

River Road Park & Recreation District

Fall
2026



September - December

General Information



Business Office
1400 Lake Dr., Eugene, OR 97404 541-688-4052
M-F 8a-6p

Aquatic/Fitness Facility
1400 Lake Dr., Eugene, OR 97404 541-461-7777
Fall M-F 5a-8:30p
Sa 6a-3p

River Road Annex
1055 River Rd., Eugene, OR 97404

Gymnastics Facility
30043 Leghorn Rd., Eugene, OR 97402 541-688-8955
Weekdays: Closed from 12-1p
M-Th 10a-6p
F 10a-5p

Registration Dates *Fall* 2026

SWIM LESSONS Please see page 10 for details.			
WATER EX			
Re-enrollment	9/21 & 9/22		
New enrollment	9/23		
Registration will be in the main office between 8a-6p.			
FITNESS/RECREATION CLASSES			
Re-enrollment	8/31		
New enrollment	9/2		
DAY TRIPS			
In District	8/27	Walk-in 10a	Phone-in 1p
Out of District	8/28	Walk-in 10a	Phone-in 1p
YOUTH PROGRAMS/GYMNASTICS You may enroll at any time.			

Facility Closures	
9/7	Holiday
11/11	Holiday
11/26 & 11/27	Holiday
12/24 & 12/25 & 1/1	Holiday

541-688-4052 • www.rrpark.org
info@rrpark.org

What is In District or Out of District?

In District: (ID) You pay property taxes to the Park District.
Out of District: (OD) You pay property taxes to the city or county.
If you are not sure whether you are ‘in’ or ‘out’, call us and we can check for you.

Do you want a program mailed to you?

We want you to have access to all the fun programs, activities, and events that we provide, but we also don’t want to bombard your mailbox. Those that are In District will automatically receive a physical copy of this Program Guide. If you are Out of District and would like to receive a free copy in the future, please follow the link or QR code to fill out a quick form so we know where to send it! <https://bit.ly/44tNKxt>. You only need to do this one time.



Registration

Log In
Register
Pay

How do I register for classes?

- BY PHONE OR WALK IN**
Business office hours are M-F, 8a-6p. After hours payments can be made at the aquatics reception desk. Please call the gym to sign up for gymnastics.
- ONLINE – WWW.RRPARK.ORG**
You can register 24-hours a day, seven days a week. Just visit rrpark.org to register using a credit card. **Note: Not all programs are eligible for online registration.**
- HOW DO I CREATE MY ONLINE ACCOUNT?**
Go to rrpark.org and click menu then the login/register/pay account button and choose the “Create a RRPRD account” link in the upper left hand corner. Complete the short form. List the primary account holder first, and then add any additional account members. Click “Save & Close.”

Registration Policies

Registration is accepted on a first-come, first-served basis. **You are not registered until fees are paid.** The District reserves the right to cancel classes and programs when minimum enrollment has not been met. If a class is filled, your name will be put on a waiting list. Additional classes will be formed if instructors and rooms are available. We accept Visa, MasterCard, Discover, & American Express. To receive In District pricing, proof of residency is required. A current valid driver’s license may be used for verification.

REFUNDS AND CREDITS
Refunds will not be issued after the second meeting of any multi-class program or activity. Refunds will be paid by original form of payment (except cash). Please allow one week to receive your refund. A \$5 processing fee will be deducted. Credits can be issued in lieu of refunds and can be applied to any class or activity. Classes cancelled due to inclement weather may be rescheduled only if space and time allow or will be refunded to your account.

SILVER & FIT / RENEW ACTIVE / ACTIVE & FIT / ONE PASS

If your insurance company offers Silver & Fit, Renew Active, Active & Fit or One Pass, you can take a variety of classes and enjoy the park amenities (listed below) at no additional cost to you. To get started, go to the main office with your insurance information to get a fob pass. Please check in and scan your fob each time as you enter the facility. **One pre-registered fitness or water exercise class will receive a 75% discount per session.**

- | | | | |
|----------------|-------------------------|--------------------|--------------------------------|
| Fitness Center | Lap Swim | Sauna and Hot Tubs | Belly Dancing |
| Pickleball | Body Fit | Dance Fitness | Individual Water Exercise |
| Step’n Out | Tai Chi for Body & Mind | Body Shop AM & PM | New! Low Impact Floor Aerobics |
- New! [Living Well with Chronic Conditions](#) (See page 23 for class description)

LAND FITNESS/AQUATICS FOB PASS/MEMBERSHIP

If you have a fob pass or membership, you can also enjoy a variety of classes (listed above) and the park amenities at no additional cost to you. See the chart below for pricing. Purchase your fob pass/membership at the main office or the pool reception desk. Pool is not always available during fitness center hours. Please refer to the pool schedule at www.rrpark.org/aquatics

	Single Entry	10 Visit Pass		1 Mo. Membership		3 Mo. Membership	
Age		ID	OD	ID	OD	ID	OD
Under 3	Free						
3-17	\$4	\$29	\$36	\$36	\$45	\$86	\$108
18-54	\$8	\$51	\$64	\$64	\$80	\$154	\$192
55+	\$6	\$38	\$48	\$48	\$60	\$115	\$144
Family	\$14	n/a	n/a	\$144	\$180	\$360	\$450
Shower	\$2						

REGISTERED PROGRAMS/CLASSES

We also offer programs and classes that have specific fees. These fees will be listed in the description of the program/class. You need to register and pay for these prior to attending.

FALL

FAMILY FESTIVAL



FREE

SUNDAY, OCTOBER 4TH
EMERALD PARK | 1-4PM

Petting Zoo, Mural Painting, Live Music
Family Competition Games, Arts & Crafts,
Food, Cotton Candy, + Coffee For Purchase,
Free Bike Checks + Repairs, *and more!*



Special Events

541-688-4052 • www.rrpark.org



GOLDEN Connections

♥ Sat., Sept. 19
6:30-8:30p
\$20 per person

♥ Friendship or romance? The choice is yours. Meet other adults in a fun, low-pressure, double date setting.

Bring a friend or get assigned a friend to move through the room with, a double date. Enjoy a series of quick, timed conversations- designed to spark connections without the awkwardness.

Come ready to mingle—you never know who you might meet!
Your cost includes: speed dating, refreshments and food.

RSVP 541-688-4052
1400 Lake Drive

Holiday Bazaar Vendor Registration

9/8 Tu 10a \$50

The Holiday Bazaar will be on 12/5

River Road Community Organization

River Celebration

Celebrate the Willamette River Greenway and our diverse River & Garden community

Sunday, September 13, 2026
11 AM to 3 PM

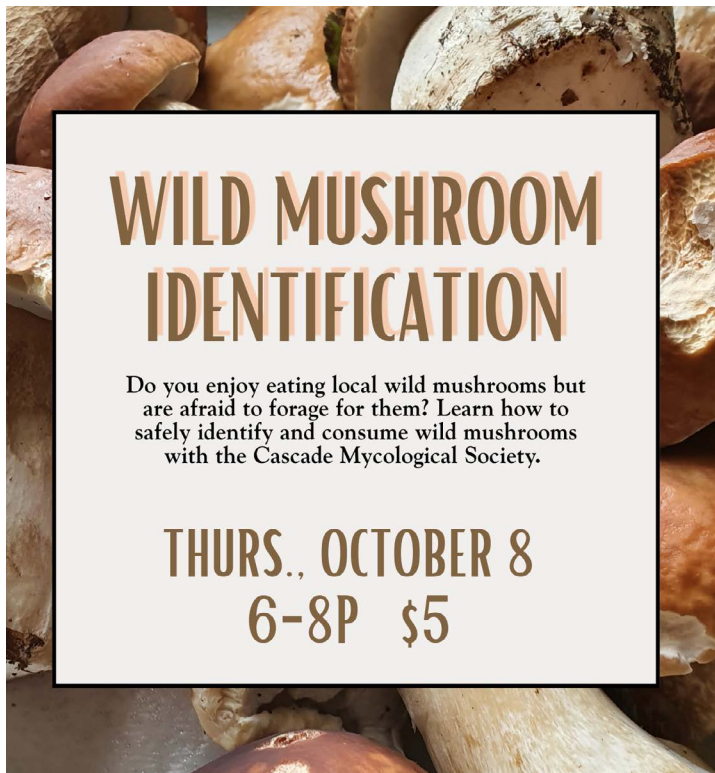
On the River Greenway
McClure to Stults and Raser Park

NEW! Children's Parade
Greenway at Stults 11AM

Stay in the loop
riverroadco.org/rc

Special Events

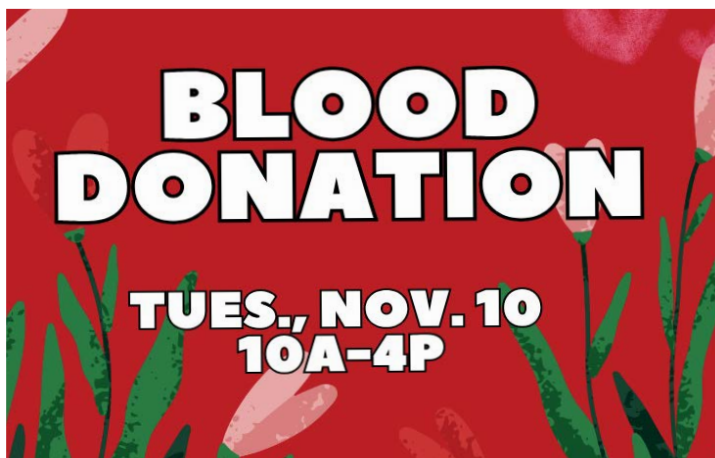
541-688-4052 • www.rrpark.org



WILD MUSHROOM IDENTIFICATION

Do you enjoy eating local wild mushrooms but are afraid to forage for them? Learn how to safely identify and consume wild mushrooms with the Cascade Mycological Society.

THURS., OCTOBER 8
6-8P \$5



BLOOD DONATION

TUES., NOV. 10
10A-4P



TRAVEL THE WORLD PRESENTATIONS

8/27 GREECE & ISLANDS	12:30-1:30P
8/27 PLAINS OF AFRICA	1:30-2:30P
12/2 PLAINS OF AFRICA	1P
12/2 DANUBE CHRISTMAS RIVERCRUISE	2P



River Road Park Pool

PUMPKIN DUNKIN

DIVE FOR PUMPKINS IN OUR INDOOR POOL!

