

River Road Park & Recreation District



Summer
2026

Camps
Page 11

General Information



Business Office

1400 Lake Dr., Eugene, OR 97404 541-688-4052
M-F 8a-6p

Aquatic/Fitness Facility

1400 Lake Dr., Eugene, OR 97404 541-461-7777
Spring M-F 5a-8:30p Sa 6a-3p
Summer M-F 5a-9p Sa 6a-3p

River Road Annex

1055 River Rd., Eugene, OR 97404

Gymnastics Facility

30043 Leghorn Rd., Eugene, OR 97402 541-688-8955
Weekdays: Closed from 12-1p
M-Th 10a-6p
F 10a-5p

Registration Dates *Summer* 2026

SWIM LESSONS

Please see page 10 for details.

WATER EX

Re-enrollment 6/1 & 6/2
New enrollment 6/3
Registration will be in the main office between 8a-6p.

FITNESS/RECREATION CLASSES

Re-enrollment 6/15 & 6/16
New enrollment 6/17

DAY TRIPS

In District	5/7	Walk-in 10a	Phone-in 1p
Out of District	5/8	Walk-in 10a	Phone-in 1p

YOUTH PROGRAMS/GYMNASTICS

You may enroll at any time.

Registration

Log In
Register
Pay

How do I register for classes?

BY PHONE OR WALK IN

Business office hours are M-F, 8a-6p. After hours payments can be made at the aquatics reception desk. Please call the gym to sign up for gymnastics.

ONLINE – WWW.RRPARK.ORG

You can register 24-hours a day, seven days a week. Just visit rrpark.org to register using a credit card. **Note: Not all programs are eligible for online registration.**

HOW DO I CREATE MY ONLINE ACCOUNT?

Go to rrpark.org and click menu then the login/register/pay account button and choose the “Create a RRPRD account” link in the upper left hand corner. Complete the short form. List the primary account holder first, and then add any additional account members. Click “Save & Close.”

Registration Policies

Registration is accepted on a first-come, first-served basis. **You are not registered until fees are paid.** The District reserves the right to cancel classes when minimum enrollment has not been met. If a class is filled, your name will be put on a waiting list. Additional classes will be formed if instructors and rooms are available. We accept Visa, MasterCard, Discover, & American Express. To receive In District pricing, proof of residency is required. A current valid driver’s license may be used for verification.

REFUNDS AND CREDITS

Refunds will not be issued after the second meeting of any multi-class program or activity. Refunds will be paid by original form of payment (except cash). Please allow one week to receive your refund. A \$5 processing fee will be deducted. Credits can be issued in lieu of refunds and can be applied to any class or activity. Classes cancelled due to inclement weather may be rescheduled only if space and time allow or will be refunded to your account.

Facility Closures

5/25	Holiday
6/19	Holiday
7/3 & 7/4	Holiday
9/7	Holiday

What is In District or Out of District?

In District: (ID) You pay property taxes to the Park District.

Out of District: (OD) You pay property taxes to the city or county.

If you are not sure whether you are 'in' or 'out', call us and we can check for you.

Do you want a program mailed to you?

We want you to have access to all the fun programs, activities, and events that we provide, but we also don't want to bombard your mailbox. Those that are In District will automatically receive a physical copy of this Program Guide. If you are Out of District and would like to receive a free copy in the future, please follow the link or QR code to fill out a quick form so we know where to send it! <https://bit.ly/44tNKxt>. You only need to do this one time.



Admission

SILVER & FIT / RENEW ACTIVE / ACTIVE & FIT / ONE PASS

If your insurance company offers Silver & Fit, Renew Active, Active & Fit or One Pass, you can take a variety of classes and enjoy the park amenities (listed below) at no additional cost to you. To get started, go to the main office with your insurance information to get a fob pass. Please check in and scan your fob each time as you enter the facility. **One pre-registered fitness or water exercise class will receive a 75% discount per session.**

- | | | | |
|----------------|--------------|-------------------------|---------------------------|
| Fitness Center | Lap Swim | Sauna and Hot Tubs | Belly Dancing |
| Pickleball | Body Shop AM | Dance Fitness | Individual Water Exercise |
| Step'n Out | Body Shop PM | Tai Chi for Body & Mind | |

LAND FITNESS/AQUATICS FOB PASS/MEMBERSHIP

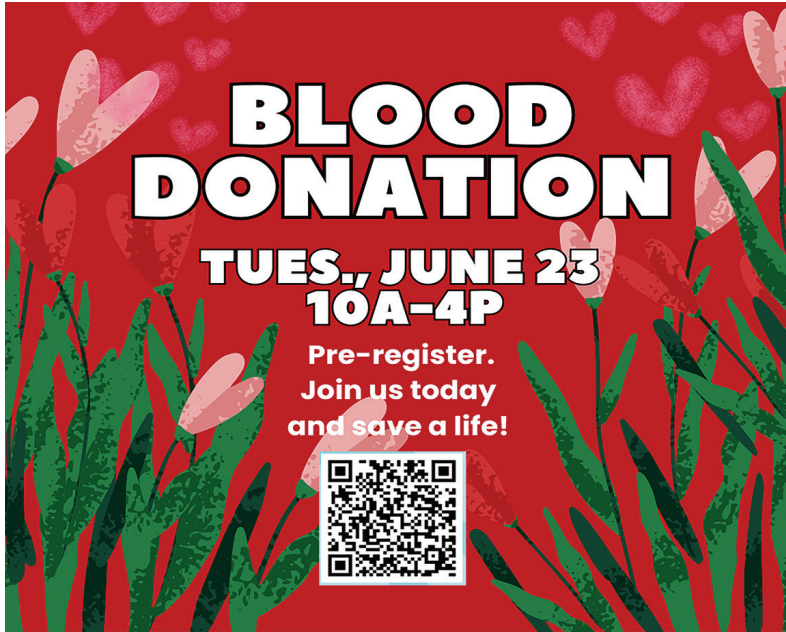
If you have a fob pass or membership, you can also enjoy a variety of classes (listed above) and the park amenities at no additional cost to you. See the chart below for pricing. Purchase your fob pass/membership at the main office or the pool reception desk. Pool is not always available during fitness center hours. Please refer to the pool schedule.

	Single Entry	10 Visit Pass		1 Mo. Membership		3 Mo. Membership	
Age		ID	OD	ID	OD	ID	OD
Under 3	Free						
3-17	\$4	\$29	\$36	\$36	\$45	\$86	\$108
18-54	\$8	\$51	\$64	\$64	\$80	\$154	\$192
55+	\$6	\$38	\$48	\$48	\$60	\$115	\$144
Family	\$14	n/a	n/a	\$144	\$180	\$360	\$450
Shower	\$2						

REGISTERED PROGRAMS/CLASSES


We also offer programs and classes that have specific fees. These fees will be listed in the description of the program/class. You need to register and pay for these prior to attending.

Special Events



BLOOD DONATION
TUES., JUNE 23
10A-4P

Pre-register.
 Join us today
 and save a life!




PARKING LOT SALE

WANT A SPACE?
 REGISTRATION
 7/13 AT 10A
 \$40

SEPTEMBER
13
 9A-3P



THURSDAYS IN THE PARK

EMERALD PARK SUMMER CONCERT SERIES

BRING A BLANKET, GRAB A BITE, & CATCH A BEAT!

Featuring rotating local eats and free live music
Food Trucks open: 5:30 | Music: 6:30-8:00

25 **DUBIUS RUBES**
 June *Classic Rock*

2 **INNER LIMITS**
 July *Rock & Funk*

9 **BAD REPUTATION**
 July *Country Rock*

16 **LEO'S JAMMERS**
 July *Dixieland Jazz*

23 **THE LLOYD TOLBERT BAND**
 July *Blues*

30 **JOHN SHIPE & FRIENDS**
 July *Pacific Northwest Americana*

6 **SKIP JONES & THE SPIRIT OF NEW ORLEANS**
 August *Piano BoogieWoogie*

13 **PENDLETON HIGHWAY**
 August *Country Rock*



BROUGHT TO YOU BY:



Visit our website to see the weekly food truck lineups and any last-minute band updates.

RRPARK.ORG | 541-688-4052 | 1400 LAKE DRIVE

GOLDEN Connections

♥ Sat., Sept. 19

6:30-8:30p

\$20 per person



Friendship or romance?
The choice is yours.
Meet other adults in a fun,
low-pressure, double date setting.

Bring a friend or get assigned a friend to
move through the room with, a double date.
Enjoy a series of quick, timed
conversations- designed to spark
connections without the awkwardness.

Come ready to mingle—you never know
who you might meet!
Your cost includes: speed dating,
refreshments and food.

RSVP 541-688-4052
1400 Lake Drive



PUZZLED!

Join us for **Puzzled**, a fast-paced
jigsaw competition for all skill
levels! Compete **solo or in pairs** to
finish 100–500 piece puzzles in
timed elimination rounds.
Have fun, test your skills, and connect
with fellow puzzlers!

\$20/Team
\$10/Individual

SUNDAY, JUNE 7

1:00-4:00pm

**Don't forget to bring a puzzle and take a
puzzle at our free puzzle exchange table!**

RIVER ROAD PARK AND RECREATION | 1400 LAKE DRIVE | 541-688-4052

ANNUAL 55+ BBQ 9/9 @ 4P

WE PROVIDE THE MAIN DISH.

YOU BRING A SIDE.

FREE

**JAMES D. LOCKARD SHELTER
FOR MORE INFO- PAGE 28.**

Travel the World



Presentations~

Fall Getaway to Victoria
6/4, Thursday @ 1-2p

Exploring Greece & Its Islands
8/27, Thursday @ 12:30p

Plains of Africa
8/27, Thursday @ 1:30p



Holiday Bazaar Vendor Registration

9/8 Tu 10a \$50

The Holiday Bazaar will be on 12/5.

**FREE
COMMUNITY
SUMMER
CONCERTS**

LIVE FROM EMERALD PARK!

**JULY 19TH, 2026
THE SUGAR
BEETS
4-6PM**

**AUGUST 9TH, 2026
SATIN LOVE
ORCHESTRA
4-7PM**



1400 LAKE DRIVE | RRPARK.ORG | 541-688-4052

Wading Pool

Open to the general public 6/22/26

Monday-Saturday

1-2p 2:15-3:15p 3:30-4:30p

\$3 ID \$4 OD per person

Must be under 46 inches tall.

1 Pass may be used - all guidelines apply

**Rent our wading pool for
your own private party on Sundays!**

Reservations will begin May 18, 2026

1-2p 2:15-3:15p 3:30-4:30p

\$200/hr.



Contact Micah to reserve.

541-461-7777 ext. 230

Micahc@rrpark.org

Aquatics/Fitness Center Info

Pool & Fitness Center Reception Hours

M-F 5a-9p
Sa 6a-3p

Pool | Fitness | Spa Closures

6/3 Staff Training Early Closure
6/19 Holiday
7/3-4 Holiday
8/29-9/26 Annual maintenance

FACILITY USE

- General admission and passes include use of the pool (when available), fitness center, spas & sauna.
- If you have a pass, please check in with the pool cashier and scan your fob before entering the facility.
- The pool is not always available during fitness center hours. Please refer to the pool schedule at rrpark.org.
- Swimmers must supply their own suit and towel.
- Street shoes are not permitted on pool deck.
- Shower thoroughly before entering pool/spa/sauna.
- Swimming attire must be modest: Revealing swimwear, such as thongs or see through suits may not be worn.
- Patrons must be 16 years of age to use the spas and sauna.
- Youth under the age of 16 years of age must be accompanied and directly supervised by an adult during any non-rec swim programs.
- Adults must accompany, in the water, any non-swimmer under 46" tall. Guardians are not allowed to take non-swimmers into the deep end.
- Coast Guard Type II or III approved life jackets are only permitted under direct adult supervision in the shallow end.
- Floatation devices such as water wings, floatation rings, buoyancy swimsuits, inflatable toys, or mermaid flippers are not permitted.
- Youth under the age of 16 may not use the Fitness Center, 16-17 year olds must be accompanied by an adult over 18.
- Only water in non-breakable containers are allowed in the pool/fitness area/spas/sauna.
- Individuals under the influence of alcohol and/or drugs and those with disrespectful behavior will not be permitted to use the facility.
- We encourage a friendly environment; therefore, profanity, vulgar remarks or disrespectful comments will result in the expulsion from the facility.
- All guests must exit the building within 15 minutes of the last pool/fitness program.

