and Laurena Matava. If classes are full, please put your child on a waiting list.

9/8	MWF	8:30a-12:30p	\$270 ID/\$290 OD/Month
-----	-----	--------------	-------------------------

Early Education Open House

- This is for people interested in the program and for those already signed up. Come meet our incredible teachers and get all your questions answered. All early education open houses will take place on Tuesday, August 26th. Playschool open houses will be in our modular building, near the basketball court. Preschool and Pre-Kindergarten open houses will be inside our main building in room A/B.

11a-11:30a	MW Playschool
11:30a-12p	TuTh Playschool
11a-11:30a	Preschool
Noon-12:30p	Pre-Kindergarten

A.S.A.P.

A.S.A.P - After School Adventure Program

Grades K-5. This is an extended care service for children with working parents. Certified drivers safely transport children in park district vans from their school to River Road Park, where they will participate in a variety of recreational activities promoting self-esteem, social skills, and the value of using leisure time wisely. We are certified by the USDA snack program. The program operates after school and on most scheduled no-school days. OPEN TO FULL TIME PARTICIPANTS ONLY (M-F, 5 days per week, no exceptions). For information, call the park office at 541-688-4052 or your school's office. See 4J School District calendar for dates. M-F fees and schedules vary and can be picked up at the main office. Tuition is averaged out over a 9-month period, not including winter or Spring Break. ASAP program is open until 6p.

Schools serviced: Howard, River Road/El Camino del Rio, Spring Creek, Yujin Gakuen and Awbrey Park.

Schools serviced:

**Howard, River Road/El Camino del Rio,
Spring Creek, and Awbrey Park.**

2025-26 ASAP Fees

In District	Out of District
\$350/month	\$370/month
Sibling discount for each additional child	
\$330 /month	\$350 /month
\$50 non-refundable supply fee due at registration.	
December, March and June will be pro-rated.	
Winter/Spring Break Camps will be offered for a separate fee.	

Gymnastics

Closures

5/26	M	Memorial Day
6/19	Th	Juneteenth
7/4	F	Independence Day
9/1	M	Labor Day

Gymnastics Center Office

541-688-8955
30043 Leghorn Rd.
(Prairie Road & Leghorn)

Weekdays: Closed from 12-1p
M-Th: 10a-6p
Friday: 10a-5p
Saturday: 8:30a-12:30p

Come support us by buying a meal at the Sugar Beets concert on 7/20 and the Satin Love concert on August 10!

About the Facility

The gymnastics center, home of Gymnastics Northwest, has all Olympic apparatus and professional coaches to provide a complete, safe, and well-designed program.

- All classes run on a monthly basis and are ongoing.
- Gymnasts can be tested into any skill level with the approval of the head coach. For more information on skill level placement, ask for Julie at 541-688-8955.
- No refunds or credits for absenteeism.
- Tuition is due the first business day of every month, payable to River Road Park Gymnastics, online or by calling 541-688-8955 and paying with a credit card.



Preschool Open Gym

Ages walking-5. Bring your child to the ultimate play-group. Children will enjoy healthy activities on our tumbling and in-ground trampolines, bars, rings, beams, and fun shaped mats. Adults must accompany their children with a maximum of 2 children per adult.

On-going W 10a-12p \$6/child

Super Summer Gymnastics Camp

Ages 6-12. Open to children of all skill levels, these camps promise a full range of exposure to gymnastics and serious FUN. Skills will be taught on all gymnastics apparatus under the supervision of our coaching staff. Parents and friends are treated to a week-ending performance featuring all campers. Please wear comfortable exercise clothing.

Session 1	6/23-27
Session 2	7/14-18
Session 3	8/11-15
M-F	9a-1p \$135 ID/\$150 OD per session

Private Lessons

Instruction is available at any skill level on an individual basis. For details call the gym office at 541-688-8955.

\$50 - 1 hour \$40 - 3/4 hour - \$25 - 1/2 hour

Birthday Parties

Celebrate your birthday at our Gymnastics Center! Try a fun alternative to a traditional party for your child. Gymnastics parties include: 1 hour of supervised fun and games on the spring floor, bars, climbing net, tumble trak, trampoline and more plus 30 minutes for opening presents, and refreshments, provided by parents. Call to reserve.

\$120 (up to 10 children)
Saturday or Sunday only. Extra .5 hour available for \$35.
On-going Sa 1:30-3p 3:30-5p
On-going Su 1-2:30p 3-4:30p



Fabulous Friday Open Gym

Ages 6-12. Practice your skills and have fun making new friends! Our gym is loaded with great equipment. Bring your friends for a funtastic time.

On-going F 7-8:30p \$6/child

***ALL CLASSES WITH AN ASTERISK REQUIRE COACHES CONSENT PRIOR TO SIGNING UP.**

Fees are paid monthly.

Mini Mites (Parent & Child) \$32 ID/\$40 OD

Ages 18-36 months. Enjoy interacting with your child through gymnastics. Developmental activities will give you plenty of hands-on time with your child while working with our instructor.

Tu 9:45-10:15a
Sa 9-9:30a

Caterpillars \$48 ID/\$60 OD

Age 3. Develops mind and body coordination, balance, flexibility and self-confidence. Beginning tumbling skills will be taught, as well as simple dance movements and creative games. Maximum 5 students per instructor.

M 9:30-10:15a | 10:30-11:15a
Tu 10:30-11:15a
W 9-9:45a
Sa 10-10:45a

Fireflies \$48 ID/\$60 OD

Age 4-5. Builds a strong foundation in basic movement and locomotor skills as well as developing flexibility and coordination. Maximum 6 students per instructor.

M 4-4:45p
Tu 3-3:45p | 4-4:45p | 5-5:45p
W 3-3:45p | 4-4:45p
Th 3:30-4:15p | 4:30-5:15p | 5:30-6:15p
Sa 9-9:45a | 11-11:45a

***Dragonflies** \$55 ID/\$68 OD

Ages 4-5. Continue building a strong foundation in basic movement and locomotor skills as well as flexibility and coordination. Maximum 6 students per instructor.

F 3:15-4:15p
F 4:30-5:30p

***Hot Shots** \$76 ID/\$95 OD

Ages 5 & 6. Designed to prepare highly motivated girls for future placement on a competitive team. Workouts are centered around skill building, strength training, flexibility, and routine development. Entry to class is by taking Dragonflies and consent of instructor. Maximum 6 students per instructor.

MW 5-6:15p

Boys: Gymninja \$55 ID/ \$68 OD

Ages 6-up. This class is designed for boys who want to be active with both gymnastics elements and ninja type activities. Emphasis will be on having fun while developing strength, flexibility, coordination and balance. Maximum 8 students per instructor.

W *6:15-7:30p \$64 ID/\$80 OD
Th 3:45-4:45p
Sa 9:45-10:45a | 11a-12p

Girls: Level 1 \$55 ID/\$68 OD

Ages 6-up. Gymnasts will learn beginning skills on all events. Emphasis will be on skill combination, strength and flexibility. Students will learn rolls, positions, cartwheels, and other fundamentals on all the apparatus. Maximum 8 students per instructor.

Tu 3:45-4:45p | 5-6p | 6:15-7:15p
W 2:30-3:30p | 3:45-4:45p | 5-6p | 5:15-6:15p
Th 3:45-4:45p | 5-6p | 6:15-7:15p
F 3:45-4:45p
Sa 9:45-10:45a | 11-12p

Girls: Level 2 \$64 ID/\$80 OD

Ages 6-up. Designed to increase strength and to teach advanced skills on all equipment. Class will be fast paced. Maximum 8 students per instructor.