SAT., OCTOBER 24 • 1:30-3P • \$4
1400 LAKE DRIVE



HOLIDAY CONCERT

SATURDAY, 12/12
6:30-8:30P \$25

1400 LAKE DRIVE EUGENE, OR 97404 541-688-4052 WWW.RRPARK.ORG

PRESENTING:
EUGENE GLEEMAN & EMERALD VALLEY CHORUS

Breakfast with Santa

**Saturday,
December 12
8:30-11:30a**



Bring your family for a delightful morning filled with kid crafts, music, gift raffle, pictures with Santa Claus, and a delicious breakfast.

Free event.
Donations accepted.

1400 Lake Drive, Eugene OR 97404
541-688-4052 www.rrpark.org



ATTENTION!
ANNUAL MAINTENANCE
8/29-9/27
WE WILL BE CLOSED

Aquatics/Fitness Center Info

Water Exercise

541-461-7777 • www.rrpark.org
Margaret McKenney | margaretm@rrpark.org

Pool & Fitness Center Reception Hours
M-F 5a-8:30p
Sa 6a-3p

Pool Fitness Spa Closures	School's Out Swims 2-3:30p
8/29-9/27 Annual Maintenance	10/9
10/10 Swim Meet	11/6
11/11 Holiday	11/23-25
11/21 Swim Meet	11/28
11/26-27 Holiday	12/21-23
12/24-25 Holiday	12/28-30
1/1/2027 Holiday	

FACILITY USE

- General admission and passes include use of the pool (when available), fitness center, spas & sauna.
- If you have a pass, please check in with the pool cashier and scan your fob before entering the facility.
- The pool is not always available during fitness center hours. Please refer to the pool schedule at rrpark.org.
- Swimmers must supply their own suit and towel.
- Street shoes are not permitted on pool deck.
- Shower thoroughly before entering pool/spa/sauna.
- Swimming attire must be modest: Revealing swimwear, such as thongs or see through suits may not be worn.
- Patrons must be 16 years or older to use the spas and sauna.
- Youth under the age of 16 years old must be accompanied and directly supervised by an adult during any non-rec swim programs.
- We recommend that persons under the age of 14 years old be directly supervised by a person aged 18 years or older.
- Adults must accompany, in the water, any non-swimmer under 46" tall. Guardians are not allowed to take non-swimmers into deep end.
- Coast Guard Type II or III approved life jackets are only permitted under direct parental supervision in the shallow end.
- Flotation devices such as water wings, flotation rings, buoyancy swimsuits, Puddle Jumpers, inflatable toys, or mermaid flippers are not permitted.
- Youth under the age of 16 years may not use the Fitness Center, 16-17 year olds must be accompanied by an adult over 18.
- Only water in non-breakable containers is allowed in the pool/fitness area/spas/sauna.
- Individuals under the influence of alcohol and/or drugs and those with disrespectful behavior will not be permitted to use the facility.
- We encourage a friendly environment; therefore, profanity, vulgar remarks or disrespectful comments will result in the expulsion from the facility.
- All guests must exit the building within 15 minutes of the last pool/fitness program.

AQUATIC ACTIVITIES

Lap Swims / Individual Water Ex Sept. 28 – Dec. 30

Lap swimming is available to individuals 16 years of age or older. At least 4 lanes (M-F) or 3 lanes (Sat) are available for lap swimming. Please check with the pool cashier for pool updates to the facility schedule.

MWF	5-5:55a	7-7:55a	12-4p
MW	7:30-8:30p		
TTH	5-8:25a	12-4p	8-8:30p
Sa	6-9a	10a-1:30p	

Family Swim Oct. 2 – Dec. 26

Time for children, parents or guardians to enjoy the pool together. Youth 16 years and younger MUST be accompanied by an adult over 18 years of age in the water. (Limit of 2 children per adult)

F	6:30-7:30p
Sa	9-10a

Recreation Swim Oct. 2 – Dec. 26

Open to individuals of all ages. Children under 46" tall MUST be accompanied in the water by an adult over 18 years of age.

F	7:30-8:30p
Sa	1:30-3p

LOOKING FOR A JOB?

We are hiring life-guards and swim lesson instructors.

Join an amazing group of people who love working in our community. We train and certify all our staff inhouse. Visit www.rrpark.org/life-guard for application information.



WATER EXERCISE

FREE "Try It" Week 9/28-10/2
(Priority for new students)
Fall Session runs 10/5-12/18 10 weeks
*No classes week of 11/23-27

Registration Information

All participants wanting to attend scheduled water fitness classes must be enrolled in a class. Registration will be in the main office between 8a-6p, if a class is full, you will be added to a waitlist.

Re-Enrollment; 9/21-22 ONLY for those currently enrolled.

New Enrollment; 9/23 for participants not currently enrolled in classes.

** Any available spots in any class will be open to online registration beginning 9/24.

Class Information

- Class instructional time is 55 min.
- Everyone enrolled in a scheduled shallow water exercise class MUST be comfortable in waist deep to mid-chest deep water, be able to enter, stand in and exit from the pool area with minimal assistance.
- Everyone enrolled in a scheduled deep-water exercise class MUST be comfortable in water too deep to stand up in (5 ft to 12 ft), as well as demonstrate the ability to wear appropriate deep water floatation equipment and stay upright comfortably in water too deep to stand in.
- If you are registered for a deep water class please provide your own equipment; question on what or where to purchase, contact the Aquatic Department at 541-461-7777.

Deeply Fit

Moderate to active individuals; running/jogging, traveling, and power moves guarantee your body a great workout. Designed to enhance cardio endurance, flexibility, range of motion, muscle strength and toning.

MWF	6-7a 8-9a	
Adult:	\$157 ID/\$196 OD	Senior: \$142 ID/\$177 OD
TuTh	8:30-9:30a	
Adult:	\$112 ID/\$140 OD	Senior: \$101 ID/\$126 OD



Aquabilities

Moderate activity with aerobic conditioning designed for a great workout in the deep water. Exercises will also focus on enhancing flexibility, range of motion, muscle strength and toning.

MWF	9-10a	
Adult:	\$157 ID/\$196 OD	Senior: \$142 ID/\$177 OD
MW	6:30-7:30p	
TuTh	9:30-10:30a	11a-12p
Adult:	\$112 ID/\$140 OD	Senior: \$101 ID/\$126 OD

Motivated Seniors - Deep & Shallow Combo

This moderately paced exercise program combines both deep and shallow water exercises to enhance flexibility, build strength and gain endurance.

MWF	10-11a	
Adult:	\$157 ID/\$196 OD	Senior: \$142 ID/\$177 OD

EZ Deep Aqua

Designed for semi-active adults, who are comfortable in deeper water. Aerobic conditioning is designed to build cardio and muscle endurance, range of motion, along with flexibility.

MWF	11a-12p	
Adult:	\$157 ID/\$196 OD	Senior: \$142 ID/\$177 OD

Innovative Power

Powerful, low impact moves provide dimensions to your workout, all while moving in the shallow water. Exercises will also focus on enhancing flexibility, range of motion, muscle strength and toning.

MWF	9:15-10:15a	
Adult:	\$157 ID/\$196 OD	Senior: \$142 ID/\$177 OD
TuTh	9-10a	
Adult:	\$112 ID/\$140 OD	Senior: \$101 ID/\$126 OD

S.M.I.L.E. - Slower Moves, Impact Lowered Exercise

Designed for semi-mobile adults, a "return to basics" exercise routine, includes gentle movements that target range of motion, balance, flexibility and comfort.

MWF	10:45-11:45a	
Adult:	\$157 ID/\$196 OD	Senior: \$142 ID/\$177 OD
TuTh	10:45-11:45a	
Adult:	\$112 ID/\$140 OD	Senior: \$101 ID/\$126 OD

ATTENTION!
ANNUAL MAINTENANCE
8/29-9/27
WE WILL BE CLOSED

Youth Aquatics

541-461-7777 • www.rrpark.org
Leia Matern, Head Coach | leiam@rrpark.org

LEARN TO SWIM

FREE Assessment Week Sept. 28-30: Drop in between 6:30-7:30p and an instructor will give you the correct level based on your child's skill assessment, before you register for swim lessons.

Program Information

Please note, not all classes may be offered each session. Please check our website at rrpark.org/swim-lessons for the most current information.

Session Dates and Fees

Lesson Sessions (TTH Evenings 6:30-8p) Classes are 30 minutes.
Session 1 10/6-11/5 TTH \$50 ID / \$60 OD
Session 2 11/10-12/17 TTH \$50 ID / \$60 OD
*No classes week of 11/23-26

Registration Information

Registration will be in the main office; walk-in will have priority over online registration. After the walk-in registration is complete online registration will open at 5pm for both In District and Out of District participants. (If you have questions about setting up your account, call 541-688-4052.)

INFANTS/TODDLERS

Penguin & Polar Bear

Penguin (Age 6-26 months) & Polar Bear (Age 27 months - 3 years) Designed to teach parents methods for working with their child in the water and developing water safety skills. We will help prepare you and your child for their first independent water experience as they age out of these classes. Parent/s participation is required.

3 YEAR OLDS

Tadpole

Designed to be a 3-year old's first independent water experience. Child must be able to get into the pool without a parent.

4-5 YEAR OLDS

***Must be 4 years of age at the start of class.**

Shrimp

A class designed for a 4-5 year old's first solo water experience. Child must be able to get into the pool without parent present.

Swim Lesson Registration Dates					
Sessions & Dates			Walk In		Online
			ID	OD	
1	F	10/2	4p	4:30p	5p
2	F	11/6	4p	4:30p	5p

**** Please be considerate! If your child does not attend school or day care due to illness, they should not attend lessons.**

6+ YEAR OLDS

***Must be 6 years of age at the start of class.**

Angelfish

A class designed for the first time students. Must be comfortable, and confident to enter water with minimal assistance.

Bass

Prerequisites: Independent front float, front glide with flutter kick, and beginning front crawl. Independent back float with recovery; back glide with flutter kick, and elementary backstroke with flutter.

Catfish

Prerequisites: Beginning front crawl, beginning backcrawl with flutter kick, comfortable elementary backstroke with flutter kick, and jumping into deeper water then returning to pool edge.

Trout

Prerequisites: Front crawl with side breathing, independent back crawl, and elementary backstroke. Jumping into the deep end and swimming to pool edge; treading water, and underwater swim 6ft.