AQUATIC ACTIVITIES

Lap Swims / Individual Water Exercise June 15 - Aug 28

Lap swimming is available to individuals 16 years of age or older. At least 4 lanes (M-F) or 3 lanes (Sat) are available for lap swimming. Please check with the pool cashier for pool updates to the facility schedule.

MWF	5-6a	7-8a	12-1:15p	8-9p
TTh	5-8a		12-1:15p	8-9p
Sa	6-10a		12-1:30p	

Family Swim June 20 - Aug 28

Time for children, parents or guardians to enjoy the pool together. Youth 16 years and younger MUST be accompanied by an adult over 18 years of age in the water. (Limit of 2 children per adult)

F	6:30-7:30p	Sa	9-10a
---	------------	----	-------

Recreation Swim June 15 - Aug 28

Open to individuals of all ages. Children under 46" tall MUST be accompanied in the water by an adult over 18 years of age.

M-F	2:30-4p	F	7:30-9p
Sa	1:30-3p		

Summer Day Camp Swim June 15 - Aug 28

Lap pool closed to public; River Road Summer Campers will have an opportunity to play in the pool.

M-F	1:15-2:15p
-----	------------



SWIM LESSON INSTRUCTOR TRAINING

Do you love water and kids? Put those two together and you could teach swimming lessons. Let us teach you the skills needed to be an effective swimming lesson instructor.

Our in-house program is based off the guidelines of the American Red Cross Water Safety Instructor Course. We teach you to correctly introduce basic skills, water safety, and swimming skills necessary for years of enjoyment in and around the water.

Requirements: must be age 15 or older at completion of course, swim 25yds front crawl, back crawl, breaststroke, elementary backstroke, tread water 1 minute, and dive from edge of pool.

June 13-14 10am-4pm & June 15-17 6-8pm

All dates and times are required.

To register, stop at the pool front counter or ask for Renee Duncan, Aquatic Director.

Water Exercise

541-461-7777 • www.rrpark.org

Margaret McKenney | margaretm@rrpark.org

WATER EXERCISE



Class Information

- If a class is full, you will be added to a waitlist.
- Class instruction time is 55 minutes.
- Everyone enrolled in a scheduled shallow water exercise class, MUST be comfortable in waist deep to mid-chest deep water, and can enter, stand in and exit from the pool area with minimal assistance.
- Everyone enrolled in a scheduled deep-water exercise class, MUST be comfortable in water too deep to stand up in (5 feet to 12 feet), as well as demonstrate the ability to wear appropriate deep water floatation equipment and stay upright comfortably in water too deep to stand in.

Motivated Seniors - Deep & Shallow Combo

This moderately paced exercise program combines both deep and shallow water exercises to enhance flexibility, build strength and gain endurance.

MWF 10-11a
Adult: \$157 ID/\$196 OD Senior: \$142 ID/\$177 OD

EZ Deep Aqua

Designed for semi-active adults, who are comfortable in deeper water. Aerobic conditioning is designed to build cardio and muscle endurance, range of motion, along with flexibility.

MWF 11a-12p
Adult: \$157 ID/\$196 OD Senior: \$142 ID/\$177 OD

Innovative Power

Powerful, low impact moves provide dimensions to your workout, all while moving in the shallow water. Exercises will also focus on enhancing flexibility, range of motion, muscle strength, and toning.

MWF 9:15-10:15a
Adult: \$157 ID/\$196 OD Senior: \$142 ID/\$177 OD
TuTh 9-10a
Adult: \$112 ID/\$140 OD Senior: \$101 ID/\$126 OD

S.M.I.L.E. - Slower Moves, Impact Lowered Exercise

Designed for semi-mobile adults, a "return to basics" exercise routine, includes gentle movements that target range of motion, balance, flexibility and comfort.

MWF 10:45-11:30a
Adult: \$121 ID/\$151 OD Senior: \$101 ID/\$126 OD
TuTh 11-11:45a
Adult: \$84 ID/\$105 OD Senior: \$86 ID/\$95 OD

Registration Information

6/22 – 8/28 *No classes F 6/19 class fee is prorated.

Please read the descriptions carefully so you register for the correct class.

All participants wanting to attend scheduled water fitness classes must be enrolled in a class first. Registration will be in the main office between 8a-6p, on designated dates:

Re-Enrollment: 6/1 & 2 ONLY for those currently enrolled.

New Enrollment: 6/3 for participants not currently enrolled in classes.

Deeply Fit

Moderate to active individuals; running/jogging, traveling, and power moves guarantee your body a great workout. Designed to enhance cardio endurance, flexibility, range of motion, muscle strength and toning.

MWF 6-7a | 8-9a
Adult: \$157 ID/\$196 OD Senior: \$142 ID/\$177 OD
TuTh 8:30-9:30a
Adult: \$112 ID/\$140 OD Senior: \$101 ID/\$126 OD

Aquabilities

Moderate activity with aerobic conditioning designed for a great workout in the deep water. Exercises will also focus on enhancing flexibility, range of motion, muscle strength and toning.

MWF 9-10a
Adult: \$157 ID/\$196 OD Senior: \$142 ID/\$177 OD
TuTh 9:30-10:30a | 11a-12p
MW 6:30-7:30p
Adult: \$112 ID/\$140 OD Senior: \$101 ID/\$126 OD

Youth Aquatics

541-461-7777 • www.rrpark.org

Leia Matern, Head Coach | leiam@rrpark.org

LEARN TO SWIM

Program Information

Please check our website at rrpark.org/swim-lessons for the most current times classes will be offered or contact Margaret M. at 541-461-7777 for more information.

Session Dates and Fees

Lesson Sessions MTW 3wks 9 classes between 6-8p.

Session 1	6/22 – 7/8	\$54 ID/\$63 OD
Session 2	7/13 – 7/29	\$54 ID/\$63 OD
Session 3	8/3 – 8/19	\$54 ID/\$63 OD

Registration Information

Walk-ins will have priority over online registration. After the walk-in registration is complete, then our on-line registration will open at 5pm for both In District and Out of District participants. If you have questions about setting up your account, call 541-688-4052.

RIVER ROAD SWIM TEAM

To join the River Road Swim Team, your swimmer will need to be able to swim two of the four competitive strokes (typically freestyle and backstroke) unassisted for at least two lengths of the pool (50 yds). The swimmer's skill level and ability will be assessed by the coaching staff during a scheduled tryout. Please contact Leia Matern at 541-461-7777 or leiam@rrpark.org to schedule tryouts.

Swimmers of all abilities will compete against others of their own age/gender. All swimmers are required to be registered with Oregon and USA Swimming. Visit the RRST website for more information, www.rrpark.org/team-unify. June fees are prorated.

Junior Otters

Ages 6-12. Instruction covers stroke mechanics, competitive starts, turns, and relay exchanges.

6/15-8/28 MWF 4-5p
\$150 for the summer or \$60 monthly

Intermediate Group

Ages 8-13+. Placement is done after a skill assessment by the coaching staff. Ongoing emphasis on stroke mechanics for all four competitive strokes, endurance, and teamwork will be the highlights of this group.

6/15-8/28 M-F 4:30-6p
\$187.50 for the summer or \$75 monthly

Senior Group

Prerequisite: swimmers must be proficient in all four competitive strokes, turns and starts (as defined by USA Swimming rules).

This group will focus on endurance, through structured workouts both on land and in the water. Teamwork is a major focus of the Senior Group.

6/15-8/28 M-F 4:30-6p
\$250 for the summer or \$100 monthly

Swim Lesson Registration Dates

Sessions & Dates			Walk In		Online
			ID	OD	
1	Th	6/18	4p	4:30p	5p
2	F	7/10	4p	4:30p	5p
3	F	7/31	4p	4:30p	5p

**** Please be considerate! If your child does not attend school or day care due to illness, they should not attend lessons.**



Hidden Gem KAYAKING TRIPS

JOIN US AS WE TOUR THE BEAUTIFUL
LAKES AND RESERVOIRS OF OREGON!

WOAHINK LAKE SU 6/28 8:30A-6P \$145

CLEAR LAKE SU 7/26 8:30A-6P \$145

WALDO LAKE SU 8/23 8:30A-6P \$145

CLEAWOX LAKE SU 9/13 8:30A-6P \$145

Ages 14+. Join us as we tour the beautiful lakes and reservoirs of Oregon! Whether you're mastering the basics of kayaking or honing your paddling technique, our program provides a supportive environment for adventurers of all levels. Discover the hidden gems of local waterways through our guided tours.

The registration deadline is the Wednesday before each trip. Trips are weather permitting and return times are estimates. Your cost includes kayak and paddle rental, PFD (personal floatation device), launch fees and transportation. Please bring snacks or a sack lunch, a water bottle (non-breakable), sunglasses/hat, towel, change of dry clothes and sunscreen. Please plan on arriving 10-15 minutes early at 1400 Lake Dr.

ADVENTURE AWAITS!



2026 SUMMER CAMP

Get ready to join us for a summer filled with fun, learning, and exploration!

**CAMPS
RUN FROM
6/22-8/28**

**GRADES
K-9**

Camp Spark (Kindergarteners)

Little ones will enjoy weeks full of fun crafts, engaging activities, and daily swims whenever the wading pool is open.

Camp Seeker (Grades 1-3)

Young adventurers will take over the park with games, creative activities, and exciting field trips to the zoo, aquarium, and more!

Camp Rambler (Grades 4-6):

Campers will explore the great outdoors with hikes, park hopping, and larger field trips that combine adventure and fun.

Camp Odyssey (Grades 7-9)

Teens will be on the move all day, meeting at the park before heading out for swimming, hiking, rafting, and a variety of thrilling adventures.



Registration Information



In-District registration begins **April 13th** and Out-of-District will follow on **April 14th**.



Scan the **QR code** to visit our website for **full camp dates and descriptions**.



Financial Assistance

Limited **camp scholarships** are made possible by the **Children's Legacy Foundation Network**. Visit our website for more details.

rrpark.org/summer-camp-2026 | 541-688-4052

Youth Camps

YOUTH SPORTS

Tee-Ball Clinic

Ages 4-7. This clinic introduces kids to the fundamentals of baseball through fun, engaging tee ball activities. Participants will learn essential skills such as hitting, fielding, and base running. Each child should bring their own fielder's glove.

5/4-8	MWF	4:30-5:30p	\$70 OD/\$56 ID
5/11-15	MWF	4:30-5:30p	\$70 OD/\$56 ID

Mini Hoopers

Ages 6-10. Not just mini hoopers, but mini hoops. Kids will work on shooting, dribbling, and passing fundamentals in a fun filled environment.