M 3:45-5p | 5:15-6:30p
W 2:30-3:45p | 3:30-4:45p | 6:15-7:30p
F 5-6:15p | 5:45-7p

***Girls Pre-Team A & B**

Ages 5-up. This pre-competitive class provides a foundation for eventual team performances. Gymnasts will train advanced skills and combinations leading up to U.S.A.G. routines.

MW A 5-6:45p \$101 ID/\$126 OD
TuTh B 3:30-5:30p \$116 ID/\$144 OD

***Girls Team: Level 3-10**

Ages 6-up. Gymnasts will be working on U.S.A.G. routines in order to prepare for their competitive season. Call for schedule.

Level 3-5 \$194 ID/\$216 OD
Level 7-10 \$267 ID/\$297 OD

Power Tumbling \$64 ID/\$80 OD

Ages 12-up. Basic to advanced tumbling skills for cross training, cheerleading, dance teams or just for fun. Acrobatic tricks will be emphasized including: forward & backward walkovers, hand springs, aerials, round offs, and back tucks. Maximum 8 students per instructor.

M 7-8:15p



Adult Fitness

Class Information

- Please contact Brian @ 541-688-4052, ext. 234 if you have any questions regarding fitness classes or if you are new to our facility.
- Please check refund policy on page 2.
- Silver & Fit/Renew Active/One Pass memberships allow a fitness pass and one discounted registered fitness class at 75% off the out of district price. Senior and In District discounts do NOT apply when used with these memberships.
- Please bring your own mat and equipment to your yoga classes.

FITNESS PASS CLASSES

Fitness Pass

Our Fitness Pass will allow you to participate in our Fitness Pass Classes listed in this section. The passes are good for all Summer term classes listed below. Summer term runs from June 23 through August 22. A current pass is required to attend classes.

Single entry drop-in: Adult \$8 Senior \$6

10 visit pass	Adult: \$45 ID/\$64 OD	Senior: \$38 ID/\$48 OD
1-month	Adult: \$64 ID/\$80 OD	Senior: \$48 ID/\$60 OD
3-month	Adult: \$154 ID/\$192 OD	Senior: \$115 ID/\$144 OD

Dance Fitness

For all fitness levels! Energize your work out with easy-to-follow dance and fitness moves. A mix of upbeat pop, Latin, R & B, and jazz music will make your workout fun! 1 to 2 lb. handheld weights (optional) can be used for several songs to enhance your workout. Instructor: Pamela Howells.

6/23-8/21 MWTh 5:30-6:30p (MW-MP, Th-Rm A/B)
Drop in \$8/ Senior \$6

Body Shop

Join a personal trainer for 45 minutes of unique and challenging group exercise routines. Build strength and endurance, improve flexibility and mobility. All exercises can be adapted to your current level of fitness. Instructor: Jeff Hardisty, ACSM-CPT.

6/24-8/21 TuTh 6:30-7:15a MP
6/24-8/21 TuTh 5-5:45p MP
Drop in \$8/ Senior \$6

Step'n Out

Designed to promote the benefits of walking and a healthy lifestyle. We will begin and end at the River Road Baptist Church, 1105 River Rd. Eugene, OR 97404. Wear sturdy, comfortable walking shoes. We will walk, rain or shine. No leader for this program. Just meet up with other fun walkers and be ready to walk. Leave at 9a sharp.

Ongoing TuTh 8:45-9:45a Free

Pickleball

This racket sport is like badminton, tennis, and racquetball. It is a simple paddle game played using a special perforated slow-moving ball over a tennis-type net on a badminton sized court. Check the website or lobby whiteboard for any schedule changes. Please scan-in each time you come to play. You may also use the pool and fitness center with this pass. Silver & Fit/Active & Fit/Renew Active/ One Pass members' welcome. * SPECIAL 75+ PICKLEBALL SATURDAYS 12-2 IN THE MP ROOM*

6/24-8/21	TuTh	1-4p	MP
6/28-8/23	Sa	9:30a-12p	MP
6/28-8/23	Sa	12-2p (75+ ONLY)	MP
10 visit pass/scan		Adult: \$64	Senior: \$48
Drop in \$8/ Senior \$6			

Tai Chi for Body & Mind

Basics of Tai Chi movement and its philosophy through practicing the 42 combined form (the competition form), warm up and cool down exercises including medical qigong. The traditional Japanese and Chinese method will be taught for your body and mind. All levels welcome. Instructor: Dennis Soper.

6/27-8/22 F 10:45a-12p Rm C
Drop in \$8/ Senior \$6

FITNESS CLASS - REGISTERED

Personal Fitness Training & Fitness Center Orientation

Looking for one-on-one personal training? River Road Park and Recreation District offer highly effective personal training utilizing our fully equipped fitness center and MP exercise room. Our ACSM, NASM, or ACE certified personal trainers are committed to helping you achieve your health fitness goals. Each workout, including warm-up and cool down, takes approximately 50-60 minutes to complete and focuses on controlled strength, balance, and movements that increase flexibility, mobility, and agility. To set up your initial session, contact the district office, 541-688-4052.

\$55 per session /\$150 3-Sessions /\$230 5- Sessions

*Does not qualify as Silver & Fit/Renew Active/One Pass class or Senior/ID discounts.

Closures

5/26	Memorial Day
6/19	Juneteenth
7/4	Independence Day
8/25 – 8/29	Annual Building Maintenance
9/1	Labor Day

541-688-4052 • www.rrpark.org

Brian Breedlove | Brianb@rrpark.org



TAI CHI / QIGONG / TAE KWON DO

Chen Style Tai Chi

Learn and practice Chen Style: Old Fram Route #1. Silk reeling qigong and Tai Chi pushing hands for partners. Warm up and cool down exercises including medical qigong. All levels welcome. Instructor: Dennis Soper.

6/27-8/22 F 12:15-1:30p Rm C
Adult: \$67 ID/\$84 OD Senior: \$60 ID/\$75 OD

24-Form Yang Tai Chi

The 24-form Yang style is the most popular Tai Chi form in the world. It is an excellent beginner's form, easy to learn and a great introduction to basic Tai Chi principles. Along with warm-up, cool down, and medical Qigong, practicing this form can improve balance, flexibility, cardiopulmonary health, and mental and emotional well-being. Instructor: Dennis Soper.

6/24-8/21 TuTh 6-7p Rm D
Adult: \$114 ID/\$142 OD Senior: \$102 ID/\$128 OD

East Meets West: Tai Chi for Balance - Virtual availability

Combines movement, balance, strength, and awareness! Class blends alignment and breath work with variations on core and upper body exercises. This exercise program combines movement activities from evidence-based exercises or therapies aimed at promoting mental and physical health. Instructor: Denise Thomas.

6/23-8/22 MWF 2-3p MP
Adult: \$170 ID/\$212 OD Senior: \$153 ID/\$191 OD

Qigong and Internal Energy Work

This class will include movement sets and standing postures to help promote vitality and healing in your body. You will work on body alignments that allow chi to flow freely through meridians or energy channels. We will also practice internal work or Neigong, which focuses on more subtle internal movements and includes learning about and experiencing our own energy fields. This class meets twice a week and will allow more in-depth teaching and practice including Taoist methods of dissolving blockages inside and outside your body. Instructor: Sarah McMullen.

6/24-8/21 TuTh 1:30-2:30p Annex
Adult: \$114 ID/\$142 OD Senior: \$102 ID/\$128 OD

Latin Gold Dance Fusion

Latin Gold Dance Fusion is for all fitness levels. Come join the fun of this low impact, high energy class. Latin music is fused with Pop music. You will have so much fun; you won't realize that you are exercising! Instructor: Elaine West.

6/30-8/22 MWF 8:30-9:30a MP
Adult: \$152 ID/\$188 OD Senior: \$135 ID/\$169 OD

Step It Up

This step-based class (can be done with or without the step) will improve your cardiovascular fitness, muscular endurance, and balance, by incorporating weights, bands and balls with moves that are fun and easy to follow. Work at your own pace. Wear supportive shoes. Instructor: Alaina McCullugh.