Salmon

Prerequisites: Front crawl with side breathing, 25 yards; back crawl, 25 yards; elementary backstroke with whip kick, 15 yards; treading water, 30 seconds; underwater swimming, 10 feet.

Adult Lessons

Designed for students over 18 years of age, this class will teach beginning front crawl, elementary backstroke with flutter kick, and water safety. This class will also introduce the student to deep water. Please contact Margaret at 541-461-7777 or margaretm@rrpark.org for more class information.

10/5-12/16 M or W 6:30-8p \$45 per ½ hour

RIVER ROAD SWIM TEAM

To join the River Road Swim Team, your swimmer will need to be able to swim two of the four competitive strokes (typically freestyle and backstroke) unassisted for at least two lengths of the pool (50 yds). The swimmer's skill level and ability will be assessed by the coaching staff during a scheduled tryout. Please contact Leia Matern at 541-461-7777 or leiam@rrpark.org to schedule tryouts.

Swimmers of all abilities will compete against others of their own age/gender. All swimmers are required to be registered with Oregon and USA Swimming. Visit the RRST website for more information, www.rrpark.org/team-unify.

The 2026-2027 season will run Sept. 28, 2026 – Aug. 20, 2027. A current credit card on file is required.

Junior Otters

Ages 6-12. Instruction covers stroke mechanics, competitive starts, turns, and relay exchanges.

MWF 4:30-5:30p \$645 for 11months or \$60 monthly

Intermediate Group

Ages 8-13+. Placement is done after a skill assessment by the coaching staff. Ongoing emphasis on stroke mechanics for all four competitive strokes, endurance, and teamwork will be the highlights of this group.

M-F 4:30-6:30p \$769 for 11 months or \$75 monthly

Senior Group

Prerequisite: swimmers must be proficient in all four competitive strokes, turns and starts (as defined by USA Swimming rules). This group will focus on endurance, through structured workouts both on land and in the water. Teamwork is a major focus of the Senior Group.

M-F 4:30-6:30p \$1,050 for 11months or \$100 monthly



Gymnastics

Please make note!
Gymnastics Northwest, is not located at Emerald Park.
30043 Leghorn Rd. (Prairie & Leghorn)

Facility Closures	
9/7	Holiday
11/11	Holiday
11/26 & 11/27	Holiday
12/24 & 12/25 & 1/1	Holiday

541-688-4052 • www.rrpark.org
Julie Eagen | Juliee@rrpark.org

541-688-8955 30043 Leghorn Rd. (Prairie Road & Leghorn)	Weekdays: Closed from 12-1p M-Th: 10a-6p Friday: 10a-5p
---	---

About the Facility

The gymnastics center, home of Gymnastics Northwest, has all Olympic apparatus and professional coaches to provide a complete, safe, and well-designed program.

- All classes run on a monthly basis and are ongoing.
- Gymnasts can be tested into any skill level with the approval of the head coach. For more information on skill level placement, ask for Julie at 541-688-8955.
- No refunds or credits for absenteeism.
- Tuition is due the first business day of every month, payable to River Road Park Gymnastics, online or by calling 541-688-8955 and paying with a credit card.

Preschool Open Gym

Ages walking-5. Bring your child to the ultimate play-group. Children will enjoy healthy activities on our tumbling and in-ground trampolines, bars, rings, beams, and fun shaped mats. Adults must accompany their children with a maximum of 2 children per adult.

On-going	W	10a-12p	\$7/child
----------	---	---------	-----------

Private Lessons

Instruction is available at any skill level on an individual basis. For details call the gym office at 541-688-8955.

\$50 - 1 hour	\$40 - 3/4 hour	\$25 - 1/2 hour
---------------	-----------------	-----------------



Holiday Gymnastics Camp

Ages 6-12. Open to girls of all skill levels, these camps promise a full range of exposure to gymnastics and serious FUN. Skills will be taught on all gymnastics apparatus under the supervision of our coaching staff. Please wear comfortable exercise clothing.

12/28-12/31
M-Th 9a-1p \$130

Contact the gym office at 541-688-8955 to register.

Birthday Parties

Celebrate your birthday at our Gymnastics Center! Try a fun alternative to a traditional party for your child. Gymnastics parties include: 1 hour of supervised fun and games on the spring floor, bars, climbing net, tumble trak, trampoline and more plus 30 minutes for opening presents, and refreshments, provided by parents. Call to reserve.

- \$140 (up to 10 children)
- Saturday or Sunday only. Extra .5 hour available for \$35.
- On-going Sa 1:30-3p 3:30-5p
- On-going Su 1-2:30p 3-4:30p

Fabulous Friday Open Gym

Ages 6-12. Practice your skills and have fun making new friends! Our gym is loaded with great equipment. Bring your friends for a funtastic time.

On-going	F	7-8:30p	\$7/child
----------	---	---------	-----------



*ALL CLASSES WITH AN ASTERISK REQUIRE COACHES CONSENT PRIOR TO SIGNING UP.
Fees are paid monthly.

Mini Mites (Parent & Child)

\$34 ID/\$42 OD
Ages 18-36 months. Enjoy interacting with your child through gymnastics. Developmental activities will give you plenty of hands-on time with your child while working with our instructor.

Sa	9-9:30a
----	---------

Caterpillars

\$50 ID/\$62 OD
Age 3. Develops mind and body coordination, balance, flexibility and self-confidence. Beginning tumbling skills will be taught, as well as simple dance movements and creative games. Maximum 5 students per instructor.

Tu	9:30-10:15a 10:30-11:15a
W	9-9:45a
Sa	10-10:45a

Fireflies

\$50 ID/\$62 OD
Age 4-5. Builds a strong foundation in basic movement and locomotor skills as well as developing flexibility and coordination. Maximum 6 students per instructor.

M	4-4:45p
Tu	4-4:45p 5-5:45p
W	4-4:45p
Th	3:30-4:15p 4:30-5:15p 5:30-6:15p
Sa	9-9:45a 11-11:45a

Hot Shots*

\$80 ID/\$100 OD
Ages 5 & 6. Designed to prepare highly motivated girls for future placement on a competitive team. Workouts are centered around skill building, strength training, flexibility, and routine development. Entry to class is by taking Dragonflies and consent of instructor. Maximum 6 students per instructor.

MW	5-6:15p
----	---------

Girls: Level 1

\$58 ID/\$72 OD
Ages 6-up. Gymnasts will learn beginning skills on all events. Emphasis will be on skill combination, strength and flexibility. Students will learn rolls, positions, cartwheels, and other fundamentals on all the apparatus. Maximum 8 students per instructor.

Tu	3:45-4:45p 5-6p 6:15-7:15p
W	2:30-3:30p 3:45-4:45p 5-6p 5:15-6:15p
Th	3:45-4:45p 5-6p 6:15-7:15p
Sa	9:45-10:45a 11-12p

Girls: Level 2

\$68 ID/\$85 OD
Ages 6-up. Designed to increase strength and to teach advanced skills on all equipment. Class will be fast paced. Maximum 8 students per instructor.

M	3:45-5p 5:15-6:30p
W	2:30-3:45p 3:30-4:45p 6:15-7:30p

Boys: Gymninja

\$58 ID/ \$72 OD
Ages 6-up. This class is designed for boys who want to be active with both gymnastics elements and ninja type activities. Emphasis will be on having fun while developing strength, flexibility, coordination and balance. Maximum 8 students per instructor.

Sa	9:45-10:45a 11a-12p
----	-----------------------

Girls Pre-Team* A & B

Ages 5-up. This pre-competitive girl's class provides a foundation for eventual team performances. Gymnasts will train advanced skills and combinations leading up to U.S.A.G. routines.

MW	A	5-6:45p	\$107 ID/\$133 OD
TuTh	B	3:30-5:30p	\$122 ID/\$152 OD

Girls Team: Level 3-10*

Ages 6-up. Gymnasts will be working on U.S.A.G. routines in order to prepare for their competitive season. Call for schedule.

Level 3-5	\$203 ID/\$225 OD
Level 7-10	\$279 ID/\$310 OD

Power Tumbling

\$68 ID/\$85 OD
Ages 12-up. Basic to advanced tumbling skills for cross training, cheerleading, dance teams or just for fun. Acrobatic tricks will be emphasized including: forward & backward walkovers, hand springs, aerials, round offs, and back tucks. Maximum 8 students per instructor.

M	7-8:15p
---	---------



Youth School Info

Facility Closures	
9/7	Holiday
11/11	Holiday
11/26 & 11/27	Holiday
12/24 & 12/25 & 1/1	Holiday

INFO SCHOOL YEAR 2026-27

Secure Your Spot Today!

Registration for Fall 2026-2027 school year is now open.

- There is a non-refundable \$50 annual registration/supply fee for early learning, ASAP.
- The State of Oregon Health Department requires current immunization records for each child before the first day of attendance.
- Monthly fees for all children’s programs are averaged for the year and include some holidays and some “no school” days.

PROGRAMS FOR AGES 2-5

Playschool

Age 2. Child must be 2 by September 1st. No Age Exceptions. Give your child the opportunity to interact with peers in a fun, supportive environment! This program fosters physical, social, mental, and emotional growth through age-appropriate activities such as arts and crafts, songs, stories, dramatic play, and large motor activities. It’s an ideal introduction for children who may be away from their parents for the first time. Please dress your child in comfortable play clothes. Instructors: Genanna Hall, Ren Washington

9/14	MW	9-11a
\$128 ID/\$160 OD/Month		Modular
9/15	TuTh	9-11a
\$128 ID/\$160 OD/ Month		Modular

PROGRAMS FOR AGES 3-5

Preschool

Age 3. Child must be age 3 by September 1st and fully toilet trained, no pull ups please! No Age Exceptions. Children learn to work and play as part of a group while building confidence and independence. They’ll make friends, practice taking turns, listen, and express feelings in positive ways — helping them feel good about themselves while at “school.” Activities include songs, games, arts and crafts, cooking, musical instruments, and dramatic play, with a balance of active and quiet times. If classes are full, please put your child on a waiting list. The first day of class will be September 15th. Instructors: Ceci O’Brien, Kyle Liljiberg, and Laurena Matava

9/15	TuTh	8:30-11a
\$210 ID/\$220 OD/Month		Rm A/B

Prekindergarten

Ages 4-5. Child must be age 4 as of September 1st and fully toilet trained, no pull ups please! No Age Exceptions. Children will prepare for kindergarten by learning colors, shapes, the alphabet, and numbers — including counting, patterns, comparisons, and sets. Through games, music, arts, crafts, and cooking activities, they’ll strengthen both large and small motor skills, improve social skills, and build a positive self-image in a supportive environment. If classes are full, please put your child on the waiting list. The first day of class will be September 14th. Instructors: Ceci O’Brien, Kyle Liljiberg, and Laurena Matava

9/14	MWF	8:30a-12:30p
\$270 ID/\$290 OD/Month		Rm A/B

AFTER SCHOOL ADVENTURE PROGRAM

A.S.A.P. After School Adventure Program

Grades K-5. A.S.A.P. is an extended care service designed for children with working parents. Certified drivers safely transport children from their school to River Road Park in park district vans. At the park, children participate in a variety of recreational activities that promote self-esteem, social skills, and the healthy use of leisure time. We are certified by the USDA snack program. A.S.A.P. operates after school and on most scheduled no-school days, following the 4J School District calendar. The program is open until 6:00 PM.