5/18-22	MWF	4:30-5:30p	\$70 OD/\$56 ID
5/26-29	TuWF	4:30-5:30p	\$70 OD/\$56 ID

Beginning Boarders

Ages 9-14. This beginner-friendly skateboarding class is perfect for kids who want to learn the fundamentals of skateboarding in a fun and supportive environment. Participants will practice balance, coordination, basic riding skills, and beginner level tricks, all while building confidence on their boards. Please bring your own skateboard and safety equipment. Instructor: Matt Soto.

5/2-6/13	Sa	12-2p	\$70 OD/\$56 ID
----------	----	-------	-----------------

LEGO CAMPS

Venture, Build, and Battle!

Ages 5-12. Unleash your inner Master Builder in our hands-on LEGO® Engineering camps. From crafting tools to stop the Ender Dragon to catching 'em all to become a Pokémon Master, our Play-Well instructors help you build, rescue, and create. Whether you're mastering mechanical skills or building mystical shelters, every day is a new adventure in creativity.

6/22-26 | Minecraft Engineering using LEGO® Materials

Ages 5-8

6/29-7/2 | Minecraft Master Engineering with LEGO® Materials*

Ages 7-12

7/20-24 | Pokémon Engineering using LEGO® Materials

Ages 5-8

8/10-14 | Pokémon Master Engineering using LEGO® Materials

Ages 7-12

Camps run M-F | 2-5p | See website for more details

*No camp 7/3 due to Holiday

Free Lunch (USDA Summer Food Program)

18 and under. Lunch will be served daily around noon at the park shelter. Food is provided and prepared by the federally subsidized USDA Summer Food Program and served on a first come first served basis. Menu items will be posted at the park shelter.

Monday, June 23 - Friday, August 22

CAMP SPARK

Play, Discover, Grow!

Entering kindergarten. Let your little one's imagination soar in a safe, nurturing environment filled with games, songs, and new friends. Every week features a magical new theme, from building fairy homes and launching rockets to embarking on pirate voyages and underwater adventures. It's a summer of enchantment and exploration designed specifically for our youngest campers.

6/22-26 | Festival of Fairies

6/29-7/2 | Great Gardeners*

7/6-10 | Chef Kids

7/13-17 | Critters and Creatures

7/20-24 | Astronauts & Asteroids

7/27-31 | Pass the Torch

8/3-7 | Crime Fighting Kids

8/10-14 | Party Like A Pirate

8/17-21 | Underwater Adventures

8/24-28 | Dessert Days

Weekly camps run M-F | 9a-1pm | See website for more details

*No camp 7/3 due to Holiday

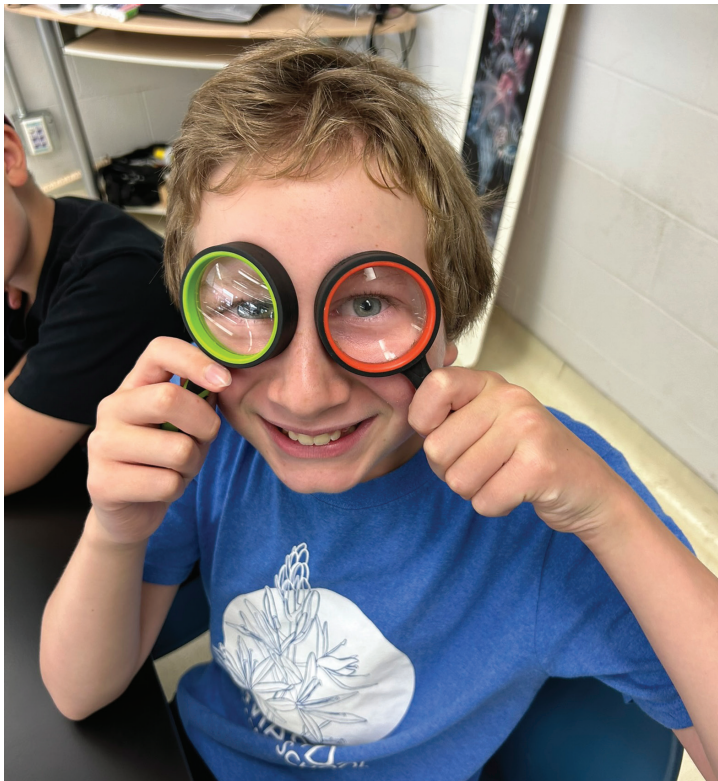


Facility Closures

5/25	Holiday
6/19	Holiday
7/3 & 7/4	Holiday
9/7	Holiday

541-688-4052 • www.rrpark.org

Keenan Hamilton | Keenanh@rrpark.org



CAMP RAMBLER

Go Further, Explore More!

Grades 4-6. This is the ultimate summer destination for older explorers ready to take their adventures to the next level. Every week is packed with discovery. Campers will dive into hands-on science at OMSI, encounter wildlife at the Oregon Zoo, showcase their skills in our end-of-summer talent show, and more!. Whether you're mastering outdoor survival skills or making a splash at the pool, it's a summer of action, friendship, and unforgettable excursions. Campers can be dropped off as early as 7:30 am and picked up as late as 5:30 pm. **Main camp activities are from 9am-4pm.**

6/22-26 | Summer Fun (Spencer's Butte Hike!)

6/29-7/2 | Hip Hop Holiday*

7/6-10 | Animal Mania (Zoo Trip!)

7/13-17 | The Great Outdoors

7/20-24 | Beach Blast (Florence Trip!)

8/3-7 | Slice It Up (Papa's Pizza Tour!)

8/10-14 | Mad Scientist (OMSI Trip!)

8/17-21 | Show Stopper

8/24-28 | Final Countdown

Weekly camps run M-F | See website for more details

*No camp 7/3 due to Holiday

CAMP SEEKER

Adventure Awaits Everyday!

Grades 1-3. Dive into a world of high-energy fun featuring daily swimming, creative hands-on crafts, and thrilling themed activities. Whether you're exploring the cosmos, training like a superhero, or making a splash during our wacky water weeks, every day is a new opportunity to discover, play, and make lifelong friends. Grab your swimsuit and get ready for the best summer ever! Campers can be dropped off as early as 7:30 am and picked up as late as 5:30 pm. **Main camp activities are from 9am-4pm.**

6/22-26 | Summertime Adventures

6/29-7/2 | Holiday Happenings*

7/6-10 | Rumble In The Jungle (Zoo Trip!)

7/13-17 | Kitchen Creations

7/20-24 | Creative Kids

7/27-31 | Space Explorers

8/3-7 | Wacky Water Fun

8/10-14 | Slimy Solutions (OMSI Trip!)

8/17-21 | Jammin' Beats

8/24-28 | Final Countdown

Weekly camps run M-F | See website for more details

*No camp 7/3 due to Holiday

CAMP ODYSSEY

Every Day is an Adventure!

Entering grades 7-9. This is the ultimate summer experience for teens ready to explore. Every week brings a new thrill and the chance to make lifelong friends. Please send your camper each day with a backpack, lunch, water bottle, and a swimsuit and towel. While we have scheduled swim every Wednesday of the week, we also have additional water activities and field trips planned, so every day is an adventure! **Please arrive close to the start of the camp day, as activities begin promptly.**

6/22-25 | Arcade Adventure

6/29-7/2 | Wicked Waves

7/6-9 | World of Wildlife

7/13-16 | Great Outdoors

7/20-23 | High Flyers

7/27-30 | Weird Science

8/3-6 | At The Beach

8/10-13 | Defying Gravity

8/17-20 | Out Of This World

8/24-27 | Xtreme Sports

Weekly camps run M-Th | Each week has a few different field trips. Adventure start times vary, visit our website for the full itinerary.

Youth School Info

541-688-4052 • www.rrpark.org
Keenan Hamilton | Keenanh@rrpark.org

2026/27 SCHOOL YEAR

- **Registration is now open.**
- There is a non-refundable \$50 annual registration/supply fee for early education and After School Adventure Program.
- The State of Oregon Health Department requires current immunization records for each child before the first day of attendance.
- Monthly fees for all children's programs are averaged for the year and include some holidays and some "no school" days.

Playschool

Age 2. Must be 2 by September 1st. **NO AGE EXCEPTIONS.** Our program enhances their physical, social, mental, and emotional well-being and helps children who will be away from their parents for the first time. Activities include, but are not limited to, arts, crafts, songs, stories, dramatic play, and large muscle play. Please dress your child in play clothes. Instructor: Geanna Hall

9/14	MW	9-11a	\$128 ID/\$160 OD/Month
9/15	TuTh	9-11a	\$128 ID/\$160 OD/Month

Preschool

Age 3. Must be 3 by September 1st and fully toilet trained (no pull ups please). **NO AGE EXCEPTIONS.** Children learn to work and play as part of a group. Making friends, learning to take turns, listening, and expressing feelings in acceptable ways will make them feel good about themselves while in "school." Our activities include songs, games, arts and crafts, cooking, musical instruments, and dramatic play along with active and quiet times. Instructors: Ceci O'Brien, Laurena Matava, and Kyle Liljeberg.

9/15	TuTh	8:30-11a	\$210 ID/\$262 OD/Month
------	------	----------	-------------------------

Prekindergarten

Ages 4-5. Must be age 4 as of September 1st and fully toilet trained- no pull ups please! **NO AGE EXCEPTIONS.** Children will prepare for kindergarten by focusing on learning colors, shapes, the alphabet, and numbers (counting, forms, comparisons, and sets). Games, music, arts, crafts, and cooking activities encourage large and small motor control development and provide an opportunity to improve social skills and develop positive self-image. Instructors: Ceci O'Brien, Laurena Matava, and Kyle Liljeberg. If classes are full, please put your child on a waiting list.

9/14	MWF	8:30a-12:30p	\$270ID/\$335 OD/Month
------	-----	--------------	------------------------

Early Education Open House | September 3

This event is for anyone interested in our program as well as currently enrolled families. Come meet our incredible teachers and get all your questions answered!

- Playschool meets in our Modular Building, located outside by the basketball court
- Preschool and Pre-Kindergarten meet inside our main building in room A/B.

11-11:30a Playschool MW	11-11:30a Preschool
12-12:30p Playschool TuTh	12-12:30p Pre-Kindergarten

A.S.A.P - After School Adventure Program

Grades K-5. A.S.A.P. is an extended care program for children with working parents. Certified drivers safely transport students in park district vans from their school to River Road Park, where they will enjoy a variety of recreational activities promoting self-esteem, social skills, and healthy use of leisure time.

We are certified by the USDA snack program. The program operates after school and on most scheduled no-school days.

- Program hours run until 6:00p
- Tuition is averaged over a 9-month period (does not include Winter or Spring break)
- **Schools served: Howard, River Road / El Camino del Rio, Spring Creek, Yujin Gakuen, and Awbrey Park.**
- For information, call the park office at 541-688-4052.
- Refer to the 4J School District calendar for program dates

2026/27 ASAP Fees

In District	Out of District
\$316/month	\$395/month
Sibling discount rate for each additional child	
\$296/month	\$375/month
\$50 non-refundable supply fee due at registration.	
December, March and June will be pro-rated.	
Winter/Spring Break Camps will be offered for a separate fee.	

Rise Clubs

Grades 6-8. Join us after school for a fun, creative, and social club experience designed just for middle schoolers! Each week features themed club days where students can explore new interests, build skills, and connect with friends in a welcoming environment.

Mondays: Magic the Gathering (4-6p)

Tuesdays: Art Club (4-6p)

Wednesdays: Dungeons & Dragons (3-6p)

Programs are open to all middle school students, with experienced staff leading engaging and age-appropriate activities each day. Programs run October 5 through Memorial Day. Registration is offered as a punch pass membership.

5 Punch Pass- \$50
15 Punch Pass- \$135
30 Punch Pass- \$250

SCHOOL'S OUT CARNIVAL!