6/23-8/22 MWF 9:45-10:45a MP/Ball Court
Adult: \$170 ID/\$212 OD Senior: \$153 ID/\$191 OD

Fit & Flex – Virtual availability

This class is designed to focus on and increase flexibility, joint stability, balance, strength, and cardiovascular endurance. Beginners welcome. Instructor: Jennifer Halse.

6/24-8/21 TuTh 11a-12p MP
Adult: \$114 ID/\$142 OD Senior: \$102 ID/\$128 OD

Fit & Balance - Virtual availability

This class workout can be done from a seated or standing position. The focus is on increasing strength and flexibility, improving bone-density, balance, and finding confidence in performing activities of daily living. This class improves quality of life and independent living for many mature adults. Instructor: Jennifer Halse.

6/23-8/20 MW 12:30-1:30p MP
Adult: \$114 ID/\$142 OD Senior: \$102 ID/\$128 OD

Adult Fitness

Qigong for Self-Healing

This class combines gentle movement, controlled breathing, and meditation to promote balance, healing, and vitality. In this course, students will learn how to tap into their body's natural energy (Chi) to enhance their physical, emotional, and mental well-being. The focus will be on self-healing techniques to alleviate stress, improve circulation, boost immune function, and restore harmony within the body.

Through guided exercises, students will practice foundational Qigong forms that are specifically designed to cultivate energy flow, release blockages, and activate the body's natural healing abilities. The class will also incorporate mindfulness and breathwork to deepen the connection to oneself and enhance overall health. Instructor: Sarah McMullen.

6/26-8/21 Th 11a-12p Rm C
Adult: \$52 ID/\$65 Senior: \$46 ID/\$58 OD

Tae Kwon Do

AGES 7+. Tae Kwon Do is a traditional Korean martial art performed with empty hands, bare feet, and a strong spirit. Students, in the beginning class, will learn kicking and hand techniques for self-defense, while developing their physical fitness and self-confidence. The intermediate class offers advanced training in sparring skills, forms, and self-defense techniques for students wishing to advance in the belt ranking system. This is an excellent sport the whole family can enjoy. Instructor: John B. Camp.

Ongoing WF 6-7:30p Youth/Adult Annex
\$60/month

*Does not qualify as Silver & Fit/Renew Active class.

YOGA / PILATES

Yoga for Strength-Building - Virtual availability

A practice designed to target large and small muscle groups for increased strength and stamina. Warm-up and cool-down periods bookend a challenging flow with options to suit ability levels. Instructor: Bex Oransky.

6/24-8/21 TuTh 8-9a Annex
Adult: \$114 ID/\$142 OD Senior: \$102 ID/\$128 OD

Advanced Beginner Yoga- Virtual availability

A Hatha yoga class for those with some yoga experience. Focus on safely building your skills and body awareness through sequences designed to help support healthy aging, challenge your body, and mind, and have fun doing it! Modifications offered for all bodies. Instructor: Bex Oransky.

6/24-8/21 TuTh 9:15-10:30a Annex
Adult: \$124 ID/\$155 OD Senior: \$111 ID/\$139 OD

Chair Yoga Fusion- Virtual availability

Chair Yoga Fusion is a great option for those who find it hard to get up and down from the floor. This gentle yet challenging whole-body program includes both seated and standing exercises with modifications appropriate for individual fitness levels. Yoga postures (asanas) and breathing techniques are incorporated to help calm the mind, reduce pain, strengthen, and tone the body as well as improve posture, mobility, flexibility, and balance. Optional tools such as light weights and exercise balls are used to enhance the exercise and make it fun! Instructor: Jennifer Halse.

6/23-8/22 MWF 11a-12p MP
Adult: \$170 ID/\$212 OD Senior: \$153 ID/\$191 OD

Yoga for Optimal Health - Virtual availability

Did you know that your body has its own intelligence? In this class you'll learn how to harness the experience of being in your body while building strength, flexibility and body awareness through yoga, somatic movement, and breath practices. Learn techniques to safely foster healthy movement and release tension. Unleash your curiosity and develop a relationship with your body that supports healthy aging, at any age. All fitness levels are welcome, though you must be able to get up and down from the floor easily. Instructor: Kate Cleary.

6/23-8/22 MWF 8:30-9:45a Annex
Adult: \$217 ID/\$271 OD Senior: \$208 ID/\$245 OD

Gentle Yoga for Seniors – Virtual only

A gentle form of Hatha Yoga that combines easy stretches with conscious breathing and focus within. Leave every class with a smile. Class is structured for all levels of ability. Instructor: Joan Dobbie.

6/23-8/22 MWF 8:30-9:45a Virtual
Adult: \$181 ID/\$226 OD Senior: \$163 ID/\$203 OD

Yoga for Core Strength - Virtual availability

Begin with a short yoga flow sequence, which warms and tones the whole body. A series of standing and floor poses are designed to increase hip flexibility and strengthen the lower back and abdominal muscles. Pelvic floor strengtheners and strengthening the arms, shoulders and chest are emphasized.

Instructor: Kate Cleary.

6/24-8/21 TuTh 5:30-6:45p Annex
Adult: \$124 ID/\$155 OD Senior: \$111 ID/\$136 OD

Vinyasa Yoga – Virtual availability

Vinyasa is a type of yoga that links movement and breath to attain balance in the mind and body. From the Sanskrit "to place in a special way," vinyasa aligns a deliberate sequence of poses with the breath to achieve a continuous flow.

Instructor: Bailey Thompson.

6/23-8/20 MW 4:15-5:15p Annex
Adult: \$114 ID/\$142 OD Senior: \$102 ID/\$128 OD
6/23-8/18 M 5:30-6:30p Annex
Adult: \$52 ID/\$65 OD Senior: \$46 ID/\$58 OD

Closures

5/26	Memorial Day
6/19	Juneteenth
7/4	Independence Day
8/25 – 8/29	Annual Building Maintenance
9/1	Labor Day

541-688-4052 • www.rrpark.org

Brian Breedlove | Brianb@rrpark.org

Body Sculpt & Stretch – Virtual availability

Put a smile on your face and stay healthy, young and agile while you sculpt, strengthen, and lengthen your body. This exercise program includes functional movement, strength training, Yoga, and Pilates-based exercises designed to help balance imbalances in your body. Standing, seated and floor-based sequences help you perform the exercises effectively with confidence, building strength and mobility in your muscles, bones and joints. Stretching is incorporated throughout class to keep you flexible, supple and feeling great! The equipment provided includes a chair, dumbbells, a small ball, and exercise bands. Instructor: Jennifer Halse.

6/27-8/22 F 12:30-1:30p MP
Adult: \$52 ID/\$65 OD Senior: \$46 ID/\$58 OD

Pilates for Mature Adults - Virtual availability

Would you like to improve core strength, posture, balance, flexibility, spinal and joint mobility? Pilates is a low-impact, whole-body exercise program that targets the connections of your core, spine, and pelvic floor to improve your posture and sculpt lean muscles without taxing the joints. This mind-body exercise program is performed both standing and on a mat. Learn to connect your breath with a series of controlled movements that flow into one another with precision. Light weights and soft balls are used to aid in body awareness, sculpt and tone the body. Stretching is incorporated throughout class. Leave class feeling tall, strong, relaxed, balanced, and energized. Appropriate for most fitness levels. Participants must be able to get up & down from the floor. Instructor: Jennifer Halse.