- Open to full-time participants only (Monday–Friday, 5 days per week — no exceptions).
- Tuition is averaged over a 9-month period (excluding winter and spring break).
- Fees and schedules can be picked up at the park office.

Schools serviced: Howard, River Road/El Camino del Río, Spring Creek, Yujin Gakuen, and Awbrey Park.

Start date: September 8th

For more information, please call the park office at 541-688-4052 or contact your school office.

2026/27 ASAP Fees

In District	Out of District
\$316/month	\$395/month
Sibling discount rate for each additional child	
\$296/month	\$375/month
\$50 non-refundable supply fee due at registration.	
December, March and June will be pro-rated.	
Winter/Spring Break Camps will be offered for a separate fee.	

Youth Classes

541-688-4052 • www.rrpark.org

Keenan Hamilton | Keenanh@rrpark.org

Early Education Open House | September 3

This event is for anyone interested in our program as well as currently enrolled families. Come meet our incredible teachers and get all your questions answered!

- Playschool meets in our Modular Building, located outside by the basketball court
- Preschool and Pre-Kindergarten meet inside our main building in room A/B.

11-11:30a Playschool MW	11-11:30a Preschool
12-12:30p Playschool TuTh	12-12:30p Pre-Kindergarten

CLUBS & CLASSES

Middle School Clubs

Grades 6–8. Programs are open to all middle school students, with experienced staff leading engaging and age-appropriate activities each day. Programs run October 6th through May 27th. Registration is offered as a punch pass membership. Room C

Tuesdays: Magic the Gathering (4-6p)		
Wednesdays: Dungeons & Dragons (3-6p)		
Thursdays: Art Club (4-6p)		
5 Punch Pass- \$50	15 Punch Pass- \$135	30 Punch Pass- \$250

Middle School Baking

Grades 6-8. Explore how to accurately measure, prepare and bake pumpkin bread and some no-bake treats. Instructor: Laurena Matava

10/12	M	4-6p	\$32 ID/\$40 OD	Rm C
11/9	M	4-6p	\$32 ID/\$40 OD	Rm C
12/14	M	4-6p	\$32 ID/\$40 OD	Rm C

(New!) You Can Become a Magician

Ages 8-12. Learn how to do magic tricks as well as the basic beginning steps to becoming a magician. In this 1 hour and fifteen-minute class where you will learn some amazing tricks with rope, cards and other items. Supplies will be provided. Instructor: David Grinder

9/12	Sa	1-2:15p	\$32 ID/\$40 OD	Rm C
10/10	Sa	1-2:15p	\$32 ID/ \$40 OD	Rm D

Tiny Twirlers

Ages 4 to 7. Get ready to move and groove! This high-energy dance class is perfect for kids who love to twirl, jump, and express themselves through movement. Dancers will explore a fun mix of styles including ballet, jazz, tap, and creative movement while building rhythm, coordination, and basic choreography skills. With upbeat music and playful activities, each class boosts confidence, encourages teamwork, and inspires a lifelong love of dance. No experience necessary, just bring your enthusiasm and dancing feet! Instructor: Julia Spence

9/28-12/9	MW	4-5:30p	\$160 ID/\$200 OD	Rm C
-----------	----	---------	-------------------	------

Safe Sitter

Ages 11-13. Safe Sitter classes prepare young adolescents to be safe, nurturing babysitters. They will receive firsthand training in areas such as: Child Care Essentials, Safety for the Sitter, Injury Management, Preventing Problem Behavior, and introduces Preventing Injuries and Behavior Management. Developed in 1980 by an Indianapolis pediatrician, Safe Sitter is a medically accurate program that teaches children how to manage emergencies when caring for young children. Each student will receive The Safe Sitter Babysitter’s Handbook. This class includes choking rescue but does not include CPR. Held at River Road Park District, 1400 Lake Dr. Classes are limited to eight students. Classes will be held in classroom E. Instructor: Sasha Aninipot

9/19	Sa	9a-3p	\$96 ID/\$120 OD	Rm E
10/17	Sa	9a-3p	\$96 ID/\$120 OD	Rm E
11/14	Sa	9a-3p	\$96 ID/\$120 OD	Rm E

Youth Cribbage Club

High schoolers learn to play one of the most classic and engaging card games: Cribbage! This club is perfect for beginners or those looking to sharpen their skills in a relaxed, social setting. Over five consecutive Saturdays starting October 3, players will dive into rules, scoring, strategy, and gameplay—building math skills, critical thinking, and sportsmanship along the way.

Already know how to play? Join us for a skills assessment on Saturday, September 26, to be placed appropriately. Open to the first 30 players. Contact instructor Paul Brown at justacoach@yahoo.com for more information.

Assessment	9/26	Sa	9a-12p	Free	Rm D
Regular Play	10/3-31	Sa	9a-12p	Free	Rm D

Winter Break Camp

Join us for a fun adventure as we turn winter vacation into a memorable experience! Kids will enjoy a variety of games, arts and crafts, and active sports activities each day. This is a four day program only; no daily drop-in care is available. Drop-off begins at 8:00 AM in modular building.

12/28-31	M-Th	8a-5p	\$144 ID/\$180 OD
----------	------	-------	-------------------

Adult Fitness

Facility Closures	
9/7	Holiday
11/11	Holiday
11/26 & 11/27	Holiday
12/24 & 12/25 & 1/1	Holiday

Fitness/Recreation Class Registration Dates	
Fall Re-enrollment	8/31
New enrollment	9/2

541-688-4052 • www.rrpark.org

Brian Breedlove | Brianb@rrpark.org

FITNESS PASS CLASSES

Fitness Pass		
Our Fitness Pass will allow you to participate in our Fitness Pass Classes listed in this section. The passes are good for all Fall Session classes listed below. Fall Session runs from September 21 through December 19. A current pass is required to attend classes.		
Single entry drop-in: Adult \$8 Senior \$6		
10 visit pass	Adult: \$51 ID/\$64 OD	Senior: \$38 ID/\$48 OD
1-month	Adult: \$64 ID/\$80 OD	Senior: \$48 ID/\$60 OD
3-month	Adult: \$154 ID/\$192 OD	Senior: \$115 ID/\$144 OD

Pickleball

This racket sport is like badminton, tennis, and racquetball. It is a simple paddle game played using a special perforated slow-moving ball over a tennis-type net on a badminton sized court. Please scan-in each time you come to play. You may also use the pool and fitness center with this pass. Silver & Fit/Active & Fit/Renew Active/One Pass members welcome. **Check the website or lobby whiteboard for any other schedule changes.**

9/22-12/17	TuTh	1-4p	MP
9/26-12/19	Sa	9:30a-2p	MP
*No Class: 10/10, 11/21, 12/5, 12/12, 12/26			
10 visit pass/scan		Adult: \$64	Senior: \$48
Drop in \$8/Senior \$6			

Dance Fitness

For all fitness levels! Energize your workout with easy-to-follow dance and fitness moves. A mix of upbeat pop, Latin, R & B, and jazz music will make your workout fun! 1 to 2 lb. handheld weights (optional) can be used for several songs to enhance your workout. Instructor: Pamela Howells

9/21-12/17	MWTh	5:30-6:30p	(MW-MP, Th-Rm A/B)
Drop in \$8/Senior \$6			

(NEW!) Low Impact Floor Aerobics

Engaging low impact aerobics with joint-friendly movements: marching, step touch, V-steps, high knees, mambo & grapevine. Feels like a brisk one-mile walk! Instructor: Larry Meyers

9/22-12/17	TuTh	8-9a	MP
Drop in \$8/Senior \$6			

Step’n Out

Designed to promote the benefits of walking and a healthy lifestyle. We will begin and end at the River Road Baptist Church, 1105 River Rd. Eugene, OR 97404. Wear sturdy, comfortable walking shoes. We will walk, rain or shine. No leader for this program. Just meet up with other fun walkers and be ready to walk. Leave at 9a sharp.

Ongoing	TuTh	8:45-9:45a	Free
---------	------	------------	------

Body Shop

Join a personal trainer for 45 minutes of unique and challenging group exercise routines. Build strength and endurance, improve flexibility and mobility. All exercises can be adapted to your current level of fitness. Instructor: Jeff Hardisty, ACSM-CPT

9/22-12/17	TuTh	6:30-7:15a	MP
9/22-12/17	TuTh	5-5:45p	MP
Drop in \$8/Senior \$6			

BodyFit - Virtual availability

BodyFit is a dynamic, Pilates-inspired total body workout designed to strengthen your core and enhance overall flexibility. This low-impact class focuses on controlled movements, helping you build long, lean muscles while improving posture and balance. Perfect for all fitness levels, BodyFit leaves you feeling energized, aligned, and strong. Instructor: Jennifer Halse

9/21-12/16	MW	3:15-4:15p	MP
Drop in \$8/Senior \$6			

Tai Chi for Body & Mind

Basics of Tai Chi movement and its philosophy through practicing the 42 combined form (the competition form), warm up and cool down exercises including medical qigong. The traditional Japanese and Chinese method will be taught for your body and mind. All levels welcome. Instructor: Dennis Soper

9/25-12/18	F	10:45a-12p	Rm C
Drop in \$8/Senior \$6			

Belly Dance - Skills and Drills

This is an all level Tribal/Tribal Fusion class. Learn basic Tribal and Tribal Fusion movements inspired by Middle Eastern, North African, East Indian, and Flamenco cultures. Instructor: Candice Morgan

9/24-12/17	Th	6-7p	Rm C
Drop in \$8/Senior \$6			

FITNESS CLASS - REGISTERED

Personal Fitness Training

Looking for one-on-one personal training? River Road Park and Recreation District offers highly effective personal training utilizing our fully equipped fitness center and MP exercise room. Our ACSM, NASM, or ACE certified personal trainer is committed to helping you achieve your health fitness goals. Each workout, including warm-up and cool down, takes approximately 50-60 minutes to complete and focuses on controlled strength, balance, and movements that increase flexibility, mobility, and agility. To set up your initial session, contact the Business Office, 541-688-4052.