Emerald Park | Friday, June 12th | 2-5p

**Let's celebrate, it's summer!
Join us for carnival games, bounce houses,
prizes, food, and fun for the whole family.**

YOUTH TICKET | \$6

Game Bracelet, Hotdog, Chips, & Drink

ADULT TICKET | \$3

Hotdog, Chips, & Drink

Purchase your tickets day-of, or skip the line and get them ahead of time at the River Road Park and Recreation District's main office starting June 5th.

SUMMER FUN BROUGHT TO YOU BY:



Gymnastics

Gymnastics Center Office

541-688-8955
30043 Leghorn Rd.
(Prairie Road & Leghorn)

Weekdays: Closed from 12-1p
M-Th: 10a-6p
Friday: 10a-5p
Saturday: 8:30a-12:30p

Come support us by buying a meal at the Satin Love concert on August 9!

About the Facility

The gymnastics center, home of Gymnastics Northwest, has all Olympic apparatus and professional coaches to provide a complete, safe, and well-designed program.

- All classes run on a monthly basis and are ongoing.
- Gymnasts can be tested into any skill level with the approval of the head coach. For more information on skill level placement, ask for Julie at 541-688-8955.
- No refunds or credits for absenteeism.
- Tuition is due the first business day of every month, payable to River Road Park Gymnastics, online or by calling 541-688-8955 and paying with a credit card.



Preschool Open Gym

Ages walking-5. Bring your child to the ultimate play-group. Children will enjoy healthy activities on our tumbling and in-ground trampolines, bars, rings, beams, and fun shaped mats. Adults must accompany their children with a maximum of 2 children per adult.

On-going W 10a-12p \$6/child

Super Summer Gymnastics Camp

Ages 6-12. Open to children of all skill levels, these camps promise a full range of exposure to gymnastics and serious FUN. Skills will be taught on all gymnastics apparatus under the supervision of our coaching staff. Parents and friends are treated to a week-ending performance featuring all campers. Please wear comfortable exercise clothing.

Session 1	6/22-26
Session 2	7/20-24
Session 3	8/17-21
M-F 9a-1p	\$135 ID/\$150 OD per session

Private Lessons

Instruction is available at any skill level on an individual basis. For details call the gym office at 541-688-8955.

\$50 - 1 hour \$40 - 3/4 hour - \$25 - 1/2 hour

Birthday Parties

Celebrate your birthday at our Gymnastics Center! Try a fun alternative to a traditional party for your child. Gymnastics parties include: 1 hour of supervised fun and games on the spring floor, bars, climbing net, tumble trak, trampoline and more plus 30 minutes for opening presents, and refreshments, provided by parents. Call to reserve.

\$135 (up to 10 children)

Saturday or Sunday only. Extra .5 hour available for \$35.
On-going Sa 1:30-3p 3:30-5p
On-going Su 1-2:30p 3-4:30p



Fabulous Friday Open Gym

Ages 6-12. Practice your skills and have fun making new friends! Our gym is loaded with great equipment. Bring your friends for a funtastic time.

On-going F 7-8:30p \$6/child

Facility Closures

5/25	Holiday
6/19	Holiday
7/3 & 7/4	Holiday
9/7	Holiday

541-688-4052 • www.rrpark.org

Julie Eagen | Juliee@rrpark.org

***ALL CLASSES WITH AN ASTERISK REQUIRE COACHES CONSENT PRIOR TO SIGNING UP.**

Fees are paid monthly.

Mini Mites (Parent & Child) \$32 ID/\$40 OD

Ages 18-36 months. Enjoy interacting with your child through gymnastics. Developmental activities will give you plenty of hands-on time with your child while working with our instructor.

Tu	9:45-10:15a
Sa	9-9:30a

Caterpillars \$48 ID/\$60 OD

Age 3. Develops mind and body coordination, balance, flexibility and self-confidence. Beginning tumbling skills will be taught, as well as simple dance movements and creative games. Maximum 5 students per instructor.

Tu	10:30-11:15a
W	9-9:45a
Sa	10-10:45a

Fireflies \$48 ID/\$60 OD

Age 4-5. Builds a strong foundation in basic movement and locomotor skills as well as developing flexibility and coordination. Maximum 6 students per instructor.

M	4-4:45p
Tu	3-3:45p 4-4:45p 5-5:45p
W	3-3:45p 4-4:45p
Th	3:30-4:15p 4:30-5:15p 5:30-6:15p
Sa	9-9:45a 11-11:45a

Dragonflies* \$55 ID/\$68 OD

Ages 4-5. Continue building a strong foundation in basic movement and locomotor skills as well as flexibility and coordination. Maximum 6 students per instructor.

F	3:15-4:15p 4:30-5:30p
---	-------------------------

Hot Shots* \$76 ID/\$95 OD

Ages 5 & 6. Designed to prepare highly motivated girls for future placement on a competitive team. Workouts are centered around skill building, strength training, flexibility, and routine development. Entry to class is by taking Dragonflies and consent of instructor. Maximum 6 students per instructor.

MW	5-6:15p
----	---------

Boys: Gymninja \$55 ID/ \$68 OD

Ages 6-up. This class is designed for boys who want to be active with both gymnastics elements and ninja type activities. Emphasis will be on having fun while developing strength, flexibility, coordination and balance. Maximum 8 students per instructor.

Th	3:45-4:45p
Sa	9:45-10:45a 11a-12p

Girls: Level 1 \$55 ID/\$68 OD

Ages 6-up. Gymnasts will learn beginning skills on all events. Emphasis will be on skill combination, strength and flexibility. Students will learn rolls, positions, cartwheels, and other fundamentals on all the apparatus. Maximum 8 students per instructor. |

Tu	3:45-4:45p 5-6p 6:15-7:15p
W	2:30-3:30p 3:45-4:45p 5-6p 5:15-6:15p
Th	3:45-4:45p 5-6p 6:15-7:15p
F	3:45-4:45p
Sa	9:45-10:45a 11-12p

Girls: Level 2 \$64 ID/\$80 OD

Ages 6-up. Designed to increase strength and to teach advanced skills on all equipment. Class will be fast paced. Maximum 8 students per instructor.

M	3:45-5p 5:15-6:30p
W	2:30-3:45p 3:30-4:45p 6:15-7:30p
F	5-6:15p 5:45-7p

Girls Pre-Team* A & B

Ages 5-up. This pre-competitive girl's class provides a foundation for eventual team performances. Gymnasts will train advanced skills and combinations leading up to U.S.A.G. routines.

MW	A	5-6:45p	\$101 ID/\$126 OD
TuTh	B	3:30-5:30p	\$116 ID/\$144 OD

Girls Team: Level 3-10*

Ages 6-up. Gymnasts will be working on U.S.A.G. routines in order to prepare for their competitive season. Call for schedule.

Level 3-5	\$194 ID/\$216 OD
Level 7-10	\$267 ID/\$297 OD

Power Tumbling \$64 ID/\$80 OD

Ages 12-up. Basic to advanced tumbling skills for cross training, cheerleading, dance teams or just for fun. Acrobatic tricks will be emphasized including: forward & backward walkovers, hand springs, aerials, round offs, and back tucks. Maximum 8 students per instructor.

M	7-8:15p
---	---------



Adult Fitness

Fitness/Recreation Class Registration Dates

Summer Re-enrollment 6/15 & 6/16
New enrollment 6/17

FITNESS PASS CLASSES

Fitness Pass

Our Fitness Pass will allow you to participate in our Fitness Pass Classes listed in this section. The passes are good for all Summer Session classes listed below. Summer Session runs from June 29 through September 5. A current pass is required to attend classes.

Single entry drop-in: Adult \$8 Senior \$6

10 visit pass	Adult: \$51 ID/\$64 OD	Senior: \$38 ID/\$48 OD
1-month	Adult: \$64 ID/\$80 OD	Senior: \$48 ID/\$60 OD
3-month	Adult: \$154 ID/\$192 OD	Senior: \$115 ID/\$144 OD

Dance Fitness

For all fitness levels! Energize your workout with easy-to-follow dance and fitness moves. A mix of upbeat pop, Latin, R & B, and jazz music will make your workout fun! 1 to 2 lb. handheld weights (optional) can be used for several songs to enhance your workout. Instructor: Pamela Howells.

6/29-9/3 MWTh 5:30-6:30p (MW-MP, Th-Rm A/B)
Drop in \$8/Senior \$6

Step'n Out

Designed to promote the benefits of walking and a healthy lifestyle. We will begin and end at the River Road Baptist Church, 1105 River Rd. Eugene, OR 97404. Wear sturdy, comfortable walking shoes. We will walk, rain or shine. No leader for this program. Just meet up with other fun walkers and be ready to walk. Leave at 9a sharp.

Ongoing TuTh 8:45-9:45a Free

Body Shop

Join a personal trainer for 45 minutes of unique and challenging group exercise routines. Build strength and endurance, improve flexibility and mobility. All exercises can be adapted to your current level of fitness. Instructor: Jeff Hardisty, ACSM-CPT.

6/30-9/3	TuTh	6:30-7:15a	MP
6/30-9/3	TuTh	5-5:45p	MP

Drop in \$8/Senior \$6

Tai Chi for Body & Mind

Basics of Tai Chi movement and its philosophy through practicing the 42 combined form (the competition form), warm up and cool down exercises including medical qigong. The traditional Japanese and Chinese method will be taught for your body and mind. All levels welcome. Instructor: Dennis Soper.

7/10-9/4 F 10:45a-12p Rm C
Drop in \$8/Senior \$6

Belly Dance - Skills and Drills

This is an all level Tribal/Tribal Fusion class. Learn basic Tribal and Tribal Fusion movements inspired by Middle Eastern, North African, East Indian, and Flamenco cultures. Instructor: Candice Morgan.

7/2-9/3 Th 6-7p Rm C
Drop in \$8/Senior \$6

Pickleball

This racket sport is like badminton, tennis, and racquetball. It is a simple paddle game played using a special perforated slow-moving ball over a tennis-type net on a badminton sized court. Please scan-in each time you come to play. Check the website or lobby whiteboard for any other schedule changes.

6/30-9/3	TuTh	1-4p	MP
7/11-9/5	Sa	9:30a-2p	MP

*No Class: 7/4
Drop in \$8/Senior \$6

FITNESS CLASS - REGISTERED

Personal Fitness Training

Looking for one-on-one personal training? River Road Park and Recreation District offers highly effective personal training utilizing our fully equipped fitness center and MP exercise room. Our ACSM, NASM, or ACE certified personal trainers are committed to helping you achieve your health fitness goals. Each workout, including warm-up and cool down, takes approximately 50-60 minutes to complete and focuses on controlled strength, balance, and movements that increase flexibility, mobility, and agility. To set up your initial session, contact the District Office, 541-688-4052.

\$55 per session/\$150 3-Sessions/\$230 5-Sessions

*Does not qualify as Silver & Fit/Renew Active/One Pass class or Senior/ID discounts.

Fitness Center Orientation

This event will provide participants with a guided walk-through of our fitness center, including detailed demonstrations of cardio and strength training equipment. Instructor: Jeff Hardisty.

7/14 Tu 4-5p Fitness Center \$15

Latin Gold Dance Fusion

Latin Gold Dance Fusion is for all fitness levels. Come join the fun of this low impact, high energy class. Latin music is fused with pop music. You will have so much fun; you won't realize that you are exercising! Instructor: Elaine West.