6/23-8/20 MW 9:30-10:30a Rm C
Adult: \$114 ID/\$142 OD Senior: \$102 ID/\$128 OD
6/27-8/22 F 9:30-10:30a Rm C
Adult: \$52 ID/\$65 OD Senior: \$46 ID/\$58 OD

Pilates-Yoga Fusion – Virtual availability

This Mind-Body class infuses elements of both Pilates and Yoga to give you a balanced whole-body workout connecting movements with the core, pelvic floor, and spine to build strength and mobility. Improve your posture, balance, joint stability, stamina, and spinal mobility while toning, stretching, and elongating your muscles. End class with gentle stretching and meditation/savasana. Leave class feeling energized, centered, and focused for the rest of your day. Appropriate for most fitness levels. Participants must be able to get up and down from the floor. Instructor: Jennifer Halse.

6/24-8/21 TuTh 9:30-10:30a MP
Adult: \$114 ID/\$142 OD Senior: \$102 ID/\$128 OD

BodyFit - Virtual availability

BodyFit is a dynamic, Pilates-inspired total body workout designed to strengthen your core and enhance overall flexibility. This low-impact class focuses on controlled movements, helping you build long, lean muscles while improving posture and balance. Perfect for all fitness levels, BodyFit leaves you feeling energized, aligned, and strong. Instructor: Michie Kawada.

6/23-8/22 MWF 3-4p MP
Adult: \$170 ID/\$212 OD Senior: \$153 ID/\$191 OD

GentleFit – Virtual availability

GentleFit is a low-impact, chair-based workout designed to improve strength, flexibility, and balance through simple, functional movements. Perfect for beginners or those with limited mobility, this class focuses on exercises that support everyday activities like reaching, bending, and walking. Move at your own pace in a welcoming environment that promotes confidence, independence, and overall well-being. Instructor: Michie Kawada.

6/23-8/22 MWF 4-5p MP
Adult: \$170 ID/\$212 OD Senior: \$153 ID/\$191 OD



Adult Programs

FINE ARTS

Chinese Inkbrush Painting - Beginner

Learn the basics of Chinese inkbrush painting and about the types of brushes, paper, and ink to use. Classes will focus on the "Four Gentlemen" – bamboo, orchid, chrysanthemum, and plum flower – as well as Chinese landscapes. Students work at their own pace. Bring your own equipment or buy inexpensive items from the instructor (\$65 for complete supplies: sumi ink, brush, shuen paper and mat). Instructor: Teresa Logan Hsu.

6/25-8/20 W 3:15-5:15p Rm C
Adult: \$114 ID/\$142 OD Senior: \$102 ID/\$125 OD

Chinese Inkbrush Painting – Intermediate

Prior experience with Chinese inkbrush painting is required. Each student will gradually create a complex painting. Students should bring their own materials. Instructor: Teresa Logan Hsu.

6/25-8/20 W 12p-3p Rm C
Adult: \$170 ID/\$212 OD Senior: \$153 ID/\$191 OD

APPLIED ARTS

Mosaics

In mosaics, design pictures on everything from flowerpots to designer steppingstones. Choosing a base, selecting the kind of pieces you want to use, type of adhesive, breaking or cutting, arranging your pieces then grouting and sealing. In this class we will be working on some "Garden Art" projects. Some supplies are covered in class fee. This is a student-led activity.

6/24-8/19 Tu 12-2:30p Kitchen
Adult: \$46 ID/\$58 OD Senior: \$41 ID/\$52 OD
6/26-8/21 Th 12-2:30p Kitchen
Adult: \$46 ID/\$58 OD Senior: \$41 ID/\$52 OD

Knitting and Crocheting Group

Knitting and Crocheting Group is a social group that meets weekly. There is no instruction in this group, therefore knitting and/or crocheting experience is required.

6/23-8/18 M 12:30-2:30 Rm C \$5

DANCE

Belly Dance - Skills and Drills

This is an all level Tribal/Tribal Fusion class. Learn basic Tribal and Tribal Fusion movements inspired by Middle Eastern, North African, East Indian and Flamenco cultures. Instructor: Candice Morgan. If our parking lot is full, there is street parking west of the park, off Emerald Park Drive.

7/10-8/14 Th 6-7p Rm C
Adult: \$35 ID/\$44 OD Senior: \$31 ID/\$39 OD
Drop in \$8/ Senior \$6

Argentine Tango

Intro to Tango right from the beginning! Emphasis on posture and connection to make your transitions smooth. Learn the fundamental patterns needed to step into more elaborate movements.

Tango Level II (Close Embrace Series) is for students who know the fundamentals and wish to keep improving. New combinations of steps will be introduced. These classes focus on Tango as the social dance seen in Buenos Aires, Argentina. Try it and transform your life.

Held at River Road Annex, 1055 River Road. Instructor: Marisela Rizik. To register, email Marisela at Mrizik@aol.com or visit www.mariselarizik.com.

6/29-8/24 Su 3-4p Beginning - Fundamentals
Su 4-5p Level II
Su 5-7p Tango social fun time

\$55 a month
\$10 additional each Sunday for social time
\$15 per class drop-in

FAST, LOCAL,
AFFORDABLE
INTERNET.




RIVER ROAD, WHITEAKER,
SOUTH EUGENE, & MORE!



EMERALD
BROADBAND
541-363-0260

Closures

5/26	Memorial Day
6/19	Juneteenth
7/4	Independence Day
8/25 – 8/29	Annual Building Maintenance
9/1	Labor Day

541-688-4052 • www.rrpark.org

Brian Breedlove | Brianb@rrpark.org

GENERAL INTEREST

Urban Homesteading

6/25-8/20 W 7-9p Kitchen
\$30/per class Instructor: Kevin Prier

6/25 - Soap Making

Learn the basics of making bar soap from scratch. We will discuss the chemistry of saponification, properties of different base oils and local sources, and fragrance oils and other additives while we make a batch of soap. You will also learn how to make liquid soap and two forms of laundry soap. Take home a share of the soap we produce.

7/2 - Seed Saving

Learn a variety of techniques for saving heirloom vegetable seeds for planting next year, including ideal harvest times, collection techniques, preparation/drying, and proper storage.

7/9 - Winter Gardening

Now is the time to start planting your winter garden to have produce all winter long and into spring. Learn to plan out a small to medium sized family garden. Learn which vegetables do well over winter in our climate, and how to maximize production from a small space. Also learn about saving seed and sources for free vegetable and flower seeds.

7/19 - Edible Landscaping and Foraging

Don't just pull those weeds – eat them! Find out what native “weeds” are edible and how to prepare them. You'll be surprised at how much food you've been pulling up and throwing in the yard waste. Learn about common wild foraging plants – berries, flowers, greens, roots, and common mushrooms – and their habitats. (Saturday, 2-4pm, at instructor's house)

7/23 - Homemade Liqueurs

Learn how to make a variety of infused vodkas, fruit liqueurs, and herbal liqueurs. Take home a small jar of your favorite. Bring a clean wide-mouth half-pint jar with lid or \$1 to purchase from instructor.

8/6 - Bread Making/Sourdough

Learn how to catch, care for, and use a wild sourdough culture. We will also go over regular bread baking techniques for those who want to start simple. Over the course of this class, we will make a batch of sourdough bread while we learn about proofing, the complex biology of a vital sourdough culture, and tips and tricks to get that great artisanal style bread in your own kitchen. Take home your own small round loaf and a sourdough culture.

8/13 - Cheese Making

We will make fresh hard cheese to go with our picnic and learn about different hard and soft cheese cultures and processes. We will go through the entire process from cultured milk to formed cheese ready for the press. Learn where to switch up your process to end up with cream cheese, cottage cheese, and a number of hard and soft cheese variations. We will also go over how to make yogurt and ricotta.

8/20 - Fermenting: Sauerkraut, and Kombucha

Learn sauerkraut basics as we turn a head (or several) of cabbage and some salt into sauerkraut and take home a pint to ferment and enjoy. You will also learn how to make kimchi, kombucha, vinegar, and gurkan pickles. There will be kombucha SCOBY to take home for anyone who wants it. Bring a clean wide-mouth pint jar with lid or \$1 to purchase from instructor.