\$55 per session/\$150 3 -Sessions/\$230 5 - Sessions
*Does not qualify as Silver & Fit/Renew Active/One Pass class or Senior/ID discounts.

Fitness Center Orientation

This event will provide participants with a guided walk-through of our fitness center, including detailed demonstrations of cardio and strength training equipment. This orientation is designed to familiarize community members with the layout of the fitness center and provide hands-on instruction in the safe and effective use of equipment. The goal is to reduce apprehension for new users, improve confidence, and promote safe fitness practices. MEET IN FITNESS CENTER. Instructor: Jeff Hardisty

10/6	Tu	4-5p	Fitness Center	\$15
------	----	------	----------------	------

(NEW!) Line Dancing

This beginning line dance class is great exercise for your brain, easy on your joints, and can improve your balance. You’ll learn the basic line dance steps and we’ll dance together to a variety of music. Wear loose, cool clothing, and shoes that will slide on the floor. Bring a friend and join the fun! Instructor: Mary Wall

9/21-12/16	MW	1:30-2:30p	Rm C
Adult: \$146 ID/\$182 OD		Senior: \$132 ID/\$164 OD	

Latin Gold Dance Fusion

Latin Gold Dance Fusion is for all fitness levels. Come join the fun of this low impact, high energy class. Latin music is fused with pop music. You will have so much fun; you won’t realize that you are exercising! Instructor: Elaine West

9/21-12/18	MWF	8:30-9:30a	MP
Adult: \$220 ID/\$275 OD		Senior: \$199 ID/\$248 OD	

Step It Up

This step-based class (can be done with or without the step) will improve your cardiovascular fitness, muscular endurance, and balance, by incorporating weights, bands and balls with moves that are fun and easy to follow. Work at your own pace. Wear supportive shoes. Please note this class will be held outside on the basketball courts for most of the session. In case of bad weather, it will move indoors to the MP Room. Instructor: Alaina McCullugh

9/21-12/18	MWF	9:45-10:45a	MP/Parking Lot
Adult: \$220 ID/\$275 OD		Senior: \$199 ID/\$248 OD	

Fit & Flex

This fun, dynamic, total body workout is designed for anyone with a desire to stay strong and continue performing daily activities with confidence and ease. Class begins with an aerobic warm-up that will keep your body and mind working together in harmony. Exercise sequences and stretches are designed to improve overall strength, balance, mobility, flexibility and bone density. These exercises are performed seated, standing or on the floor on a mat. Exercise equipment including hand weights, 9” ball, floor mat and exercise tubing are used to build stamina and endurance. Exercise modifications provided to suit multiple fitness levels. Instructor: Jennifer Halse

9/22-12/17	TuTh	11a-12p	MP
Adult: \$146 ID/\$182 OD		Senior: \$132 ID/\$164 OD	

Fit & Balance

This functional fitness class focuses on maintaining confidence in performing daily activities for independent living and quality of life with a focus on improving mobility, overall strength, flexibility, and balance. Class begins with a gentle, yet challenging warm-up to get your body moving and your heart pumping. Exercise sequences are performed seated in a chair and standing. Optional equipment, including hand weights, 9” ball, and exercise tubing that will enhance exercise sequences to build stamina, muscular strength and bone density. Exercise modifications for all fitness levels and individual needs. Instructor: Jennifer Halse

9/21-12/16	MW	12:30-1:30p	MP
Adult: \$146 ID/\$182 OD		Senior: \$132 ID/\$164 OD	

Body Sculpt & Stretch – Virtual availability

Put a smile on your face and stay confident, healthy, young, and agile while you sculpt, strengthen, and lengthen your body. This program includes functional movement, strength training, and mind-body exercise sequences designed to help balance any imbalances in your body. Exercises are performed standing, sitting in a chair, and on the floor using a mat. Provided exercise equipment such as weights and exercise bands enhance the workout, helping you build strength and mobility in your muscles, bones, and joints. Stretching is incorporated throughout class to keep your body feeling flexible, strong, and balanced. Instructor: Jennifer Halse

9/25-12/18	F	12:30-1:30p	MP
Adult: \$73 ID/\$91 OD		Senior: \$66 ID/\$82 OD	

TAI CHI / QIGONG / TAE KWON

Chen Style Tai Chi

Discover the original and oldest form of Tai Chi in this engaging class designed to improve both body and mind. Chen Style Tai Chi combines slow, flowing movements with occasional bursts of power, creating a unique practice that develops balance, flexibility, coordination, strength, and overall wellness. Practice Old Fram Route #1. Silk reeling Qigong and Tai Chi pushing hands for partners. Warm up and cool down exercises including medical Qigong. All levels welcome. Instructor: Dennis Soper

9/25-12/18	F	12:15-1:30p	Rm C
Adult: \$92 ID/\$114 OD		Senior: \$83 ID/\$103 OD	

24-Form Yang Tai Chi

The 24-form Yang style is the most popular Tai Chi form in the world. It is an excellent beginner’s form, easy to learn and a great introduction to basic Tai Chi principles. Along with warm-up, cool down, and medical Qigong, practicing this form can improve balance, flexibility, cardiopulmonary health, and mental and emotional well-being. Instructor: Dennis Soper

9/22-12/17	TuTh	6-7p	Rm D
Adult: \$146 ID/\$182 OD		Senior: \$132 ID/\$164 OD	

Adult Fitness

Facility Closures	
9/7	Holiday
11/11	Holiday
11/26 & 11/27	Holiday
12/24 & 12/25 & 1/1	Holiday

East Meets West: Tai Chi for Balance - Virtual availability

Combines movement, balance, strength, and awareness! Class blends alignment and breath work with variations on core and upper body exercises. This exercise program combines movement activities from evidence-based exercises or therapies aimed at promoting mental and physical health. Instructor: Denise Thomas

9/21-12/18	MWF	2-3p	MP
Adult: \$220 ID/\$275 OD		Senior: \$199 ID/\$248 OD	

Qigong and Internal Energy Work

This class will include movement sets and standing postures to help promote vitality and healing in your body. You will work on body alignments that allow chi to flow freely through meridians or energy channels. We will also practice internal work or Neigong, which focuses on more subtle internal movements and includes learning about and experiencing our own energy fields. This class meets twice a week and will allow more in-depth teaching and practice including Taoist methods of dissolving blockages inside and outside your body. Instructor: Sarah McMullen

9/22-12/17	TuTh	1:30-2:30p	Annex
Adult: \$146 ID/\$182 OD		Senior: \$132 ID/\$164 OD	

Qigong for Self-Healing

This class combines gentle movement, controlled breathing, and meditation to promote balance, healing, and vitality. In this course, students will learn how to tap into their body’s natural energy (Chi) to enhance their physical, emotional, and mental well-being. The focus will be on self-healing techniques to alleviate stress, improve circulation, boost immune function, and restore harmony within the body. Through guided exercises, students will practice foundational Qigong forms that are specifically designed to cultivate energy flow, release blockages, and activate the body’s natural healing abilities. The class will also incorporate mindfulness and breathwork to deepen the connection to oneself and enhance overall health. Instructor: Sarah McMullen

9/24-12/17	Th	11a-12p	Rm C
Adult: \$73 ID/\$91 OD		Senior: \$66 ID/\$82 OD	

Tae Kwon Do

AGES 7+. Tae Kwon Do is a traditional Korean martial art performed with empty hands, bare feet, and a strong spirit. Students, in the beginning class, will learn kicking and hand techniques for self-defense, while developing their physical fitness and self-confidence. The intermediate class offers advanced training in sparring skills, forms, and self-defense techniques for students wishing to advance in the belt ranking system. This is an excellent sport the whole family can enjoy. Instructor: John B. Camp

Ongoing	WF	6-7:30p	Youth/Adult	Annex
\$60/month				

*Does not qualify as Silver & Fit/Renew Active class.

YOGA / PILATES / MEDITATION

(NEW!) Yoga for All – Virtual availability

This gentle Yoga class will help you feel good working with your body from where you are now. Explore mindful movement and breath, calm your mind, and align, stretch and strengthen your body. You will learn and practice Hatha Yoga postures “Asanas” and sequences with mindful breath and body awareness. As you progress, you will build stamina and strength in your core and whole body while improving balance, flexibility, mobility, and posture. This is a progressive beginner-friendly class with exercise performed standing, on the floor, and using a mat. Instructor: Jennifer Halse

9/22-12/17	TuTh	4:15-5:30p	Annex
Adult: \$183 ID/\$228 OD		Senior: \$165 ID/\$206 OD	

(NEW!) Open Level Yoga

A balanced class combining strength, mobility, breathwork, mantra, and gentle to moderate vinyasa. Appropriate for all experience levels with modifications offered throughout. Students should be comfortable getting on and off the floor and practicing on hands and knees. Instructor: Bailey Thompson

10/6-12/17	TuTh	9:15-10:30a	Annex
Adult: \$154 ID/\$193 OD		Senior: \$139 ID/\$174 OD	

Vinyasa Yoga

Vinyasa is a type of yoga that links movement and breath to attain balance in the mind and body. From the Sanskrit “to place in a special way,” vinyasa aligns a deliberate sequence of poses with the breath to achieve a continuous flow. Instructor: Bailey Thompson

10/5-12/16	MW	4:30-5:30p	Annex
Adult: \$123 ID/\$154 OD		Senior: \$111 ID/\$139 OD	
10/2-12/18	F	10-11:15a	Annex
Adult: \$63 ID/\$77 OD		Senior: \$56 ID/\$70 OD	
10/5-12/16	M	6-7:15p	Rm C
Adult: \$63 ID/\$77 OD		Senior: \$56 ID/\$70 OD	

Gentle Yoga for Seniors – Virtual only - (Silver & Fit does not qualify.)

