



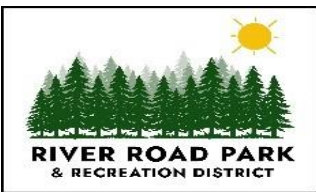
# RIVER ROAD POOL WINTER 2025 SCHEDULE

**Monday, Jan 6th - Saturday, Feb 15th      541-461-7777**

**NOTE: ENTIRE POOL, FITNESS CENTER, SPAS & SAUNA CLOSED Monday 1/20!**  
 Fitness Center/Spa/Sauna Schedule: Mon-Fri 5a-9p; Sat 6a-3p      *green = rec swims ; brown = family swims*

M	Tu	W	Thur	F	Sat	Sun
5:00-6:00 am 4 lap lanes 2 lanes Ind. H2OX	5:00-5:30 am 4 lap lanes 2 lanes Ind. H2OX	5:00-6:00 am 4 lap lanes 2 lanes Ind. H2OX	5:00-5:30 am 4 lap lanes 2 lanes Ind. H2OX	5:00-6:00 am 4 lap lanes 2 lanes Ind. H2OX		
6:00-7:00 am 4-5 lanes deep wtr ex classes 1-2 lanes lap only!	5:30-6:30 am 2 lap lanes 2 lanes Ind. H2OX	6:00-7:00 am 4-5 lanes deep wtr ex classes 1-2 lanes lap only!	5:30-6:30 am 2 lap lanes 2 lanes Ind. H2OX	6:00-7:00 am 4-5 lanes deep wtr ex classes 1-2 lanes lap only!	6:00 am - 8:00 am 4 lap lanes 2 lanes Ind. H2OX	
7:00-7:45 am 4-5 lanes deep wtr ex classes 1-2 lanes lap only!	2 lanes RRST Sr Group  6:30-8:00 am 4 lap lanes 2 lanes Ind. H2OX	7:00-7:45 am 4-5 lanes deep wtr ex classes 1-2 lanes lap only!	2 lanes RRST Sr Group  6:30-8:00 am 4 lap lanes 2 lanes Ind. H2OX	7:00-7:45 am 4-5 lanes deep wtr ex classes 1-2 lanes lap only!	8:00 am - 9:00 am 3 lap lanes 1 lanes Ind. H2OX 2 lanes NE Swim	
7:45*-8:00 am <i>*Pls wait til class for</i> 4 lap lanes/2 lane Ind. H2OX	: :	7:45*-8:00 am <i>*Pls wait til class for</i> 4 lap lanes/2 lane Ind. H2OX	: :	7:45*-8:00 am <i>*Pls wait til class for</i> 4 lap lanes/2 lane Ind. H2OX	: :	
Classes 8** am-12 pm <b>**Pls do not enter til 8 !</b> 8, 9, 10, 11:15 Deep Wtr Ex classes 8:30, 9:30, 10:45, 11:30 Shallow Wtr Ex. Classes	Classes 8** am-12:00 pm <b>**Pls do not enter til 8 !</b> 8, 9, 10, 11:15 Shallow Wtr Ex. Classes 8:30, 9:30, 11:15 Deep Wtr Ex classes	Classes 8** am-12 pm <b>**Pls do not enter til 8 !</b> 8, 9, 10, 11:15 Deep Wtr Ex classes 8:30, 9:30, 10:45, 11:30 Shallow Wtr Ex. Classes	Classes 8** am-12 pm <b>**Pls do not enter til 8 !</b> 8, 9, 10, 11:15 Shallow Wtr Ex. Classes 8:30, 9:30, 11:15 Deep Wtr Ex classes	Classes 8** am-12 pm <b>**Pls do not enter til 8 !</b> 8, 9, 10, 11:15 Deep Wtr Ex classes 8:30, 9:30, 10:45, 11:30 Shallow Wtr Ex. Classes	9:00-10:00 am <b>AM Family Swim</b>	
12:00-1:30 pm 4 lap lanes/2 lane Ind. H2OX	12:00-1:30 pm 4 lap lanes/2 lane Ind. H2OX	12:00 -4:00 pm 4 lap lanes 2 lanes Ind. H2OX	12:00-4:00 pm 4 lap lanes 2 lanes Ind. H2OX	12:00-2:00* pm 4 lap lanes 2 lanes Ind. H2OX	10:00 am -12:00 pm Special Programs	
1:30-2:00 pm 2 lap lanes/2 lane Ind. H2OX 2 lanes special program	1:30-2:00 pm 2 lap lanes/2 lane Ind. H2OX 2 lanes special program	: : :	: : :	: : :	12:00-1:30 pm 4 lap lanes 2 lanes Ind. H2OX	
2:00-4:00 pm 4 lap lanes/2 lane Ind. H2OX	2:00-4:00 pm 4 lap lanes/2 lane Ind. H2OX	: :	: :	: :	1:30-3:00 pm <b>Rec Swim</b>	
4:00-6:30 pm RRST & & NEHS Swim Teams	4:00-6:30 pm RRST & & NEHS Swim Teams	4:00-6:30 pm RRST & & NEHS Swim Teams	4:00-6:30 pm RRST & & NEHS Swim Teams	4:00-6:30 pm RRST & & NEHS Swim Teams	<b>CALL</b>  541-461-777	
6:30-7:15 pm- Deep Wtr Ex classes  <b>Family Swim 6:30-730 pm</b>	6:30-8:00 pm- Deep Wtr Ex classes Evening Swim Lessons	6:30-7:15 pm- Deep Wtr Ex classes  <b>Family Swim 6:30-730 pm</b>	6:30-8:00 pm- Deep Wtr Ex classes Evening Swim Lessons	6:30-7:30 pm <b>Family Swim</b>  7:30-9:00 pm <b>Rec Swim</b>	<b>FOR</b>  <b>RENTAL</b>	
7:30-9:00 pm 4 lap lanes/2 lane Ind. H2OX	8:00-9:00 pm 4 lap lanes/2 lane Ind. H2OX	7:30-9:00 pm 4 lap lanes/2 lane Ind. H2OX	8:00-9:00 pm 4 lap lanes/2 lane Ind. H2OX		<b>INFORMATION</b>	

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## River Road Pool:

See Other Side

## Fitness Center/Spa/Sauna:

Monday - Friday 5 am - 9 pm; Saturday 6 am - 3:00 pm

*\*see below for specific closures!*

## Facility Schedule Changes:

Closure Monday 1/20 (all day)

## Upcoming Facility Closures:

## \$2 Shower Hours:

Monday-Friday 6-8 am & 12:30-3:30 pm; Monday-Thursday 8-8:30 pm;

Saturday 6-10 am

### Pool/Facility Prices - per visit

	In-District	Out-of-District
Under 3	Free	Free
Age 3-17	\$3.00	\$4.00
Age 18-54	\$8.00	\$8.00
Seniors 55+	\$6.00	\$6.00
Shower only	\$2.00	\$2.00
Locker Fee	Free	Free
Family Rate	\$12.00	\$15.00

### 10 visit, 1 Month, 3 Month , & 1 Year Passes

Available for purchase; check with either Main or Pool Office staff for current pricing

Also those with Medicare Supplemental coverage, may have health insurance benefits that are accepted for fitness program discounts; check with Main Office on eligibility