8/27 - Beyond Sauerkraut

Ready to explore the world of fermentation? Learn how to make your own fermented pickles, salsa, hot sauce, a variety of fermented non-alcoholic beverages, and even corned beef. Take home a pint of giardiniera and some habanero hot sauce to finish fermenting at home. Bring a clean wide-mouth pint jar with lid or \$1 to purchase from instructor.



Adult Programs

Voice Overs...Now Is Your Time!

In what could be the most enlightening webinar you've ever taken, our instructor and professional voice coach will show you how you can actually begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for. In addition to online instruction, you will be given the opportunity to book a 1-on-1 script read and voice evaluation via telephone with your instructor for the following day. This class will be presented via Zoom, you will receive a link the 24 hours prior to the class.

7/23	W	6-8p	Zoom	\$45
8/13	W	6-8p	Zoom	\$45

Travel Packing Party/Gadgets

Getting ready to go to London and Paris or another trip? Today is all about packing and gadgets. Kat will have a bunch of packing tips and gadgets that she uses when she travels. Please bring your tips and gadgets too so we can all share and learn. Whatever makes traveling easier and more fun, right? We will raffle off some fun and favorite gadgets.

8/21	Th	2-3p	Room E	\$5
------	----	------	--------	-----



LANGUAGE

Italian 1

Italian 1 is for those with no previous knowledge of the language. Students acquire basic speaking, reading, and writing skills while learning about Italian culture. Instructor: Sied Imani.

6/25-8/20	W	4-6p	Rm E
Adult: \$114 ID/\$142 OD		Senior: \$102 ID/\$128 OD	

Italian 2

Emphasis on vocabulary and grammar. Guided dialog will help improve pronunciation and increase comprehension. Italian 1 or instructor approval required. Instructor: Sied Imani.

6/23-8/18	M	3-5p	Rm C
Adult: \$114 ID/\$142 OD		Senior: \$102 ID/\$128 OD	

Spanish 1

In Spanish 1, students will dive into learning Spanish vocabulary as spoken in Latin American countries and will learn how to use their newfound words in reading and writing. They will also learn about Spanish culture and history. Instructor: Sied Imani.

6/27-8/22	F	2:30-5p	Annex
Adult: \$124 ID/\$155 OD		Senior: \$111 ID/\$139 OD	

Spanish 2

Spanish 2 continues engaging students in a functional approach to learning the Spanish language. Students will develop the practical tools needed to increase their fluency in the Spanish language. Spanish 1 or instructor approval required. Instructor: Sied Imani.

6/27-8/22	F	12-2:30p	Annex
Adult: \$124 ID/\$155 OD		Senior: \$111 ID/\$139 OD	

Spanish Club

Practice listening, speaking, and reading using audio visual materials in an informal setting. Basic knowledge of Spanish is needed. Club Coordinator: Bonnie Rutledge.

6/26-8/21	Th	10a-12p	Rm E	\$5
-----------	----	---------	------	-----

RIVER ROAD PARK DISTRICT PRESENTS:
SUMMER CONCERTS



Sugar Beets - Sunday, 7/20
Satin Love Orchestra - Sunday, 8/10
4:00-7:00 PM



Adult Travel



Each trip is different when it comes to how physically fit one needs to be. Check out the trip rating scale on our website, or call Kat if you're wondering if a particular trip is right for you.

TRIP PRESENTATIONS

Want to find out more about a trip? Come and see what's in store.

6/5	Th	1-2p	SE Asia
	Th	2:15-3:15p	Italy Amalfi
8/14	Th	1-2p	SE Asia
	Th	2:15-3:15p	Italy Amalfi

DOC PARTIES

This party is for those of you going on the trip. We're leaving soon so we will go over trip details and meet one another.

6/5	Th	3:30-4:30p	Scandinavia
8/14	Th	3:30-4:30p	London & Paris

EXTENDED TRAVEL

Spectacular Scandinavia July 5-20, 2025

Call Kat to see if there is still space.

<http://gateway.gocollette.com/link/1221618>

London & Paris September 9-18, 2025

Are you up for an incredible ten day adventure? London and Paris; two iconic cities filled with exciting history and sites. Highlights will include: Walking Tour in London, Traditional Fish & Chips Lunch, London Eye, Covent Garden, Eurostar Train, Choice on Tour: Paris City Tour by Bus or Montmartre by Metro Walking Tour, Arc de Triomphe, Eiffel Tower Dinner, Seine River Cruise, etc. Your cost includes: round trip air out of Eugene, taxes and fees/surcharges, hotel, transfers, 10 fun filled days and 12 meals. Insurance is available for \$549. Deposit of \$698 is due now to hold your spot. Amsterdam extension is available.

<http://gateway.gocollette.com/link/1221724> Level 3 rating.

Single: \$8049

Double: \$6249

Branson Christmas Extravaganza, Dec. 10-16, 2025

Has Branson always been on your travel bucket list? Well, we are happy to announce that you can now check that box! This is a custom trip just for us. You will not find it available to anyone else so come along on this special adventure and get ready for a Branson holiday. There will just be one hotel, which will simplify and improve our experience. Highlights include the Titanic Museum, Caverns, Branson Craft Mill Village, Dolly Parton Christmas Show, College of the Ozarks Campus Tour, live entertainment, and more. Included in your price are round-trip airfare from Eugene, taxes, fees, and surcharges, lodging, transportation, seven exciting days, and ten meals. The cost of insurance is \$429 per person. Final payment is due September 11, 2025. <http://gateway.gocollette.com/link/1286534> The rating for this trip is level 2.

All money is refunded if you need to cancel and do so before 6/10/25.

Single: \$4349

Double: \$3649

Triple: \$3599

Kingdoms of Southeast Asia, Jan. 30-Feb.18, 2026

Alright, brace yourself, Vietnam, Cambodia, Laos and Thailand. How exciting is this? This one is for those of you who really want an adventure! Let's go! HIGHLIGHTS... Hanoi, Walking Food Tour, Discussion with Vietnam War Veteran, Ha Long Bay, Hoi An, Ho Chi Minh City, Reunification Palace, Mekong Delta, Siem Reap, Angkor Wat, Luang Prabang, Choice on Tour: Night Market Visit or Evening at Leisure, Wat Xieng Thong, Pak Ou Buddha Cave, Monk Alms Offering, Bangkok. This is a smaller group (12-24 people) tour which will make this trip will be that much more memorable. Final payment is due November 2, 2025. Post-tour (four day/3 night) extension to Bangkok available for \$799. <http://gateway.gocollette.com/link/1276346>

The rating for this trip is level 3.

All money is refunded if you need to cancel and do so before 6/1/25.

Single: \$8079

Double: \$7014

Italy: Amalfi Coast to Puglia May 13-26, 2026

Venture beyond the typical tourist routes and discover a different side of the Italy you already adore. Highlights include: Naples, Pompeii, Minori, Amalfi, Positano, Ravello, Matera, Lecce, Tarantella Folk Music & Dance Performance, Ostuni, Ape Calessino Tour, Alberobello and so much more! Get ready for an amazing trip!! Included in your price are round-trip airfare from Eugene, taxes, fees, and surcharges, lodging, transportation, 12 exciting days, 19 Meals, and 2 choice on tour options. The cost of insurance is \$549 per person. This is a smaller group (12-24 people) tour which will make this trip will be that much more memorable. Final payment is due February 12, 2026. <http://gateway.gocollette.com/link/1347572>

The rating for this trip is level 3.

All money is refunded if you need to cancel and do so before 10/14/25.