6/29-9/4	MWF	8:30-9:30a	MP
----------	-----	------------	----

Adult: \$204 ID/\$255 OD Senior: \$184 ID/\$229 OD

Facility Closures

5/25	Holiday
6/19	Holiday
7/3 & 7/4	Holiday
9/7	Holiday

541-688-4052 • www.rrpark.org

Brian Breedlove | Brianb@rrpark.org

Step It Up

This step-based class (can be done with or without the step) will improve your cardiovascular fitness, muscular endurance, and balance, by incorporating weights, bands and balls with moves that are fun and easy to follow. Work at your own pace. Wear supportive shoes. Please note this class will be held outside on the basketball courts for most of the session. In case of bad weather, it will move indoors to the MP Room. Instructor: Alaina McCullugh.

6/29-9/4 MWF 9:45-10:45a MP/ParkingLot
Adult: \$204 ID/\$255 OD Senior: \$184 ID/\$229 OD

Fit & Flex

This fun class is focused on finding confidence in performing activities of daily living. Improve mobility strength, balance, flexibility and bone density with seated and standing exercise sequences. Class begins with a gentle warm up, then progresses to get your body moving with ease. Optional equipment such as weights, a small ball, and an exercise band enhance exercise sequences, helping to build strength and mobility for muscles and joints. Instructor: Jennifer Halse.

6/30-9/3 TuTh 11a-12p MP
Adult: \$136 ID/\$170 OD Senior: \$122 ID/\$153 OD

Fit & Balance

This great class is focused on finding confidence in performing activities of daily living, improving mobility and strength for independent living and quality of life. Exercise sequences are performed sitting in a chair and standing with a focus on improving mobility, strength, flexibility, bone density, and balance. We start class with a gentle warm up, then increase intensity with seated and standing exercises to get your body and moving. Instructor: Jennifer Halse.

6/29-9/2 MW 12:30-1:30p MP
Adult: \$136 ID/\$170 OD Senior: \$122 ID/\$153 OD

Body Sculpt & Stretch – Virtual availability

Put a smile on your face and stay confident, healthy, young, and agile while you sculpt, strengthen, and lengthen your body. This program includes functional movement, strength training, and mind-body exercise sequences designed to help balance any imbalances in your body. Exercises are performed standing, sitting in a chair, and on the floor using a mat. Instructor: Jennifer Halse.

7/10-9/4 F 12:30-1:30p MP
Adult: \$68 ID/\$85 OD Senior: \$61 ID/\$78 OD

BodyFit - Virtual availability

BodyFit is a dynamic, Pilates-inspired total body workout designed to strengthen your core and enhance overall flexibility. This low-impact class focuses on controlled movements, helping you build long, lean muscles while improving posture and balance. Perfect for all fitness levels, BodyFit leaves you feeling energized, aligned, and strong. Instructor: Jennifer Halse.

6/29-9/4 MWF 3:15-4:15p MP
Adult: \$204 ID/\$255 OD Senior: \$184 ID/\$229 OD

TAI CHI / QIGONG / TAE KWON DO

Chen Style Tai Chi

Learn and practice Chen Style: Old Fram Route #1. Silk reeling Qigong and Tai Chi pushing hands for partners. Warm up and cool down exercises including medical Qigong. All levels welcome. Instructor: Dennis Soper.

7/10-9/4 F 12:15-1:30p Rm C
Adult: \$84 ID/\$105 OD Senior: \$75 ID/\$94 OD

24-Form Yang Tai Chi

The 24-form Yang style is the most popular Tai Chi form in the world. It is an excellent beginner's form, easy to learn and a great introduction to basic Tai Chi principles. Along with warm-up, cool down, and medical Qigong, practicing this form can improve balance, flexibility, cardiopulmonary health, and mental and emotional well-being. Instructor: Dennis Soper.

6/30-9/3 TuTh 6-7p Rm D
Adult: \$136 ID/\$170 OD Senior: \$122 ID/\$153 OD

East Meets West: Tai Chi for Balance - Virtual availability

Combines movement, balance, strength, and awareness! Class blends alignment and breath work with variations on core and upper body exercises. This exercise program combines movement activities from evidence-based exercises or therapies aimed at promoting mental and physical health. Instructor: Denise Thomas.

6/29-9/4 MWF 2-3p MP
Adult: \$204 ID/\$255 OD Senior: \$184 ID/\$229 OD

Qigong and Internal Energy Work

This class will include movement sets and standing postures to help promote vitality and healing in your body. You will work on body alignments that allow chi to flow freely through meridians or energy channels. We will also practice internal work or Neigong, which focuses on more subtle internal movements and includes learning about and experiencing our own energy fields. This class meets twice a week and will allow more in-depth teaching and practice including Taoist methods of dissolving blockages inside and outside your body. Instructor: Sarah McMullen.

6/30-8/27 TuTh 1:30-2:30p Annex
Adult: \$114 ID/\$142 OD Senior: \$100 ID/\$128 OD

Qigong for Self-Healing

This class combines gentle movement, controlled breathing, and meditation to promote balance, healing, and vitality. In this course, students will learn how to tap into their body's natural energy (Chi) to enhance their physical, emotional, and mental well-being. The focus will be on self-healing techniques to alleviate stress, improve circulation, boost immune function, and restore harmony within the body. Instructor: Sarah McMullen.

7/2-8/27 Th 11a-12p Rm C
Adult: \$57 ID/\$71 OD Senior: \$51 ID/\$64 OD

Adult Fitness

Tae Kwon Do

Ages 7+. Tae Kwon Do is a traditional Korean martial art performed with empty hands, bare feet, and a strong spirit. Students, in the beginning class, will learn kicking and hand techniques for self-defense, while developing their physical fitness and self-confidence. The intermediate class offers advanced training in sparring skills, forms, and self-defense techniques for students wishing to advance in the belt ranking system. This is an excellent sport the whole family can enjoy. Instructor: John B. Camp.

Ongoing WF 6-7:30p Youth/Adult Annex
\$60/month

*Does not qualify as Silver & Fit/Renew Active class.

YOGA / PILATES / MEDITATION

Vinyasa Yoga

Vinyasa is a type of yoga that links movement and breath to attain balance in the mind and body. From the Sanskrit “to place in a special way,” vinyasa aligns a deliberate sequence of poses with the breath to achieve a continuous flow. Instructor: Bailey Thompson.

6/29-9/2 MW 4:30-5:30p Annex
Adult: \$136 ID/\$170 OD Senior: \$122 ID/\$153 OD
6/29-8/31 M 6-7p Rm C
Adult: \$68 ID/\$85 OD Senior: \$61 ID/\$78 OD

Gentle Yoga for Seniors - Virtual only

(Silver & Fit does not qualify.)

A gentle form of Hatha Yoga that combines easy stretches with conscious breathing and focus within. Leave every class with a smile. Class is structured for all levels of ability. Instructor: Joan Dobbie.

6/29-9/4 MWF 8:30-9:45a Virtual Only
Adult: \$217 ID/\$271 OD Senior: \$208 ID/\$245 OD

Chair Yoga Fusion - Virtual availability

Chair Yoga Fusion is a great option for those who find it difficult to get up and down from the floor. This gentle yet challenging whole-body exercise program includes both seated and standing exercises with modifications appropriate for individual fitness levels. Yoga postures (asanas) and breathing techniques are incorporated to help calm the mind, reduce pain, strengthen and tone the body as well as improve posture, mobility, flexibility, and balance. Instructor: Jennifer Halse.

6/29-9/4 MWF 11a-12p MP
Adult: \$204 ID/\$255 OD Senior: \$184 ID/\$229 OD



Pilates for Mature Adults - Virtual availability

Would you like to improve core strength, posture, balance, flexibility, spinal and joint mobility? Pilates is a low-impact, whole-body exercise program that targets the connections of your core, spine, and pelvic floor to improve your posture and sculpt lean muscles without taxing the joints. This mind-body program is performed both standing and on a mat. Learn to connect your breath with a series of controlled movements that flow into one another with precision. Instructor: Jennifer Halse.

6/29-9/2 MW 9:15-10:30a Rm C
Adult: \$136 ID/\$170 OD Senior: \$122 ID/\$153 OD
7/10-9/4 F 9:15-10:30a Rm C
Adult: \$84 ID/\$105 OD Senior: \$75 ID/\$94 OD

Pilates-Yoga Fusion - Virtual availability

This Mind-Body class infuses elements of both Pilates and Yoga to give you a balanced whole-body workout. Your body will feel balanced, connecting movements of your core, pelvic floor, and spine to build strength and mobility. Improve your posture, balance, joint stability, stamina, and spinal mobility while toning, stretching, and elongating your body. End class with gentle stretching and meditation. Instructor: Jennifer Halse.

6/30-9/3 TuTh 9:30-10:30a MP
Adult: \$136 ID/\$170 OD Senior: \$122 ID/\$153 OD

Pilates PLUS - Virtual availability

Are you ready to improve your strength, flexibility, endurance, and balance from head to toe? Pilates is a gentle, yet dynamic whole-body exercise program that targets the connections of the core, spine, and pelvic floor to improve your posture and sculpt lean muscles without taxing the joints. This is a progressive beginner-friendly class with exercises performed standing and on the floor using a mat. You will learn how to connect breath with movement to maximize the benefits PLUS improve cardiovascular strength and endurance. Instructor: Jennifer Halse.

6/30-9/3 TuTh 12:30-1:30p Rm C
Adult: \$136 ID/\$170 OD Senior: \$122 ID/\$153 OD

Adult Programs

541-688-4052 • www.rrpark.org

Brian Breedlove | Brianb@rrpark.org

FINE ARTS

Chinese Inkbrush Painting – Beginner

Learn the basics of Chinese inkbrush painting and about the types of brushes, paper, and ink to use. Classes will focus on the “Four Gentlemen” – bamboo, orchid, chrysanthemum, and plum flower – as well as Chinese landscapes. Students work at their own pace. Bring your own equipment or buy inexpensive items from the instructor (\$65 for complete supplies: sumi ink, brush, shuen paper and mat). Instructor: Teresa Logan Hsu.

7/1-9/2 W 3:15-5:15p Rm C
Adult: \$136 ID/\$170 OD Senior: \$122 ID/\$153 OD

Chinese Inkbrush Painting – Intermediate

Prior experience with Chinese inkbrush painting is required. Each student will gradually create a complex painting. Students should bring their own materials. Instructor: Teresa Logan Hsu.

7/1-9/2 W 12-3p Rm E
Adult: \$204 ID/\$255 OD Senior: \$184 ID/\$229 OD

Art with Clair

Art is more than the finished product. It is a journey that leads to self-discovery. Come and join me in this journey by creating art in ways that may be familiar to you (drawing, painting, collage and clay) and in ways that may be new to you (simple art techniques to reduce stress) and of course art activities that are just plain fun! Instructor: Clair Coiner.

6/30-9/3 TuTh 1-3p Annex
Adult: \$108 ID/\$135 OD Senior: \$97 ID/\$121 OD

APPLIED ARTS

Mosaics

In mosaics, design pictures on everything from flowerpots to designer steppingstones. Choosing a base, selecting the kind of pieces you want to use, type of adhesive, breaking or cutting, arranging your pieces then grouting and sealing. In this class we will be working on some “Garden Art” projects. Some supplies are covered in class fee. **This is a student-led activity.** **Space is limited.**

6/30-9/1 Tu 12-2:30p Kitchen
Adult: \$56 ID/\$70 OD Senior: \$51 ID/\$63 OD
7/2-9/3 Th 12-2:30p Kitchen
Adult: \$56 ID/\$70 OD Senior: \$51 ID/\$63 OD

Knitting and Crocheting Group

Knitting and Crocheting Group is a social group that meets weekly. There is no instruction in this group, therefore knitting and/or crocheting experience is required.