A gentle form of Hatha Yoga that combines easy stretches with conscious breathing and focus within. Leave every class with a smile. Class is structured for all levels of ability. Instructor: Joan Dobbie

9/21-12/18	MWF	8:30-9:45a	Virtual Only
Adult: \$238 ID/\$297 OD		Senior: \$215 ID/\$268 OD	

Chair Yoga Fusion- Virtual availability

Chair Yoga Fusion is a great option for those who find it difficult to get up and down from the floor. This gentle yet challenging whole-body exercise program includes both seated and standing exercises with modifications appropriate for individual fitness levels. Yoga postures (asanas) and breathing techniques are incorporated to help calm the mind, reduce pain, strengthen and tone the body as well as improve posture, mobility, flexibility, and balance. Optional exercise equipment such as weights and exercise balls will be used to enhance the exercises and make it fun! Instructor: Jennifer Halse

9/21-12/18	MWF	11a-12p	MP
Adult: \$220 ID/\$275 OD		Senior: \$199 ID/\$248 OD	

Pilates for Mature Adults - Virtual availability

Would you like to improve core strength, posture, balance, flexibility, spinal and joint mobility? Pilates is a low-impact, whole-body exercise program that targets the connections of your core, spine, and pelvic floor to improve your posture and sculpt lean muscles without taxing the joints. This mind-body program is performed both standing and on a mat. Learn to connect your breath with a series of controlled movements that flow into one another with precision. Light weights and soft balls are used to aid in body awareness, sculpt and tone the body. Stretching is incorporated throughout class. Leave class feeling tall, strong, relaxed, balanced, and energized. Appropriate for most fitness levels. Participants must be able to get up & down from the floor. Instructor: Jennifer Halse

9/21-12/16	MW	9:15-10:30a	Rm C
Adult: \$183 ID/\$228 OD		Senior: \$165 ID/\$206 OD	
9/25-12/18	F	9:15-10:30a	Rm C
Adult: \$92 ID/\$114 OD		Senior: \$83 ID/\$103 OD	

Pilates-Yoga Fusion – Virtual availability

This Mind-Body class infuses elements of both Pilates and Yoga to give you a balanced whole-body workout. Your body will feel balanced, connecting movements of your core, pelvic floor, and spine to build strength and mobility. Improve your posture, balance, joint stability, stamina, and spinal mobility while toning, stretching, and elongating your body. End class with gentle stretching and meditation. Leave class feeling energized, centered, and focused for the rest of your day. Appropriate for most fitness levels. Exercises are performed standing and, on the floor, using a mat, so please bring an exercise mat to class. Instructor: Jennifer Halse

9/22-12/17	TuTh	9:30-10:30a	MP
Adult: \$146 ID/\$182 OD		Senior: \$132 ID/\$164 OD	

Adult Programs

FINE ARTS

(NEW!) Chinese Inkbrush Painting - Beginner – Evenings

Discover the fundamentals of Chinese ink brush painting while learning about the traditional brushes, paper, and ink used in this art form. Instruction focuses on the classic “Four Gentlemen”—bamboo, orchid, chrysanthemum, and plum blossom—as well as Chinese landscape painting. Bring your own supplies or purchase a complete beginner’s kit from the instructor for \$65. Instructor: Teresa Logan Hsu

9/23-12/16	W	5:30-7:30p	Rm E
Adult: \$146 ID/\$182 OD		Senior: \$132 ID/\$164 OD	

Chinese Inkbrush Painting - Beginner

Learn the basics of Chinese inkbrush painting and about the types of brushes, paper, and ink to use. Classes will focus on the “Four Gentlemen” – bamboo, orchid, chrysanthemum, and plum flower – as well as Chinese landscapes. Students work at their own pace. Bring your own equipment or buy inexpensive items from the instructor (\$65 for complete supplies: sumi ink, brush, shuen paper and mat). Instructor: Teresa Logan Hsu

9/23-12/16	W	3:15-5:15p	Rm E
Adult: \$146 ID/\$182 OD		Senior: \$132 ID/\$164 OD	

Chinese Inkbrush Painting - Intermediate

Prior experience with Chinese inkbrush painting is required. Each student will gradually create a complex painting. Students should bring their own materials. Instructor: Teresa Logan Hsu

9/23-12/16	W	12-3p	Rm E
Adult: \$220 ID/\$275 OD		Senior: \$199 ID/\$248 OD	

(NEW!) Opening the Door to Creativity

This is a class that invites you to explore self-expression through art making. Each week will feature new (and fun) exercises to jump-start your creativity. Using basic tools like pencils, pens, paint and even a little collage, you’ll receive lessons on color, design, drawing, and painting that will help build your skills, while exploring new ways of self-expression. Instructor: Jill Lauch

10/1-11/19 (8 wks)	Th	1-3p	Rm E
Adult: \$90 ID/\$112 OD		Senior: \$81 ID/\$101 OD	

(NEW!) The Art of Autumn – Capturing Fall in Pencil, Pen & Paint

Join us for a class that celebrates the beauty of this season. We will explore the many colors and textures of Autumn using pencil and pen techniques, as well as watercolor. (Painting demonstrations will be in watercolor, but acrylic artists are welcome, too.) Instructor: Jill Lauch

10/6-11/24 (8 wks)	Tu	6:30-8:30p	Rm E
Adult: \$90 ID/\$112 OD		Senior: \$81 ID/\$101 OD	

Adult Programs



APPLIED ARTS

Mosaics

In mosaics, design pictures on everything from flowerpots to designer steppingstones. Choosing a base, selecting the kind of pieces you want to use, type of adhesive, breaking or cutting, arranging your pieces then grouting and sealing. In this class we will be working on some “Garden Art” projects. Some supplies are covered in class fee. This is a student-led activity. Space is limited.

9/22-12/17 Tu 12-2:30p Kitchen
Adult: \$56 ID/\$70 OD Senior: \$51 ID/\$63 OD
9/22-12/17 Th 12-2:30p Kitchen
Adult: \$56 ID/\$70 OD Senior: \$51 ID/\$63 OD

Knitting and Crocheting Group

Knitting and Crocheting Group is a social group that meets weekly. There is no instruction in this group, therefore knitting and/or crocheting experience is required.

9/21-12/14 M 12:30-2:30p Rm E \$5 term

DANCE

(NEW!) Ballet

This class focuses on developing strength, poise, and technical precision through classical ballet training. Students will explore disciplined, structured movements designed to build proper alignment, balance, flexibility, and musicality. Emphasis is placed on refining technique while cultivating grace, control, and confidence.

Each session includes both barre work and center exercises. Barre exercises help dancers build foundational strength, stability, and correct placement, while center work develops coordination, balance, and fluid movement across the floor. This class is ideal for dancers seeking to strengthen their classical technique in a focused and supportive environment. Instructor: Candice Morgan

10/20-11/24 (6 wks) Tu 6:15-7:15p Rm C
Adult: \$34 ID/\$42 OD Senior: \$30 ID/\$38 OD

Argentine Tango

Tango Level 1- (Intro to Tango) Emphasis on posture and connection to make your transitions smooth. Learn the fundamental patterns needed to step into more elaborate movements.

Tango Level II (Close Embrace Series) is for students who know the fundamentals and wish to keep improving. New combinations of steps will be introduced. These classes focus on Tango as the social dance seen in Buenos Aires, Argentina. Try it and transform your life.

Held at River Road Annex, 1055 River Road. Instructor: Marisela Rizik

To register, email Marisela at Mrizik@aol.com or visit www.mariselarizik.com.

9/20-12/20 Su 3-4p Beginning - Fundamentals
Su 4-5p Level II
Su 5-7p Tango social fun time

\$55 a month
\$10 additional each Sunday for social time
\$15 per class drop-in

LANGUAGE

(NEW!) Beginning German

This class offers a friendly and engaging introduction to the German language and culture. Designed for absolute beginners, the course will focus on essential vocabulary, practical phrases, and basic conversational skills — ideal for travelers, heritage learners, or anyone interested in connecting with German speakers. Cultural context and customs will be integrated throughout to enhance language learning. No prior knowledge of German is required. Course materials and books will be discussed during the first-class session. Instructor: Claudia Vincent

9/21-12/14 M 5:30-7:30p Rm C
Adult: \$146 ID/\$182 OD Senior: \$132 ID/\$164 OD

Italian 1

Italian 1 is for those with no previous knowledge of the language. Students acquire basic speaking, reading, and writing skills while learning about Italian culture. Instructor: Sied Imani

9/23-12/16 W 10a-12p Annex
Adult: \$146 ID/\$182 OD Senior: \$132 ID/\$164 OD

Italian 2

Emphasis on vocabulary and grammar. Guided dialog will help improve pronunciation and increase comprehension. Italian 1 or instructor approval required. Instructor: Sied Imani

9/21-12/14 M 3-5p Rm C
Adult: \$146 ID/\$182 OD Senior: \$132 ID/\$164 OD

Facility Closures

9/7 Holiday
11/11 Holiday
11/26 & 11/27 Holiday
12/24 & 12/25 & 1/1 Holiday

Spanish 1

In Spanish 1, students will dive into learning Spanish vocabulary as spoken in Latin American countries and will learn how to use their newfound words in reading and writing. They will also learn about Spanish culture and history. Instructor: Sied Imani

9/25-12/18 F 2:30-5p Annex
Adult: \$152 ID/\$186 OD Senior: \$138 ID/\$169 OD

Spanish 2

Spanish 2 continues engaging students in a functional approach to learning the Spanish language. Students will develop the practical tools needed to increase their fluency in the Spanish language. Spanish 1 or instructor approval required. Instructor: Sied Imani

9/25-12/18 F 12-2:30p Annex
Adult: \$152 ID/\$186 OD Senior: \$138 ID/\$169 OD

Spanish Club

Practice listening, speaking, and reading using audio visual materials in an informal setting. Basic knowledge of Spanish is needed. Club Coordinator: Bonnie Rutledge

9/24-12/17 Th 10a-12p Rm E \$5 term

GENERAL

Urban Homesteading

9/23-12/16 W 7-9p Kitchen
\$24/ID \$30/OD per session
Instructor: Kevin Prier

9/23 - Canning Basics: Salsa

9/30 - Canning Basics: Pepper Jam

10/7 - Fermenting: Kimchi, kombucha

10/14 - Beyond Sauerkraut

10/21 - Cheese Making

10/28 - Bread Making/Sourdough

11/4 - Home-made Spreads and Appetizers

11/18 - Homemade Liqueurs

12/2 - Balms and Salves

12/9 - Soap Making

12/16 - Ginger Treats

541-688-4052 • www.rrpark.org

Brian Breedlove | Brianb@rrpark.org

SPECIAL EVENTS - FALL

Star Gazing at Emerald Park

River Road Park and Recreation has joined up with the Eugene Astronomical Society to bring to our community Urban Star Gazing. Come join us for a look into the vastness of space! These star parties attract multiple astronomers with telescopes, some as large as 12 inches in aperture. The view of star clusters, nebulae, and distant galaxies is simply stunning. This is a don't miss opportunity, and it's absolutely free. Just show up around dusk to the basketball court behind the community center and view some of the universe's greatest hits. ALL EVENTS ARE WEATHER PERMITTING. Please check out rrpark.org or eugeneastro.org for updates before each event.