Single: \$7549

Double: \$6749

Adult Day Trips

541-688-4052 • www.rrpark.org

Katrina Setzer | Katrinas@rrpark.org

Day Trip Registration

IN-DISTRICT residents may begin walk-in registration Wednesday, June 11 at 10a. Phone and online registration will begin at 1p.

OUT-OF-DISTRICT residents may begin walk-in registration Thursday, June 12 at 10a. Phone and online registration will begin at 1p.

CANCELLATION POLICY

Any trip refund or trip credit conversion to a refund will be assessed a \$5 processing fee.

7 days or more = full refund

7 days - 72 hours = 50% refund

72 hours up to the day of = zero refund.

If we have incurred costs for booking trips (tickets, meals, hotel, transportation, etc.) then that amount will be deducted.

Under AGE 55?

People under 55 years of age are placed on a waiting list. Two weeks prior to the trip date this list will be called.

TRIP NOTES

- Arrive 10-15 minutes early.
- We will leave on time. You may get left behind if you are late, so please allow yourself enough time.
- End times are estimated.
- Please park vehicles in the back of the parking lot, near Lake Drive.
- Tipping the trip leader and bus driver is at your own discretion.
- Make sure you have emergency info/contacts in your wallet.
- Some are allergic to perfume so we ask that you keep your fragrance to a minimum.
- Registration for trips with this symbol ➡ began last term, so you can sign up at any time. The trip may be full. If it is, please ask to be placed on the waiting list.

More trips may be added so check our website and facebook page for any additions.



May				
➡ Wine Down Wed.	5/14	W	10a-5p	\$60
➡ Spring High Tea	5/18	Su	2-4p	\$15 \$20 day of
June				
➡ Dinner & Theater- Nevermore	6/6	F	4:15-11p	\$92
Thyme Garden	6/17	Tu	9:45a-4:30p	\$85
Shelton McMurphy Tour & Lunch	6/25	W	10:45a-2p	\$59
Dinner & Theater- Waitress	6/29	Su	10:45a-8p	\$110
July				
Timberline Lodge	7/8	Tu	7:30a-5:30p	\$125
E-Bike Basics and Ride	7/9 7/13	W Su	4-6p 9-12p	\$25
Basket Weaving Workshop	7/21	M	3-7p	\$75
Rafting the McKenzie	7/24	Th	8:30a-3:30p	\$135
Chocolate Workshop	7/30	W	1:45-4:30p	\$69
August				
Dinner & Theater- Anything Goes	8/3	Su	11:15a-8p	\$110
Into the Woods- Wine & Music	8/9	Sa	5:15-9:45p	\$65
Grub Club- Laurelwood Pub	8/13	W	11:30a-2p	\$35
Albany NW Art & Air Festival - Night Glo	8/22	F	2:30-9p	\$45
Whale Watching	8/27	W	9a-4p	\$95
September				
Annual 55+ BBQ	9/3	W	4-6p	Free
Mt. Angel Octoberfest	9/11	Th	9a-4p	\$35
Traveling Vietnam Wall & Lunch	9/18	Th	10a-5p	\$65
Dinner & Theater- Triangle	9/28	Su	11:15a-8p	\$110

Adult Day Trips

Celebrate Spring High Tea

Today is about getting into the spring spirit. We begin with an afternoon tea where you will enjoy an assortment of teas, finger sandwiches, treats and fresh fruit. A local trio will play and entertain us. Your cost includes: a spring afternoon tea and songs that will have you humming and tapping your foot. Held at River Road Park. \$15 in advance. \$20 at the door if space is available.

5/18 Su 2-4p
\$15 or \$20 the day of if there is space.

Cottage Grove Dinner & Theater- *Nevermore*

Stacy's is known for its delicious meals, so get ready to enjoy! Delve into the grim world of Edgar Allan Poe in this macabre musical inspired by his gothic poetry and prose. This surreal piece weaves together original music and dramatic storytelling to unravel the tortured life and untimely death of the legendary writer. An Oregon premiere, Cottage Theatre's *Nevermore* will take you on a gripping ride through "fantastic terrors never felt before." The price includes transportation, dinner, and show.

6/6 F 4:15-11p \$92

Thyme Garden- Flower Baskets & Lunch

Ok, it's that time of year again. This is Kat's favorite day trip! It always sells out so sign up as soon as possible to get a spot. The Thyme Garden in Alsea, is our destination. Create your own herb and flower hanging basket. We will tour the grounds and see the beautiful display of gardens with over 700 varieties of herbs. Lunch will follow. Just wait... it's the most amazing lunch ever!! Your cost includes: transportation, lunch and a beautiful hanging basket.

6/17 Tu 9:45a-4:30p \$85



Shelton McMurfhey House Tour & Lunch

Shelton McMurfhey Johnson House Museum opened in 1994, with only one floor available for public viewing. The museum is now open six days a week and furnished on all three floors, providing a lovely picture of what life would have been like in the 1930s for the Shelton McMurfhey Family. Today, we will enjoy a decent-led tour where we will learn all about the Castle on the Hill. Following the tour, we will head out to a local restaurant for lunch. There is no elevator so you need to be able to climb stairs if you want to see the top floors. Your cost includes: transportation, tour and lunch.

6/25 W 10:45a-2p \$59

Dinner & Theater, Broadway Rose Theater- *Waitress*

This one is sure to sell out! This Broadway hit tells the story of Jenna, a waitress and pie maker, stuck in a small town and a loveless marriage. When a baking contest offers her a chance at escape, Jenna finds the courage to take a long-abandoned dream off the shelf. We'll enjoy dinner at a local Portland restaurant after the show. Your cost includes: transportation, theater and dinner.

6/29 Su 10:45a-8p \$110

Timberline Lodge

Timberline Lodge is a National Historic Landmark located at a height of 6,000 feet in the Mount Hood National Forest. The lodge, which is both publicly and privately owned, is known in film for acting as the exterior of the Overlook Hotel in *The Shining* (1980). Remember that scary one? Today, you are in for an amazing treat! We'll start with a wonderful buffet lunch in the Cascade Dining Room, then the US Forest Service will give us a private tour. It's not over yet... next we will hop on the chairlift and ride up the mountain. Sounds pretty amazing, don't you think? Your cost includes: transportation, lunch, tour, and scenic lift ride.

7/8 Tu 7:30a-5:30p \$125

E-bike Basics 101 & Sunday Ride

Do you want to learn more about e-bikes? Are you in the market to buy one? Come learn the basics! Eugene Electric Bicycles, the local specialty shop, will be with us to talk about the e-bike class system, motor types, battery safety and care, and what to look for when shopping for an e-bike. They will also be teaching us about mechanical and electrical components, so you will leave with a better understanding of how all bikes work. After the class you can test ride a bike to get a feel before our ride on Sunday.

You must have taken the Basics 101 class to participate in today's ride. We will have a ride at a later date for others. We will meet at Eugene Electric Bicycles and have a quick review of the Basics 101 class. The experts at EEB will go over security and give a demonstration covering key maintenance items like flat repairs, adjusting brakes and gears, as well as cleaning and lubricating your bike to keep it running for years to come. Then it's time to ride! We will stay in a group and ride for approximately 2 hours. EEB is offering 20% off of bike rentals for the ride (\$40), helmets, locks, and baskets. We will meet at their shop located at 675 River Road and ride along the South Bank Bike Path to Knickerbocker Bridge, through Alton-Baker Park to the Owosso Bridge and back to the Shop.

7/9	W	4-6p	
7/13	Su	9a-12p	
\$25	Must take the class to participate in the ride.		

Weaving Workshop

Doesn't this sound fun? Who doesn't enjoy a basket? Register for this one if you want to make a basket out of locally gathered cat-tails and raffia that has been colored with last summer's flowers and berries. Learn traditional twining techniques and take home a little basket that you made yourself. During the lesson, you can have dinner and drinks at Whirled Pies, known for its incredible pizza. Your price covers transportation and class. Food and beverages are on your own.