6/29-8/31 M 12:30-2:30p Rm C \$5

DANCE

Ballet

This class focuses on developing strength, poise, and technical precision through classical ballet training. Students will explore disciplined, structured movements designed to build proper alignment, balance, flexibility, and musicality. Emphasis is placed on refining technique while cultivating grace, control, and confidence.

Each session includes both barre work and center exercises. Barre exercises help dancers build foundational strength, stability, and correct placement, while center work develops coordination, balance, and fluid movement across the floor. Instructor: Candice Morgan.

7/14-8/18 (6 wks) Tu 6:15-7:15p Rm C
Adult: \$34 ID/\$42 OD Senior: \$30 ID/\$38 OD

Argentine Tango

Tango Level 1- (Intro to Tango) Emphasis on posture and connection to make your transitions smooth. Learn the fundamental patterns needed to step into more elaborate movements.

Tango Level II (Close Embrace Series) is for students who know the fundamentals and wish to keep improving. New combinations of steps will be introduced. These classes focus on Tango as the social dance seen in Buenos Aires, Argentina. Try it and transform your life.

Held at River Road Annex, 1055 River Road. Instructor: Marisela Rizik. To register, email Marisela at Mrizik@aol.com or visit www.mariselarizik.com.

6/28-9/6 Su 3-4p Beginning - Fundamentals
Su 4-5p Level II
Su 5-7p Tango social fun time

\$55 a month
\$10 additional each Sunday for social time
\$15 per class drop-in



Adult Programs

Facility Closures

5/25	Holiday
6/19	Holiday
7/3 & 7/4	Holiday
9/7	Holiday

GENERAL

Bakelite and Beyond

Explore the fascinating world of Bakelite and the everyday items it transformed, from buttons to radios to game pieces. This FREE talk, presented by the Oregon State Button Society and Eugene Button Club, highlights the history, artistry, and cultural impact of Bakelite during the Great Depression and WWII. Bring your Bakelite items or mystery buttons for display or identification!

6/10 W 1-2:30p Rm E Free

Urban Homesteading

6/24-9/2 W 7-9p Kitchen
 \$24/ID \$30/OD per session
 Instructor: Kevin Prier

6/24 - Soap Making - Learn the basics of making bar soap from scratch.

7/1 - Seed Saving - Learn a variety of techniques for saving heirloom vegetable seeds for planting next year.

7/8 - Winter Gardening - Learn to plan out a small to medium sized family garden.

7/12 - Edible Landscaping and Foraging
 (Sunday, 2-4pm, at instructor's house)

7/15 - Beneficial Insects in the Garden - Learn about predatory flies, beetles, assassin bugs, and many other predators and pollinators and how to attract them.

7/22 - Homemade Liqueurs - Learn how to make a variety of infused vodkas, fruit liqueurs, and herbal liqueurs.

8/5 - Bread Making/Sourdough - Learn how to catch, care for, and use a wild sourdough culture.

8/12 - Cheese Making - We will make a fresh hard cheese to go with our picnic and learn about different hard and soft cheese cultures and processes.

8/19 - Fermenting: Kimchi, Kombucha - Learn to make Kimchi from scratch and take home a pint to ferment and enjoy.

8/26 - Beyond Sauerkraut - Learn how to make your own fermented pickles, salsa, hot sauce, a variety of fermented non-alcoholic beverages, and even corned beef.

9/2 - Canning Basics: Dill Pickles - We will work up a batch and learn about the equipment and techniques of canning. Take home a jar of pickles.

LANGUAGE

Beginning German

This class offers a friendly and engaging introduction to the German language and culture. Designed for absolute beginners, the course will focus on essential vocabulary, practical phrases, and basic conversational skills — ideal for travelers, heritage learners, or anyone interested in connecting with German speakers. Cultural context and customs will be integrated throughout to enhance language learning. No prior knowledge of German is required. Course materials and books will be discussed during the first-class session. Instructor: Claudia Vincent.

6/29-8/31 M 5:30-7:30p Rm C
 Adult: \$136 ID/\$170 OD Senior: \$122 ID/\$153 OD

Italian 1

Italian 1 is for those with no previous knowledge of the language. Students acquire basic speaking, reading, and writing skills while learning about Italian culture. Instructor: Sied Imani.

7/1-9/2 W 6:30-8:30p Rm C
 Adult: \$136 ID/\$170 OD Senior: \$122 ID/\$153 OD

Italian 2

Emphasis on vocabulary and grammar. Guided dialog will help improve pronunciation and increase comprehension. Italian 1 or instructor approval required. Instructor: Sied Imani.

6/29-8/31 M 3-5p Rm C
 Adult: \$136 ID/\$170 OD Senior: \$122 ID/\$153 OD

Spanish 1

In Spanish 1, students will dive into learning Spanish vocabulary as spoken in Latin American countries and will learn how to use their newfound words in reading and writing. They will also learn about Spanish culture and history. Instructor: Sied Imani.

7/10-9/4 F 2:30-5p Annex
 Adult: \$152 ID/\$186 OD Senior: \$138 ID/\$169 OD

Spanish 2

Spanish 2 continues engaging students in a functional approach to learning the Spanish language. Students will develop the practical tools needed to increase their fluency in the Spanish language. Spanish 1 or instructor approval required. Instructor: Sied Imani.

7/10-9/4 F 12-2:30p Annex
 Adult: \$152 ID/\$186 OD Senior: \$138 ID/\$169 OD

Spanish Club

Practice listening, speaking, and reading using audio visual materials in an informal setting. Basic knowledge of Spanish is needed. Club Coordinator: Bonnie Rutledge.

7/2-9/3 Th 10a-12p Offsite \$5



Victoria

**September 27-30
2026**

**Round-trip flight from Eugene
4 Day/3 Nights
Luxury Boutique Hotel
Two Breakfasts
Two Dinners
High Tea at The Empress
Busch Gardens
and more...**

**Presentation
June 4th
@ 1p**

**Single: \$2100
Double: \$1700
Triple: \$1600**



Adult Travel

2026/27 **Travel the World**
with River Road Park

Let's Travel

Presentations~

- Fall Getaway to Victoria
6/4, Thursday @ 1-2p
- Exploring Greece & Its Islands
8/27, Thursday @ 12:30p
- Plains of Africa
8/27, Thursday @ 1:30p

RSVP
541-688-4052
katrinas@rrpark.org

TRIP PRESENTATIONS

Want to find out more about a trip? Come and see what's in store.

6/4	Th	1-2p	Victoria
8/27	Th	12:30-1:30p	Exploring Greece & Its Islands
8/27	Th	1:30-2:30p	Plains of Africa

DOC PARTY

This party is for those of you going on the trip. We're leaving soon so we will go over trip details and meet one another.

4/9	Th	3-4p	Italy #1
5/7	Th	3-4p	Italy #2

EXTENDED TRAVEL

- #1 Italy: Amalfi Coast to Puglia May 13-26, 2026
 - #2 Italy: Amalfi Coast to Puglia June 7-20, 2026
- Call Kat to see about space.

Discover the Spirit of the American Southwest September 21-30, 2026 (new dates)

Call Kat to see about space.
Deposit of \$698 due now. Insurance is \$429. Final payment is due June 16, 2026.
<http://gateway.gocollette.com/link/1347504>
The activity rating for this trip is level 3.
Single: \$6349 Double: \$5149 Triple: \$5049

Fall Getaway to Victoria! September 27-30, 2026

Pack your bags and join us for an unforgettable 4-day fall escape to beautiful Victoria, British Columbia! From charming waterfront views to thrilling adventures, this trip is the perfect mix of relaxation and excitement.

Your getaway includes: Round-trip flights from Eugene, transportation to and from the airport in Victoria, 3 night accommodations at a luxury boutique hotel, two breakfasts, two dinners, a fun day trip to Busch Gardens, high tea at The Empress, free time to explore, and more surprises along the way! Limited space. \$500 deposit due now to hold your spot. Final payment is due on 7/15. Refunds will be assessed and will vary depending on when the cancellation occurs.

The activity rating for this trip is level 2.
Single: \$2100 Double: \$1700 Triple: \$1600

Discover Christmas Markets of Montreal and Quebec City December 14-20, 2026

Just a few spots left. Discover the magic of the holidays on a festive journey through Montreal and Quebec City, exploring charming Christmas markets, twinkling lights, and French-Canadian cheer. Wander through Montreal's lively holiday villages before heading to Quebec City's enchanting German Christmas Market, where old-world charm meets cozy alpine vibes. Visit the stunning Montmorency Falls dressed in winter's sparkle, indulge in a traditional maple sugar shack experience, and roll up your sleeves in a bûche de Noël (Yule log) workshop. Only two hotels! Deposit of \$698 due now. Insurance is \$549. Final payment is due September 15, 2026.

<http://gateway.gocollette.com/link/1336276>

The activity rating for this trip is level 1.
Single: \$4049 Double: \$3349 Triple: \$3319
Price increases \$150 after June 7, 2026.

Exploring Greece & Its Islands featuring Classical Greece, Mykonos & Santorini May 14-30, 2027

Limited space. Explore the best of Greece on a journey through Classical sites and the islands of Mykonos and Santorini. Visit the Acropolis and Parthenon, take part in a Greek cooking class and dance lesson, and discover the pre-historic city of Ancient Akrotiri—all while enjoying stunning Aegean scenery and vibrant island culture. Deposit of \$698 now. Insurance is \$549. Final payment is due February 14, 2027.

<http://gateway.gocollette.com/link/1403098>

The activity rating for this trip is level 3.
Single: \$9599 Double: \$7799 Triple: \$7689
Price increases \$250 after September 16, 2026.

Adult Day Trips

541-688-4052 • www.rrpark.org

Katrina Setzer | Katrinaset@rrpark.org

Day Trip Registration

Summer Registration (June-September)

InDistrict 5/7 Th 10a Walk in /1p Phone in
Out of District 5/8 F 10a Walk in /1p Phone in



CANCELLATIONS

Any trip refund or trip credit conversion to a refund will be assessed a \$5 processing fee.

7 days or more = full refund

7 days - 72 hours = 50% refund

72 hours up to the day of = zero refund.

If we have incurred costs for booking trips (tickets, meals, hotel, transportation, etc.) then that amount will be deducted.

Under 55? Each trip is different. Call Kat to get more information.

TRIP NOTES

- Arrive 10-15 minutes early.
- We will leave on time. You may get left behind if you are late, so please allow yourself enough time.
- End times are estimated.
- Please park vehicles in the back of the parking lot, near Lake Drive.
- Make sure you have emergency info/contacts in your wallet.
- Some are allergic to perfume so we ask that you keep your fragrance to a minimum.
- Registration for trips with this symbol ➡ began last term, so you can sign up at any time. The trip may be full. If it is, please ask to be placed on the waiting list.



April continued...