9/18, 10/16, 11/20, 12/18

Oregon Concealed Carry Class with Certified Instructor Howard Scheff

Join experienced and certified instructor, Howard Scheff, for a four-hour comprehensive Oregon Concealed Carry classes designed to educate and empower. Safety is our top priority with NO LIVE AMMUNITION PRESENT, and Howard's expert instruction ensures you leave informed, confident, and prepared. Whether you're new to firearms or seeking your concealed handgun license, this class covers everything you need — no prior experience or gun ownership required.

You'll learn:

Oregon concealed carry laws and legal responsibilities

Firearm safety fundamentals (no live ammunition used)

Situational awareness and decision-making skills

This course is open to individuals 21 and older. Secure your spot today and take the first step toward responsible concealed carry.

10/3 S 12-4p Annex
\$40 ID/\$48 OD

Puzzled

Puzzled is a fast-paced, fun-filled puzzle-building competition designed for puzzle enthusiasts of all skill levels. This timed event will challenge individuals and teams of two to complete a jigsaw puzzle as quickly as possible through multiple elimination-style rounds. Each round will feature puzzles ranging from 100-500 pieces, carefully selected to ensure a consistent level of difficulty. The goal is to build a vibrant, community-centered event that's both mentally stimulating and socially engaging. Spaces are limited so register now!

10/25 Su 1-4p MP
\$20/Team \$10/Individual

Adult Programs

Facility Closures	
9/7	Holiday
11/11	Holiday
11/26 & 11/27	Holiday
12/24 & 12/25 & 1/1	Holiday

Please RSVP for free classes & events so we know how many people to expect. Thank you!

541-688-4052 • www.rrpark.org
Katrina Setzer | email: katrinas@rrpark.org

CO-SPONSORED BY
EMERALD LITERARY GUILD

LOCAL AUTHORS

LIVE MUSIC

FOOD

REFRESHMENTS

1400 LAKE DRIVE
EUGENE, OR 97404

541-688-4052
WWW.RRPARK.ORG

2nd Annual
Book Fair

SUNDAY,
11/15
12-5P FREE



(New!) Color & Connect

A casual social event for adults who enjoy coloring, conversation, and a creative way to relax. Come to this fun event to meet new people, share a table, and spend an enjoyable afternoon coloring in a friendly, welcoming environment. Bring pens/pencils and pictures to share. No instructor just a gathering of fun coloring enthusiasts.

9/21, 10/19, 11/16, 12/21 M 10-11a \$5 term Rm 2

A Community Conversation – Women’s Circle

Join us for an open, judgment-free conversation about money - just for women. This gathering creates a comfortable and supportive space where you can connect with other women in the community, share experiences, ask questions, and build confidence around financial topics. Whether you’re looking to better understand budgeting, saving, investing, or simply want to talk about your relationship with money, this is a safe place to start. No pressure, no jargon — just real talk with real women. Leave feeling empowered. Led by local, Ginger Ottesen from Sage Wealth Strategies. Your cost includes: snacks and beverages.

10/7 W 6-8p \$5 Women & Money Rm C
12/2 W 6-8p \$5 Women & Travel/Leisure Rm C

(New!) Intro to Wild Mushroom Identification

Love wild mushrooms but hesitant to forage? Learn safe ID and consumption with Cascade Mycological Society. Explore habitats, avoid dangers, and find easy edibles. Includes mushroom display and handout. Please register so we know how many people to expect.

10/8 Th 6-8p \$5



(New!) Your Smartphone, Simplified

Gain confidence using your smartphone in a friendly, hands-on learning environment. These 1.5-hour classes are designed for beginners and those who want to make better use of their phone’s everyday features. Separate series are offered for iPhone and Android users, with three classes for each platform. Limited space so RSVP early if you want a spot.



Each class includes demonstrations, guided practice, and plenty of time for questions. Participants are encouraged to bring their own smartphone so they can practice using the features on their own device. Instructor: Shannon Hardin.

Class 1: The Basics – Part 1

Learn the essential functions of your smartphone.

Iphone	10/6	Tu	11a-12:30p	\$30	Rm E
Android	10/8	Th	11a-12:30p	\$30	Rm E

Class 2: Camera & Photos

Capture and organize your memories with confidence.

Iphone	11/3	Tu	11a-12:30p	\$30	Rm E
Android	11/5	Th	11a-12:30p	\$30	Rm E

Class 3: The Basics – Part 2

Build on your skills with everyday smartphone tools.

Iphone	12/8	Tu	11a-12:30p	\$30	Rm E
Android	12/10	Th	11a-12:30p	\$30	Rm E

(New!) Holiday Cookie Decorating Class

Join us for a fun and creative 2-hour cookie decorating class! Whether you’re a beginner or just looking for a sweet way to spend time with friends and family, you’ll learn decorating techniques while creating beautiful cookies to take home. Your class includes: A dozen freshly baked cookies, icing in a variety of colors, all decorating tools and supplies, individual decorating station, and step-by-step instruction in a relaxed, welcoming environment. Instructor: Jamie Goodrich.

11/20 F 3-5p \$55 Kitchen



(New!) Living Well with Chronic Conditions (CDSMP):

This Chronic Disease Self-Management Program (CDSMP) workshop is six weeks long with one 2.5-hour session each week. This program is designed for people living with one or more on-going conditions like arthritis, heart disease, stroke, kidney disease, lung disease, depression, and many others, as well as the people who care for them. It will provide you with the tools you need to meet your health-related goals and manage your health conditions every day.

9/23-11/4 (6 wks) W 10a-12:30p Free Rm 2

AARP Driving Course

Designed for motorists age 50+, but open to all ages. Auto insurance discounts may be available to participants 55+ who complete the class. Feel free to bring a sack lunch. Your fee will be taken by the instructor the day of the class. This class will be held at 1400 Lake Dr.

9/8	Tu	9a-4p	Rm E
11/12	Th	9a-4p	Rm E

\$20 AARP Member / \$25 Non-member.

(New!) What Now? Finding Relevance in Retirement

Barbara Susman retired in May 2025 and, after 45 years of 50+ hour work weeks, began exploring this new stage of her life. Join her for an interactive presentation celebrating community, purpose, routine, and overall relevance in retirement. Barbara was the former Director: LCC Successful Aging Institute & Senior Companion Program, OASIS Education Center, and Cascade Manor Marketing Department.

9/17 Th 12:30-2p Free Rm C

(New!) Understanding Memory Loss

Join us for an insightful series designed to help you care for someone with dementia. This series is for anyone caring for a loved one with dementia, or wanting to learn more about memory loss. The series offers valuable tools to make the journey easier for everyone. Sign up today and gain the support and knowledge you need. Presented by Willow Care Consulting — proudly helping local families for over 10 years.

Healthy Living for Cognitive Wellness

9/24 Th 10-11a Rm E

Best Friends Approach to Alzheimer’s Care & Communication Skills

10/15 Th 10a-12p Rm E

Senior Care Communities & In Home Care

11/5 Th 10a-12p Rm E

(New!) Basics Jewelry Class – Fun & Fashion

Create beautiful, handmade jewelry while learning the basics of jewelry design in this fun, beginner-friendly two-session class. You’ll gain hands-on experience using jewelry-making tools and materials as you create pieces you can wear or give as gifts. **Please bring a small towel to work on during class.** You’re also welcome to bring your own special beads, charms, findings, or other jewelry components to personalize your projects, or you may use the materials we provide. At the end of this amazing class, taught by two incredible women (Bea and Kathy), you will leave with two pair of earrings and a necklace.

10/13 & 10/20

Tu 10a-12p

\$60

Rm E

Adult Travel

EXTENDED TRAVEL



Discover Christmas Markets of Montreal and Quebec City December 14-20, 2026
Call Kat to see about space. Final payment is due September 15, 2026. <http://gateway.gocollette.com/link/1336276>.

Exploring Greece & Its Islands Featuring Classical Greece, Mykonos & Santorini May 14-30, 2027
Limited space. Explore the best of Greece on a journey through Classical sites and the islands of Mykonos and Santorini. Visit the Acropolis and Parthenon, take part in a Greek cooking class and dance lesson, and discover the prehistoric city of Ancient Akrotiri—all while enjoying stunning Aegean scenery and vibrant island culture. Deposit of \$698 now. Insurance is \$549. Final payment is due February 14, 2027.
The activity rating for this trip is level 3. <http://gateway.gocollette.com/link/1403098>.
Single: \$9599 Double: \$7799 Triple: \$7689
Price increases \$250 after September 16, 2026.

Plains of Africa September 22-October 6, 2027
Join us for an unforgettable Kenyan safari adventure, limited to just 18 guests, ensuring a more personal and immersive travel experience. Your journey begins in Nairobi, Kenya's vibrant capital, before heading north to the rugged wilderness of Shaba National Reserve, renowned for its dramatic landscapes and diverse wildlife. Continue to the spectacular Samburu National Reserve, where you will have the opportunity to spot elephants, lions, leopards, and other iconic African wildlife in their natural habitat. One of the highlights of the trip is a traditional African sundowner, allowing you to relax and take in the breathtaking colors of the African sunset after an exciting day on safari. The adventure concludes with a visit to Lake Nakuru, famous for its stunning Rift Valley setting, abundant birdlife, and thriving rhino population. This carefully crafted journey combines extraordinary wildlife encounters, spectacular scenery, and authentic safari experiences, making it the perfect way to discover the beauty and wonder of Kenya. Deposit of \$698 is due now to hold your spot. Insurance is available for \$769. 5 night extension to Tanzania is available. Final payment is due June 25, 2027.
Activity level 3, meaning we will be on the go! <http://gateway.gocollette.com/link/1433655>.
Single: \$12,879 Double: \$10,989

TRIP PRESENTATIONS

Want to find out more about a trip? Come and see what's in store.