7/21	M	3-7p	\$75
------	---	------	------

Rafting the McKenzie

Ready for a fun, thrilling day? Come enjoy a half-day McKenzie River rafting trip! The trip covers 10 miles and is a great way to see things that aren't accessible unless you are on the river. Flora, fauna, rapids, cool water, rapids... what's not to love? If you like an adventure, this one is for you! More information will be provided to participants as the trip gets closer. Your cost includes: transportation, expert-guided rafting and a tasty fried chicken lunch.

7/24	Th	8:30a-3:30p	\$135
------	----	-------------	-------

Chocolate Workshop

We're local today, and going to Wilkins Coffee. In this chocolate workshop, we will learn how to decorate, shell, fill and cap your own bonbons. We'll begin with a demonstration of chocolate tempering (including methods to use at home), then guide you through polishing a polycarbonate mold and painting with colored cocoa butter. Each person will leave with a custom gift box to take the bonbons home in. Coffee, tea and lemonade included. We'll wrap up the workshop with sampling of the chocolates and a Q&A session. Your cost includes: transportation and chocolate workshop.

7/30	W	1:45-4:30p	\$69
------	---	------------	------

Broadway Rose Theater- *Anything Goes*

Come enjoy a tap-filled classic this summer! With music and lyrics by Cole Porter, this voyage of the S.S. American between New York and England is filled with a madcap group of passengers, witty repartee, exceptional songs, and thrilling tap dancing. The 2022 revision includes familiar classics from the Great American Songbook such as "Anything Goes," "You're the Top," and "I Get a Kick Out of You." This musical will have you rooting for true love to win out in the end. It's delightful, delicious, and de-lovely. Your cost includes: transportation to Portland, dinner and theater.

8/3	Su	11:15a-8p	\$110
-----	----	-----------	-------

Willamette Valley Vineyards- Into the Woods Summer Music Series

Escape the noise of everyday life and spend a magical evening where nature, music, and wine come together in perfect harmony. Music in the Trees with wine, I can't think of anything better. This one is designed to delight your senses — imagine live acoustic melodies drifting through a forest canopy, the soft rustle of leaves, and a glass of your favorite wine in hand. Sounds good to me! Need to be able to walk on uneven ground. Your cost includes: transportation to Salem, ticket, a glass of wine and a \$10 wine credit. A food truck will be on the premises to purchase food.

8/9	Sa	5:15-10p	\$65
-----	----	----------	------

Grub Club- The Pub At Laurelwood

Today, we dine with a view. Let's indulge! Your cost includes: transportation and lunch.

8/13	W	11:30a-2p	\$35
------	---	-----------	------

Albany NW Art & Air Festival- Night Glo

Let's hope for some amazing weather and go enjoy this fun event. Tonight, we will see a bunch of beautiful, colorful balloons inflated and glowing. What a sight! Enjoy music, artist booths and food. Your cost includes: transportation, and snacks. Bring a fold up chair or a blanket. End time is approximate.

8/22	F	2:30-9p	\$45
------	---	---------	------

Adult Day Trips



Whale Watching

Today, we travel to Depoe Bay for an amazing whale watching experience. By the end of the day, you are going to become a gray whale expert. We'll enjoy the museum (Whale, Sealife and Shark Museum) and the shops in town once our whale experience is over. Come learn more about gray whales and the other marine life you might encounter including: seals, sea lions, seabirds and unique oceanographic features. Lunch is on your own. Your cost includes: transportation, 1.25 hour whale watching excursion, and time to shop around.

8/27 W 9a-4p \$95

Mt. Angel Oktoberfest

Oktoberfest offers a plethora of activities and attractions so come along for some fun. Take your time walking through the streets, savoring the music and taking in the sights, sounds, and smells of wonderful culinary options. Mt Angel goes full Bavarian — think timbered façades, flower crowns, and more lederhosen than you'd expect outside of Germany. Prost! Your cost includes: transportation.

9/11 Th 9a-4p \$35

The Wall that Heals

A replica of the Vietnam Veterans Memorial in Washington, D.C. is coming to Independence! How incredible is this? It's like standing in the presence of history, where the past and the present meet. This meaningful experience will be one you'll remember. We'll also enjoy a delicious lunch at a local eatery. Your cost includes: transportation, tour and lunch.

9/18 Th 10a-5p \$65

Broadway Rose Theater & Dinner- *Triangle*

Portland, here we come. Theater followed by a delicious dinner. What could be more fun?! *Triangle* is a musical that focuses on two romances: a Jewish immigrant seamstress and her Italian foreman, and a doctoral student and his relationship with an attractive free-spirited stranger. The show mirrors their experiences because they are situated in the same region, although a century apart. With innovative tunes and a touching story, the couples learn what it means to risk all for love. Your cost includes: transportation, theater, and dinner.

9/28 Su 11:15a-8p \$110

55+ ACTIVITIES

Bridge

Enjoy playing bridge in a social atmosphere? Come join us for some monthly fun! All are welcome. Payouts at the end of each session. **We will meet the first Monday of the month at the Annex, 1055 River Road. Off Labor Day.

6/2, 7/7, 8/4 1st M 12:45-4p
\$3 paid at the door

Pinochle

Join in on some pinochle play with others who enjoy the game. Partners change after four hands of play. All are welcome. Payouts at the end of each session. **We will meet the second Monday of the month at the Annex, 1055 River Road.

6/9, 7/14, 8/11, 9/8 2nd M 1-4p \$3 paid at the door

Cascade Stitchers

Cascade Stitchers of the Embroider's Guild of America explores all kinds of embroidery and invites you to learn about embroidery with us. **We will meet the third Monday of the month at the Annex, 1055 River Road.

6/16, 7/21, 8/18, 9/15 3rd M 1-3p \$5

Texas Hold Em'

Join in on the excitement that has everyone buzzing. Buy into this friendly game. Each table winner will be awarded a prize at the end of play. You must be age 55+ to participate. Held at the River Road Annex, 1055 River Road. Organized by volunteer, Don Wall. Call the main office to register so we know how many people. Please pre-register.

6/9, 6/23, 7/14, 7/28, 8/11, 8/25, 9/8, 9/22
2nd & 4th M 6-8p \$3 per day

Memory Tones Choral Group

55+. The focus is on having fun singing old favorites. Experience or ability to read music would be helpful but not necessary. Newcomers 55+ are welcome. Weekly practices and several performances per month. No meeting in July, 8/2 and on 8/30.

Weekly Sa 10:30a-12:30p Free



55+ Activities

541-688-4052 • www.rrpark.org

Katrina Setzer | email: katrinas@rrpark.org



55+ BBQ
Wednesday, 9/3
Please rsvp.

SPECIAL EVENTS/CLASSES

AARP Driving Class

Designed for motorists age 50+, but open to all ages. Auto insurance discounts may be available to participants 55+ who complete the class. Feel free to bring a sack lunch. Your fee will be taken by the instructor the day of the class. This class will be held at 1400 Lake Dr.

6/26	Th	9a-3:30p
9/5	F	9a-3:30p

\$20 AARP Member/\$25 Non-member.

55+ BBQ

It's that time of year. Burgers and hotdogs prepared for you with love by our staff! We provide the main course, and you bring the sides. Plan on your side dish feeding 10 people. Following the food, we'll wrap it up with some fun entertainment. Please register so we know how many people to expect. Let us know if you are a vegetarian.

9/3 W 4-6p Free Jim Lockard Shelter 1

Travel Packing Party/Gadgets

Getting ready to go to London and Paris or another trip? Today is all about packing and gadgets. Kat will have a bunch of packing tips and gadgets that she uses when she travels. Please bring your tips and gadgets too so we can all share and learn. Whatever makes traveling easier and more fun, right? We will raffle off some fun and favorite gadgets.