➡ King's Luau	4/17	F	6:30-8:30p	\$25
➡ Grub Club- Abilities Diner	4/29	W	11:30a-1:30p	\$35

May

➡ Bouquet with Goats	5/7	Th	12-4p	\$79
➡ Nursery Tour & Lunch	5/12	Tu	10a-4p	\$45
➡ Branch Farm	5/20	W	10a-3p	\$55

June

➡ Strawberry Festival	6/6	Sa	11:30a-5p	\$35
➡ Thyme Garden	6/9	Tu	9:45a-4:30p	\$85
➡ Dinner & Theater- Mattress	6/13	Sa	11:15a-8p	\$110
➡ Dinner & Theater- Sunday...	6/19	F	4:15-11p	\$89
➡ Frog Pond Farm	6/30	Tu	9a-4p	\$67

July

Grub Club- Claim 52	7/8	W	11:30a-1:30p	\$35
Cape Arago- Shores Ahead	7/16	Th	8a-6p	\$75
Highland Cow Farm	7/21	Tu	7:30a-5p	\$72
Make it! Planter Boxes	7/24	F	10:30a-2:30p	\$45
Heceta Lighthouse Brunch	7/29	W	9:30a-4:30p	\$109

August

Depoe Bay Fishing & Crabbing	8/5	W	3:30a-3:30p	\$170
Rafting the McKenzie	8/11	Tu	8:30a-3:30p	\$135
Dinner & Theater- Hamlet	8/14	F	4:15-11p	\$89
Cape Arago- Marine Life	8/20	Th	8a-6p	\$75
In a Landscape- Mt. Pisgah	8/26	W	3:45-7p	\$85

September & October

Whale Watching	9/3	Th	8:30a-6p	\$95
55+ BBQ (Bring a dish)	9/9	W	4-6p	FREE
Mt. Angel Octoberfest	9/17	Th	9a-4p	\$35
Cape Arago- Coastal Forests	9/24	Th	8a-6p	\$75
Dinner & Theater- Million Dollar Quartet	10/10	Sa	11:15a-8p	\$110

Adult Day Trips

⇒ King's Luau

Come enjoy a tasty and fun Hawaiian luau at the park. We will have incredible food; slow-cooked pork, rice, macaroni salad, fresh fruit, etc. Elvis will also be in the house! He is going to shake, rattle, and roll! This is going to be a fun one; wear your Hawaiian shirt/hat and get ready to party. Your cost includes: luau dinner and entertainment.

4/17 F 6:30-8:30p \$25

⇒ Grub Club at Abilities Diner!

Join the Grub Club for a tasty night out at Abilities Diner—a local gem serving up good food and great vibes! Come hungry, bring your sense of adventure, and enjoy a fun social evening trying out a new place with friends. Your cost includes: transportation and lunch.

4/29 W 11:30-1:30p \$35

⇒ Bouquet Making with Goats

Join us for a blooming good time at our Bouquet Bar Workshop—a 2-hour hands-on experience where creativity meets cuteness! Enjoy Goat Happy Hour with beverages and brunch, then design your own beautiful bouquet from a gorgeous selection of flowers and a vessel of your choice. Come sip, snack, snuggle, and create—it's the perfect blend of fun, flowers, and furry friends! Your cost includes: transportation, brunch, flower workshop, and time with the goats.

5/7 Th 12-4p \$79

⇒ Garden Getaway: Nursery Tour with Patti Paris

Join us for a blooming fun day trip to several local nurseries, guided by knowledgeable gardener and landscaper Patti Paris! Patti will be on hand throughout the trip to offer expert advice, answer your questions, and help you choose the perfect plants for your garden or landscape. Your cost includes: transportation, lunch, and time with expert, Sweet Pea.

5/12 Tu 10a-4p \$45

⇒ Branch Farm Day Trip

Enjoy a hands-on day in the countryside with a guided tour of Branch Farm. Milk goats, gather eggs, harvest fresh vegetables, and meet the farm animals. After the tour, help prepare a meal using farm-fresh ingredients, then relax over a delicious farm-to-table lunch. Your cost includes: transportation, farm tour, activities, and lunch.

5/20 W 10a-3p \$55

⇒ Thyme Garden - Tour, Flowers & Lunch

Join us for an incredible day trip to The Thyme Garden! One of Kat's favorite trips. We'll spend the day surrounded by nature as we explore the gardens, enjoy a guided tour, and take part in a fun flower planting activity. Learn about herbs, flowers, and sustainable gardening while getting your hands in the soil. After the tour, we'll relax together over a delicious garden-inspired lunch in a beautiful outdoor setting. You will be amazed. Your cost includes: transportation, guided tour, flower planting activity, and lunch.

6/9 Tu 9:45a-4:30p \$85

⇒ Dinner & Theater at Broadway Rose

Join us for a fun day trip to Portland to see *Once Upon a Mattress* at the Broadway Rose Theatre! Enjoy this hilarious, heartwarming musical twist on the classic fairy tale *The Princess and the Pea*, performed by one of Portland's premier theater companies. After the show, we'll relax and enjoy a delicious group dinner before heading home. A perfect day of laughter, music, and great company! Your cost includes: transportation, dinner, and theater.

6/13 Sa 11:15a-8p \$110

⇒ Dinner & Cottage Theater

Join us for a delightful day trip to Cottage Grove to see the classic musical *Sunday in the Park with George* at the Cottage Theatre! This award-winning show brings art and imagination to life with stunning music and storytelling. Before the performance, we'll enjoy a delicious dinner at a local restaurant. Your cost includes transportation, dinner, and show ticket.

6/19 F 4:15-11p \$89



May 30, 2026

(9:00a.m. - 6:00p.m.)

Irving Grange
1011 Irvington Dr.



www.eugenescottishfestival.org

DAY TRIPS

adventure friendship enrichment

➔ Frog Pond Farm

Enjoy a fun-filled day trip to Portland's Frog Pond Farm, a charming destination with friendly animals, beautiful scenery, and plenty to explore! Meet and feed the animals, stroll the grounds, and experience a hands-on connection with nature. Afterward, we'll enjoy lunch at a local spot before heading home. Your cost includes transportation, farm admission, and lunch.

6/30 Tu 9a-4p \$67

Grub Club: Lunch at Claim 52 Brewing!

Join the Grub Club crew for a tasty lunch at Claim 52 Brewing, one of Eugene's favorite spots for craft beer and creative eats! Enjoy great food, good drinks, and even better company as we gather with a fun group of people who love to eat, laugh, and explore local flavors. Come hungry, leave happy—it's what Grub Club is all about! Your cost includes: transportation and lunch.

7/8 W 11:30a-1:30p \$35

Cape Arago Tour - Shores Ahead

The highlights of the July trip include colorful Shore Acres Gardens and the nearby dramatic Shore Acres Cliffs in the morning, and a walk on the commercial fishing docks in the afternoon to learn about the commercial fishing vessels and how local seafood is caught and handled. Your cost includes: tour, lunch and transportation.

7/16 Th 8a-6p \$75

Highland Cow Farm Tour

At Highland Farms on Mt. Hood, we will step right into the pens for an up-close experience with their gentle, shaggy-coated cows. You'll get to brush them, pet them, and enjoy one-on-one time with this calm and curious Scottish breed. How awesome is that? Following our tour, we'll enjoy a delicious lunch as we make our way back home. Your cost includes: tour, lunch and transportation.

7/21 Tu 7:30a-5p \$72

Make it! Workshop: Planter Boxes

Today, we head to BRING to learn how to build cedar planter boxes using pre-cut and pre-drilled kits. BRING encourages people to rethink what they use and what they throw away. They help our community keep useful items out of the landfill, find ways to use less stuff, reuse as much as possible, and recycle the rest. Come today to learn about this amazing company and to build a planter box for your home. Your cost includes: the class, lunch and drink.

7/24 F 10:30a-2:30p \$45

Heceta Lighthouse Brunch

Today, we are in for a treat. This amazing 7 course brunch will be hosted in the Keeper's Home at Heceta Head Lighthouse, in Yachats. This is a unique opportunity to enjoy wonderful food, incredible views and great conversation. Michelle Korgan, the current owner and chef, hand selects produce from local farms and clips herbs from the Keeper's culinary garden. She personally collects seafood from the local dock and procures artisan cheese, bread, and sausage from local purveyors. So, as you can see, we are definitely in for a treat. Get ready! Your cost includes: transportation and brunch.

7/29 W 9:30a-4:30p \$109

Oregon Coast - Fishing & Crabbing

Let's head to the Oregon Coast with experienced crews known for their impressive catch history—including several world records. This trip focuses on fishing and crabbing, their most popular, consistent, and productive way to target rockfish and lingcod—so get ready for a great day on the water. Please bring a sack lunch. You'll also need to purchase your fishing/crabbing license in advance (\$33) —Kat will send out the link as the date gets closer. Please bring a sack lunch with you. Your cost includes transportation, five hours of fishing and crabbing, beverages and snacks.

8/5 W 3:30a-3:30p \$170



Adult Day Trips



Rafting the McKenzie

Ready for a fun, thrilling day? Come enjoy a half-day McKenzie River rafting trip! The trip covers 10 miles and is a great way to see things that aren't accessible unless you are on the river. Flora, fauna, rapids, cool water... what's not to love? If you like an adventure, this one is for you, plus the chicken is awesome! More information will be provided to participants as the trip gets closer. Your cost includes: transportation, expert-guided rafting and a tasty fried chicken lunch.

8/11 Tu 8:30a-3:30p \$135

Dinner & Cottage Theater - Hamlet

Start the evening with a delicious dinner at North Fork Public House, where craft beer and hearty Northwest dishes set the mood for a cozy night out. After lingering over good food we will head over to Cottage Theatre for a performance of Hamlet. The intimate stage brings Shakespeare's drama to life in a powerful, up-close way — a perfect ending to a delicious and cultured evening. Your cost includes: transportation, dinner and show.

8/14 F 4:15-11p \$89

Cape Arago Tour - Marine Life

The lively seals and sea lions of Simpson's Reef are the star of the August trip, with a visit to the Charleston Marine Life Center in the afternoon to watch the variety of aquarium denizens, explore skeletons and shells, delight in the touchable "tidal pool," be enthralled by the amazing videos, and more. Your cost includes: tour, lunch and transportation.

8/20 Th 8a-6p \$75

In a Landscape @ Mount Pisgah Arboretum

Classical Music in the Wild is an outdoor concert series where America's most stunning landscapes replace the traditional concert hall. A 9-foot Steinway grand piano travels on a flatbed trailer and today, it will be in Eugene. Listen through wireless headphones and wander with the music as a soundtrack to your experience in the wild. It's going to be awesome! Your cost includes: a delicious picnic, amazing concert and transportation. Come prepared to be amazed! Please bring a chair or blanket.

8/26 W 3:45-7p \$85

Whale Watching

Today, we travel to Depoe Bay for an amazing whale watching experience. By the end of the day, you are going to become a gray whale expert. We'll enjoy the museum (Whale, Sealife and Shark Museum) and the shops in town once our whale experience is over. Come learn more about gray whales and the other marine life you might encounter including: seals, sea lions, seabirds and unique oceanographic features. Lunch is on your own. Your cost includes: transportation, 1.25 hour whale watching excursion, and time to shop around.

9/3 Th 8:30a-6p \$95

55+ BBQ

It's that time of year. Burgers and hotdogs prepared for you with love by our staff! We provide the main course, and you bring the sides. Plan on your side dish feeding 10 people. Following the food, we'll wrap it up with some fun entertainment. **Please register so we know how many people to expect.** Let us know if you are a vegetarian.

9/9 W 4-6p Free James D. Lockard Shelter 1

Mt. Angel Oktoberfest

Oktoberfest offers a plethora of activities and attractions so come along for some fun. Take your time walking through the streets, savoring the music and taking in the sights, sounds, and smells of wonderful culinary options. Mt Angel goes full Bavarian — think timbered façades, flower crowns, and more lederhosen than you'd expect outside of Germany. Prost! Your cost includes: transportation.

9/17 Th 9a-4p \$35

Cape Arago Tour - Coastal Forests

The September trip features another visit to Shore Acres Gardens and Cliffs, or a short forest walk to explore some of the communities and key plants of Oregon's coastal forests; afternoon will include a visit to South Slough National Estuarine Reserve to explore the places where rivers meet the sea through their exhibits and other media. Your cost includes: tour, lunch and transportation.

