River Road Park & Recreation December 2023 The Buzz

Welcome to "The Buzz" ~ River Road Park's monthly newsletter designed to keep you up to date with park news and more in touch with your community.









WINTER 2024 January - March

Registration Dates

SWIM LESSONS Please see page 10 for WATER EX

Re-enrollment 12/4 and 12/5 New enrollment 12/11 In District Walk-in 8:30a

Out of District Walk-in 8:30a Phone-in 10

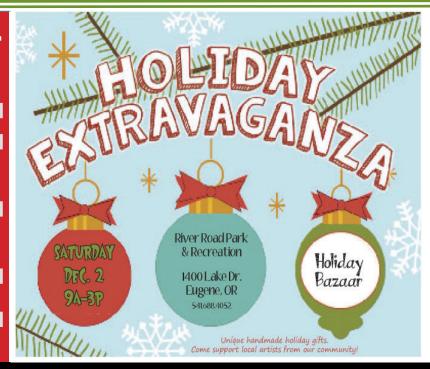
RECREATION CLASSES

Re-enrollment 12/11-12/15
New enrollment 12/18-12/22
In District Walk-in 8:30a Phone-in 10a
Out of District Walk-in 8:30a Phone-in 10a
DAY TRIPS

Out of District 1/5 Walk-in 10a
YOUTH PROGRAMS/GYMNASTICS

Youth programs - you may enroll at any time. Gymnastics classes are on-going. You may enroll at any time.

1/4 Walk-in 10a





YOUTH CAMPS

Winter Break Camp

K-5. Join us for a week of fun! We will play all sorts of games, work on winter themed art and crafts and participate in sports activities. FULL WEEK ONLY, NO DAILY FEE OFFERED. Drop off as early as 8a.

12/18-22 M-F 8a-5p \$180

Gymnastics Holiday Camp

Ages 6-12. Beginners - Level 3. Money raised will help offset travel expenses for our competetive Optional Team. Call the gym office (541)688-8955 to register.

12/18-21 M-Th 9a-1p \$112



Tis' the season to be jolly!



NEW CLASSES

Voice Overs

Now is Your Time (Tue 12/12 6-8p \$45) - In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for. Zoom link will be provided 72 hours prior to class. Instructor: Lisa Foster.

A Transformative Three-Part Journey to Healing and Thriving

Align Renew Thrive: The Three-part series that unlocks the secrets of your body's natural blueprint and identifies hidden misalignments wreaking havoc on your daily movements and life. Empower yourself with the wisdom of your body's natural design. Break free from old patterns and step into a thriving life with our three-part series. Each class merges insightful learning with practical exercises to reduce stress, enhance well-being, and achieve optimal health. Unleash your potential in a journey toward vibrant living.

Align	1/10, 1/17,	1/24	W		6:30-8p	Rm E	\$80
Renew	2/21, 2/28,	3/6	W		6:30-8p	Rm E	\$80
Thrive	3/13, 3/20,	3/27	W		6:30-8p	Rm E	\$80
Align/Re	new/Thrive	1/1	0-3/27	W	6:30-8p	Rm E	\$200

DAY TRIPS

Cottage Grove Theater for the Holidays- Full

Please call to put yourself on the waitlist.

12/8 F 4:30-11p \$69

Holiday Lunch @ Heceta - Full

Please call to put yourself on the waitlist.

12/13 W 9:30a-4:30p \$109 12/14 Th 9:30a-4:30p \$109

Special Event: Holiday Afternoon Tea

Today is about getting into the holiday spirit. We begin with a holiday afternoon tea where you will enjoy an assortment of teas, finger sandwiches, assorted treats and fresh fruit. The Greater Eugene Chorus will then take us on a holiday musical journey so prepare for a magical time. Your cost includes: a holiday afternoon tea and songs that will surely get you into the holiday mood. Held at River Road Park.

12/17 Su 2-3:30p

\$15 in advance. \$20 at the door if space is available.

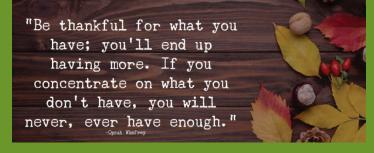
Grub Club ~ Barger Grill & Taphouse

Every month we get together to enjoy a hot, new food spot. We're the "grub club". If you like to try new restaurants and are an adventurous eater then this is the group for you. Your cost includes transportation and lunch.

12/28 Th 11:30-2:30p \$35









STAFF SPOTLIGHT



Congratulations Jim Phillips on receiving the OPRA Award for Maintenance and Operations in Aquatics 2023. Jim received the award in Portland in front of colleagues and friends. Cheers to Jim and his amazing crew of Jacob Braun, Ron Jacobson, Mike Spencer, and Patrick Stack. Great Job!

Thank you to our partners for supporting River Road Park District