8/21 Th 2-3p \$5

RIVER ROAD PARK PRESENTS...
 AN AFTERNOON
TEA PARTY




SUNDAY, MAY 18
2-4P
\$15 IF YOU RSVP

PLEASE CALL [541-688-4052](tel:541-688-4052) OR
 SIGN UP ONLINE

WWW.RRPARK.ORG

1400 LAKE DR. EUGENE




RIVER ROAD PARK
 & RECREATION DISTRICT



May 31, 2025
(9:00a.m. – 6:00p.m.)

Irving Grange
1011 Irvington Drive
Eugene, OR



www.Eugenescottishfestival.org

Amenities & Services

Pool

The 25-yard, six lane indoor pool is open year-round and is kept at 84 degrees. There is a one-meter diving board, kick boards, pull buoys, an easy entry ladder and an ADA approved hydraulic lift.

Spas

Two in-ground spas are available for year-round use, located outside of the pool in our courtyard. One is covered by a canopy skylight, the other uncovered. Together, the spas accommodate 18 guests. The spas are kept between 102-104 degrees and are fully accessible. Patrons must be 16 years of age to use the spas.

Sauna

The dry-heat sauna, located in a secluded, quiet area, is lined with untreated kiln-dried cedar. The sauna accommodates 8 guests. Patrons must be 16 years of age to use the spas.

Dressing Rooms

The dressing rooms are equipped with ADA accessible toilets, sinks, lockers, showers, hair dryers, and an infant changing table.

Family Changing Room

A separate changing room is available for families upon request and is equipped with an ADA accessible shower, toilet, sink and gender-neutral changing area. **Please limit your time to 30min when using the Family Changing Room.

Swim Shop

Need supplies while you are here? Goggles, swim caps, nose clips, ear plugs, infant swim diapers, and other items are available for purchase from our pool receptionist at a reasonable cost.

Shower Policy

Public showers are available, please provide your own towel and toiletries. The Family/ADA changing room is reserved for individuals that require assistance from a personal aide. **Please limit your time to 30min when utilizing the shower hours. The cost is \$2.00 per person. For non-Shower hours, regular admission fees will apply. **NOTE: There are no longer any shower hours after 1pm each day.**

Monday-Friday: 6-8a 12-1p
Saturday: 6-9a 10a-1p

Foot Care

A nurse, trained in foot care, conducts individual care sessions. The time is used for toenail cleaning and trimming. Please bring a towel and a basin with you to your appointment. No refund for no-shows or cancellations unless we are able to fill your appointment slot. In fairness to the nurse and other clients, those who arrive more than 10 minutes later than their scheduled appointment will forfeit their spot and fee. Payment due at scheduling. 541-688-4052.

By appointment Days and times vary \$25

SHIBA Volunteers Here to Help You

Are you confused about Medicare? Senior Health Insurance Benefits Assistance (SHIBA) offers a free counseling service. SHIBA volunteers have been able to help Medicare beneficiaries select a plan that is right for them. Call 541-736-4421 to make an appointment in the River Road area.

Massage

Let one of our licensed massage therapists help relieve your tension and introduce you to the world of total relaxation. Our therapists offer a variety of massage techniques and bodywork. For more information or to schedule an appointment, please call 541-461-7777 or stop by the pool front desk. Payment is required at the time of scheduling. We accept VISA/MC/Discover/American Express. Cancellations or changes must be made at least 24 hours in advance to receive a credit or refund.

Cost \$70 hr. Hours vary based on the therapists' schedule.



Facility Rentals

Shelter reservations must be made in person to sign paperwork.

Rental times must include set up and take down times.

ROOM AND SHELTER RENTALS 541-688-4052

Required 2 hour rental minimum for all building and shelter rentals.

Shelter Rental - 1400 Lake Drive

- \$50/hr.

Can accommodate up to 52 guests. No amplified music or alcohol allowed. No refunds for inclement weather.

Multipurpose Room - 1400 Lake Drive

Non-Alcohol Event with Kitchen • \$60/hr.
• \$85/hr

Alcohol Event: with Kitchen • \$120/hr. Beer or wine ONLY*
• \$145/hr.

Can accommodate up to 110 guests. Amplified music permitted until 9p.

River Road Annex - 1055 River Road

Non-Alcohol Event • \$75/hr.
Alcohol Event: Beer or wine ONLY* • \$150/hr.
Can accommodate up to 60 guests. No amplified music allowed.

All building and shelter rentals will require a district use permit, \$300 fully refundable deposit at the time of registration. A host liability waiver is required if you are having alcohol at your event. To schedule a rental and make a payment, please contact the main office for assistance.

*Host Liability Waiver – \$1 million Host Liability Waiver acquired through your homeowner’s insurance agency OR purchase TULIP (Tenant User Liability Insurance Policy) through the Park District business office.

No Smoking /Alcohol Policy

Out of consideration for everyone, we do not allow smoking or alcohol in the park. Possession or consumption of cigarettes, marijuana or alcohol within the park boundary is prohibited.

POOL RENTAL 541-461-7777

Enjoy your very own Splash Bash! River Road Pool is available for private rental. Rental parties can be arranged for any size group. Our basic Splash Bash starts at only \$200 per hour (includes 2 lifeguards) and can accommodate up to 35 of your friends. Additional lifeguards will be scheduled for larger groups. Reservations must be made at least two weeks in advance. Cancellations less than 5 days prior to rental will not receive a refund or be rescheduled.

Payment due at time of scheduling for pool. Rentals are only available on Saturday after 3:30pm

Basic Rental Package	\$200/hr. (Includes two lifeguards)
Additional lifeguards	\$35/hr. each (for every additional 10 people)
Party Room (capacity 25)	\$50/hr. (this includes set-up and clean-up)

GYMNASTICS/BIRTHDAY PARTIES 541-688-8955

Celebrate your birthday at our Gymnastics Center! Try a fun alternative to a traditional party for your child. Gymnastics parties include: 1 hour of supervised play on the spring floor, bars, climbing net, tumble trak, trampoline, plus 30 minutes for opening presents, and refreshments provided by parents.

\$135 (up to 10 children) Saturday or Sunday only. \$5 for each additional child.

Sat.	1:30-3p	3:30-5p
Sun.	1-2:30p	3-4:30p

RENTAL REFUND POLICY

1 month notice:	100% refunded
15 days notice:	50% refunded
Less than 15 days:	NO REFUND





Residential Customer

PRSR STD
U.S. POSTAGE
PAID
Eugene, OR
Permit #440

ECRWSS

A New Salon & Style



Full Service Salon
1021 Maxwell Road
541-688-7155

Call for an
appointment /
walk ins are welcome.

We are celebrating 25 years in the community!

\$10 off any service.

Veterans receive a \$3 discount.

Schedule any service, mention this ad and you will
get an amazing deal!

Check out our Facebook site.

We appreciate our community and you!

The salon is open 5 days a week 10a-5:30p. (Tu-Sa)



The Human Experience

Superb Customer Service
Simple Loan Applications
Community-oriented



Eugene: 1075 Oak Street & 95F Division Avenue
Springfield: 1190 Mohawk Blvd
Roseburg: 940 NW Garden Valley Blvd

541-343-6238 | wesaveyou.com



CALL NOW. SPEAK WITH A REAL PERSON. SWITCH TO A BETTER INTERNET. ☎ 541-363-0260



FREE INSTALLS
IN RIVER RD!

\$40
PER MONTH

200
MBPS

\$55
PER MONTH

500
MBPS

\$80
PER MONTH

1
GBPS

EASY INSTALL. NO CONTRACTS. NO HIDDEN FEES. NO DATA CAPS.