9/24 Th 8a-6p \$75

Dinner & Broadway Rose - Million Dollar Quartet

Get ready for a rockin' good time as we head to Portland's Broadway Rose Theater to see the high-energy musical Million Dollar Quartet, inspired by the legendary jam session of Elvis Presley, Johnny Cash, Jerry Lee Lewis, and Carl Perkins. We'll kick off the evening with a delicious group dinner, then settle in for an unforgettable night of music and fun. Your cost includes: transportation, dinner, and show admission—just bring your love of great food, great music, and great company!

10/10 Sa 11:15a-8p \$110

55+ Activities

541-688-4052 • www.rrpark.org

Katrina Setzer | email: katrinas@rrpark.org

55+ ACTIVITIES/CLASSES

Bridge

Enjoy playing bridge in a social atmosphere? Come join us for some monthly fun! All are welcome. Payouts at the end of each session. We will meet the first Monday of the month at the Annex, 1055 River Road. No get together on Labor Day, 9/7.

5/4, 6/1, 7/6, 8/3 1st M 12:45-4p \$3 at the door

Texas Hold 'Em

Join in on the excitement that has everyone buzzing. Buy into this friendly game. Each table winner will be awarded a prize at the end of play. You must be age 55+ to participate. We will meet the 2nd and 4th Monday of the month at the River Road Annex, 1055 River Road. Organized by volunteer, Don Wall. No get together on 5/25.

4/27, 5/11, 6/8, 6/22, 7/13, 7/27, 8/10, 8/24, 9/14, 9/28
2nd & 4th M 6-8p \$3 at the door

Cascade Stitches

Cascade Stitches of the Embroider's Guild of America explores all kinds of embroidery and invites you to learn about embroidery with us. We will meet the third Monday of the month at the Annex, 1055 River Road.

5/18, 6/15, 7/20, 8/17, 9/21
3rd M 1-3p \$5 per session

Memory Tones Choral Group

The focus is on having fun singing old favorites. Experience or ability to read music would be helpful but not necessary. Newcomers 55+ are welcome. Weekly practices and several performances per month. We will take the summer off and resume on 9/4.

Weekly F 2-3:30p Free

(New!) Understanding Memory Loss

Join us for an insightful series designed to help you care for someone with dementia. This series is for anyone caring for a loved one with dementia, or wanting to learn more about memory loss. The series offers valuable tools to make the journey easier for everyone. Sign up today and gain the support and knowledge you need. Presented by Willow Care Consulting — proudly helping local families for over 10 years.

4/16 Th 10a-12p The 10 Signs
5/7 Th 10a-12p Memory Loss 101
6/18 Th 10a-12p Understanding your Diagnosis

AARP Driving Course

Designed for motorists age 50+, but open to all ages. Auto insurance discounts may be available to participants 55+ who complete the class. Feel free to bring a sack lunch. Your fee will be taken by the instructor the day of the class. This class will be held at 1400 Lake Dr.

6/12 F 9a-4p
9/8 Tu 9a-4p
\$20 AARP Member / \$25 Non-member.

(New!) AARP Fraud Watch Basics

Have you ever been approached with a fraudulent offer or been a victim of identity theft? The AARP Fraud Watch Network is working to empower you in the fight, with proven resources and tools to help you spot and avoid identity theft and fraud. By taking a few practical steps, you have the power to fight back against fraud. This session will arm you with the latest data on fraud trends and provide tips and resources to protect yourself and your family. No cost but donations will be accepted.

6/25 Th 9-10a Free

(New!) AARP Caregiving, Caring for Your Family, Friends, and Loved Ones

This presentation helps you organize caregiving efforts, assess needs and resources, develop a comprehensive plan (including self-care), and find assistance. Connect with other family caregivers to exchange support, advice, and tips. Intended for both those who give and receive home caregiving. No cost but donations will be accepted.

7/9 Th 9-10a Free

(New!) AARP Making Cents of Caregiving Costs

This Presentation helps caregivers understand and manage the financial aspects of caregiving. It includes information on budgeting, accessing financial assistance, and planning for future expenses. Intended for both those who give and receive home caregiving. No cost but donations will be accepted.

8/13 Th 9-10:30a Free

(New!) What Now? Finding Relevance in Retirement

Barbara Susman retired in May 2025 and, after 45 years of 50+ hour work weeks, began exploring this new stage of her life. Join her for an interactive presentation celebrating community, purpose, routine, and overall relevance in retirement. Barbara was the former Director: LCC Successful Aging Institute & Senior Companion Program, OASIS Education Center, and Cascade Manor Marketing Department.

9/17 Th 12:30-2p Free

 **GOLDEN** *Connections* 
Sat., Sept. 19 6:30-8:30p
\$20 per person

See page 5 for more details.

Amenities & Services

Facility Closures

5/25	Holiday
6/19	Holiday
7/3 & 7/4	Holiday
9/7	Holiday



Pool

The 25-yard, six lane indoor pool is open year-round and is kept at 84 degrees. There is a one-meter diving board, kick boards, pull buoys, an easy entry ladder and an ADA approved hydraulic lift.

Spas

Two in-ground spas are available for year-round use, located outside of the pool in our courtyard. One is covered by a canopy skylight, the other uncovered. Together, the spas accommodate 18 guests. The spas are kept between 102-104 degrees and are fully accessible. Patrons must be 16 years of age to use the spas.

Sauna

The dry-heat sauna, located in a secluded, quiet area, is lined with untreated kiln-dried cedar. The sauna accommodates 8 guests. Patrons must be 16 years of age to use the sauna.

Dressing Rooms

The dressing rooms are equipped with ADA accessible toilets, sinks, lockers, showers, hand dryers, and an infant changing table. Children under 5 years of age and older must use the same gender dressing room.

ADA Changing Room

A separate changing room is available upon request and is equipped with an ADA accessible shower, toilet, sink and gender-neutral changing area. **We recommend you limit your time to 30 min when using the changing room.

Massage

Let one of our licensed massage therapists help relieve your tension and introduce you to the world of total relaxation. Our therapists offer a variety of massages and bodywork. For more information on techniques, or to schedule an appointment, please call 541-461-7777 or stop by the pool front desk. Payment is required at the time of scheduling. We accept VISA/MC/Discover/American Express. Cancellations or changes must be made at least 24 hours in advance to receive a credit or refund. Cost \$70 hr. and hours vary based on the therapists' schedule. **Beginning July 1, cost will be \$75 hr.**

Swim Shop

Need supplies while you are here? Goggles, swim caps, nose clips, ear plugs, infant swim diapers, and other items are available for purchase at a reasonable cost from our pool cashier.

Shower Policy

Public showers are available, please provide your own towel and toiletries. Showers are only available in the locker rooms. Please limit your time to 30min when utilizing the shower hours.

M-F 6a-8a 12-3:30p \$2 per person

SHIBA Volunteers Here to Help You

Are you confused about Medicare? Senior Health Insurance Benefits Assistance (SHIBA) offers a free counseling service. SHIBA volunteers have been able to help Medicare beneficiaries select a plan that is right for them. Call 541-736-4421 to make an appointment in the River Road area.

Foot Care

A technician, trained in foot care, conducts individual care sessions. The time is used for toenail cleaning and trimming. No refund for no-shows or cancellations unless we are able to fill your appointment slot. In fairness to the technician and other clients, those who arrive more than 10 minutes later than their scheduled appointment will forfeit their spot and fee.

Payment due at time of scheduling. 541-688-4052.

By appointment Days and times vary \$25



Rentals

Main Office • 541-688-4052
www.rrpark.org • info@rrpark.org

Facility Rentals

Reservations must be made in person
to sign paperwork.

Rental times must include set up
and take down times.

BUILDING AND SHELTER RENTALS

Required 2 hour rental minimum for all building and shelter rentals.

Shelter Rental - 1400 Lake Drive

Non-Alcohol Event • \$50/hr.
Can accommodate up to 52 guests. No amplified music or alcohol allowed. No refunds for inclement weather.

Multipurpose Room - 1400 Lake Drive

Non-Alcohol Event • \$60/hr.
with Kitchen • \$85/hr.
Alcohol Event: • \$120/hr. Beer or wine ONLY*
with Kitchen • \$145/hr.
Can accommodate up to 110 guests. Amplified music permitted until 9p.

River Road Annex - 1055 River Road

Non-Alcohol Event • \$75/hr.
Alcohol Event: • \$150/hr. Beer or wine ONLY*
Can accommodate up to 60 guests. No amplified music allowed.

All building and shelter rentals will require a district use permit, and a \$300 fully refundable deposit at the time of registration. To schedule a rental and make a payment, please contact the main office for assistance.

A host liability waiver is required if you are having alcohol at your event. *Host Liability Waiver – \$1 million Host Liability Waiver acquired through your homeowner's insurance agency OR purchase TULIP (Tenant User Liability Insurance Policy) For more information visit or call the Park District business office.

PRIVATE POOL RENTALS

541-461-7777

Enjoy your very own private pool rental! Rental parties can be arranged for any size group. Our basic private rental starts at \$200 per hour (includes 2 lifeguards) and can accommodate up to 40 people. Additional lifeguards will be scheduled for larger groups at an additional fee.

Payment is due at time of reservation. Rentals are only available on Saturday after 3:30p.

Basic Rental Package \$200/hr. (Includes 2 lifeguards)
Additional lifeguards \$35/hr. each (for every additional 10 people)

POOL PARTIES

541-461-7777

Celebrate your birthday in our Pool! Try a fun alternative to a traditional party for your child. Pool parties include: one hour in a party room for cake and presents followed by a 1 ½ hour recreational swim.

\$110 (up to 20 children and 1 hour party room) Saturday only \$4 for each additional child. Set up and clean up are included in the room rental time. Sat. 12-3p

GYMNASTICS/BIRTHDAY PARTIES

541-688-8955

Celebrate your birthday at our Gymnastics Center! Try a fun alternative to a traditional party for your child. Gymnastics parties include: 1 hour of supervised play on the spring floor, bars, climbing net, tumble trak, trampoline, plus 30 minutes for opening presents, and refreshments provided by parents.

\$135 (up to 10 children) Saturday or Sunday only. \$5 for each additional child.

Sat. 1:30-3p 3:30-5p
Sun. 1-2:30p 3-4:30p

RENTAL REFUND POLICY

1 month notice: 100% refunded
15 days notice: 50% refunded
Less than 15 days: NO REFUND

No Smoking /Alcohol Policy

Out of consideration for everyone, we do not allow smoking or alcohol in the park. Possession or consumption of cigarettes, marijuana or alcohol within the park boundary is prohibited.





Residential Customer

PRSR STD
U.S. POSTAGE
PAID
Eugene, OR
Permit #440

ECRWSS

A New Salon & Style



Full Service Salon
1021 Maxwell Road
541-688-7155

Call for an
appointment /
walk ins are welcome.

We are celebrating 25 years in the community!

Veterans receive a \$3 discount.

Schedule any service, mention this ad and
you will get an amazing deal!

\$10 haircuts

We appreciate our community and you!

The salon is open 5 days a week 10a-5:30p. (Tu-Sa)

The Human Experience

Superb Customer Service
Simple Loan Applications
Community-oriented

Pacific Cascade
FEDERAL CREDIT UNION
65th ANNIVERSARY | 1961-2026

Eugene: 1075 Oak Street & 95F Division Avenue
Springfield: 1190 Mohawk Blvd
Roseburg: 940 NW Garden Valley Blvd #104
541-343-6238 | wesaveyou.com

EMERALD BROADBAND

EUGENE, OREGON'S FASTEST FIBER INTERNET!

**NO CONTRACTS.
NO DATA CAPS.
NO HIDDEN FEES.**

(541) 363-0260