8/27	Th	12:30-1:30p	Exploring Greece & Its Islands
8/27	Th	1:30-2:30p	Plains of Africa
11/24	Tu	1-2p	Plains of Africa
11/24	Tu	2-3p	Danube Christmas Rivercruise

DOC PARTY

This party is for those of you going on the trip. We're leaving soon so we will go over trip details and meet one another.

9/16	W	1-2p	Victoria Doc Party
11/24	Tu	3-4p	Montreal/Quebec Doc Party

Fall Getaway to Victoria! September 27–30, 2026
This trip is full. Call Kat to see about space. The activity rating for this trip is level 2. Single: \$2400 Double: \$2000

Adult Day Trips

541-688-4052 • www.rrpark.org
Katrina Setzer | Katrinas@rrpark.org

Day Trip Registration

Fall Registration (September-December)

InDistrict	8/27	Th	10a	Walk in /1p	Phone in
Out of District	8/28	F	10a	Walk in /1p	Phone in



CANCELLATIONS
Any trip refund or trip credit conversion to a refund will be assessed a \$5 processing fee.
7 days or more = full refund
7 days - 72 hours = 50% refund
72 hours up to the day of = zero refund.
If we have incurred costs for booking trips (tickets, meals, hotel, transportation, etc.) then that amount will be deducted.
Under 55? Each trip is different. Call Kat to get more information.

- TRIP NOTES**
- Arrive 10-15 minutes early.
 - We will leave on time. You may get left behind if you are late, so please allow yourself enough time.
 - End times are estimated.
 - Please park vehicles in the back of the parking lot, near Lake Drive.
 - Make sure you have emergency info/contacts in your wallet.
 - Some are allergic to perfume so we ask that you keep your fragrance to a minimum.
 - Registration for trips with this symbol ➡ began last term, so you can sign up at any time. The trip may be full. If it is, please ask to be placed on the waiting list.



August				
➡ Cape Arago- Marine Life	8/20	Th	8a-6p	\$75
➡ In a Landscape- Mt. Pisgah	8/26	W	3:45-7p	\$85
September				
➡ Whale Watching	9/3	Th	8:30a-6p	\$95
➡ 55+ BBQ (Bring a dish)	9/9	W	4-6p	FREE
➡ Mt. Angel Octoberfest	9/17	Th	9a-4p	\$35
NEW! Donkey Sanctuary & Lunch	9/22	Tu	8:15a-5p	\$75
➡ Cape Arago- Coastal Forests	9/24	Th	8a-6p	\$75
October				
Alesong Lunch, Tasting & Tour	10/2	F	11:30a-2:30p	\$59
➡ Dinner & Theater- Million Dollar Quartet	10/10	Sa	11:15a-8p	\$110
Sisters Harvest Fest	10/11	Su	8a-5p	\$39
Yachats Mushroom Festival	10/16	F	8a-5p	\$39
Cottage Theater- Addams Family	10/23	F	4:15-11p	\$89
November				
Verboort Sausage Fest	11/7	Sa	9:30a-4:30p	\$69
Canby/Aurora Shop & Lunch	11/13	F	9a-5p	\$85
Salmon Celebration	11/18	W	11:30a-5p	\$85
Broadway Rose- The Silver Belles	11/28	Sa	11:15a-8p	\$115
December				
Painted Lady High Tea	12/3	Th	9:30a-4p	\$85
Grub Club - Charred Apizza	12/8	Tu	11:30a-1:30p	\$35
Holiday Concert	12/12	Sa	6:30-8:30p	\$25
Holiday Lights- Shore Acres	12/16	W	1-11p	\$99
Carousel, Lunch, Antiques	12/30	W	9:30a-4p	\$74
January 2027				
Mill End Fabric Run & Lunch	1/5	Tu	9:30a-5p	\$79
Granny Fi's Shortbread	1/13	W	9:30a-4p	\$89
Pendleton Mill Tour & Lunch	1/26	Tu	8:15a-5p	\$79

Adult Day Trips



541-688-4052 • www.rrpark.org
Katrina Setzer | Katrinas@rrpark.org

➡ Cape Arago Tour - Marine Life

The lively seals and sea lions of Simpson’s Reef are the star of the August trip, with a visit to the Charleston Marine Life Center in the afternoon to watch the variety of aquarium denizens, explore skeletons and shells, delight in the touchable “tidal pool,” be enthralled by the amazing videos, and more. Your cost includes: tour, lunch and transportation.

8/20	Th	8a-6p	\$75
------	----	-------	------

➡ In a Landscape @ Mount Pisgah Arboretum

Classical Music in the Wild is an outdoor concert series where America’s most stunning landscapes replace the traditional concert hall. A 9-foot Steinway grand piano travels on a flatbed trailer and today, it will be in Eugene. Listen through wireless headphones and wander with the music as a soundtrack to your experience in the wild. It’s going to be awesome! Your cost includes: a delicious picnic, amazing concert and transportation. Come prepared to be amazed! Please bring a chair or blanket.

8/26	W	3:45-7p	\$85
------	---	---------	------

➡ Whale Watching

Today, we travel to Depoe Bay for an amazing whale watching experience. By the end of the day, you are going to become a gray whale expert. We’ll enjoy the museum (Whale, Sealife and Shark Museum) and the shops in town once our whale experience is over. Come learn more about gray whales and the other marine life you might encounter including; seals, sea lions, seabirds and unique oceanographic features. Lunch is on your own. Your cost includes: transportation, 1.25 hour whale watching excursion, and time to shop around.

9/3	Th	8:30a-6p	\$95
-----	----	----------	------

➡ Mt. Angel Oktoberfest

Oktoberfest offers a plethora of activities and attractions so come along for some fun. Take your time walking through the streets, savoring the music and taking in the sights, sounds, and smells of wonderful culinary options. Mt Angel goes full Bavarian — think timbered façades, flower crowns, and more lederhosen than you’d expect outside of Germany. Prost! Your cost includes: transportation.

9/17	Th	9a-4p	\$35
------	----	-------	------

55+ BBQ

It’s that time of year. Burgers and hotdogs prepared for you with love by our staff! We provide the main course, and you bring the sides. Plan on your side dish feeding 10 people. Following the food, we’ll wrap it up with some fun entertainment. **Please register so we know how many people to expect.** Let us know if you are a vegetarian. Thanks to AARP for their support.

9/9	W	4-6p	Free	James D. Lockard Shelter 1
-----	---	------	------	----------------------------

Donkey Sanctuary & Lunch

This 100% volunteer-run sanctuary is a forever home for special needs donkeys, each of whom has their own story. Come meet Toby, Wilbur, Blossom and over twenty others today. Learn about donkeys and enjoy this amazing experience! They are so cute and loving. Our visit and donation will help the sanctuary continue to be their safe haven. We’ll enjoy a delicious lunch on the way home. Your cost includes: transportation, donation and lunch.

9/22	Tu	8:15a-5p	\$75
------	----	----------	------

➡ Cape Arago Tour - Coastal Forests

The September trip features another visit to Shore Acres Gardens and Cliffs, or a short forest walk to explore some of the communities and key plants of Oregon’s coastal forests; afternoon will include a visit to South Slough National Estuarine Reserve to explore the places where rivers meet the sea through their exhibits and other media. Your cost includes: tour, lunch and transportation.

9/24	Th	8a-6p	\$75
------	----	-------	------

AleSong Lunch, Tasting and Tour

Enjoy a relaxing afternoon at Alesong Brewing & Blending, a fun local place where we will start with a tour then enjoy a tasting (four beers per flight), followed by a delicious lunch. Your cost includes: transportation, tour, tasting and lunch.

10/2	F	11:30a-2:30p	\$59
------	---	--------------	------

➡ Dinner & Broadway Rose - Million Dollar Quartet

Get ready for a rockin’ good time as we head to Portland’s Broadway Rose Theater to see the high-energy musical Million Dollar Quartet, inspired by the legendary jam session of Elvis Presley, Johnny Cash, Jerry Lee Lewis, and Carl Perkins. We’ll kick off the evening with a delicious group dinner, then settle in for an unforgettable night of music and fun. Your cost includes: transportation, dinner, and show admission—just bring your love of great food, great music, and great company!

10/10	Sa	11:15a-8p	\$110
-------	----	-----------	-------

AARP Oregon and River Road Park & Recreation are continuing to build a community partnership through shared programming and outreach. AARP is sponsoring this year’s bbq. Thank you!

Sisters Harvest Festival

Our annual trip is here! Now in its 35th year, this faire brings together over 200 juried vendors of handcrafted quality arts and crafts. This was a total hit last year so you don’t want to miss out this go around. You will be able to explore the food booths and enjoy all the entertainment on the streets of downtown Sisters. Lunch will be on your own. Your cost includes: transportation and snack.

10/11	Su	8a-5p	\$39
-------	----	-------	------

Yachats Mushroom Festival

Don’t miss out on the most enchanting mushroom celebration of the year. Talks, Walks, Workshops, Exhibits, etc. Yachats Mushroom Festival will offer opportunities to delve into many aspects of the world of mushrooms. Learn about mushroom foraging and identification basics, hear about cooking techniques, etc. All talks, walks and workshops are free! Come ready to learn about the fascinating world of shrooms. Your cost includes: transportation and snack. Lunch is on your own and some workshops and walks may have additional tickets available for on-site purchase.

10/16	F	8a-5p	\$39
-------	---	-------	------

Dinner & Cottage Theater- Addams Family

Begin the evening with dinner at North Fork Public House, a lively neighborhood spot known for its warm wood interior, creative pub fare, and rotating taps of local craft beer. After dinner, make the easy drive to Cottage Grove and settle in at Cottage Theatre for The Addams Family. The playful, slightly spooky energy of the musical makes for a fun contrast to the cozy dinner that started the night — a well-balanced evening of good food and lively entertainment

10/23	F	4:15-11p	\$89
-------	---	----------	------

Verboort Sausage Fest

It began in 1934, and now they serve over 17 tons of sausage. You know it’s good! The lunch is all you can eat homemade Verboort sausage, sauerkraut, green salad, potatoes/gravy, green beans, roll, applesauce, lemon or apple pie and a drink. While there, we’ll go to the Bazaar, where there are crafts, games, homemade candy and baked goods for purchase. Your cost includes: transportation and lunch.

11/7	Sa	9:30a-4:30p	\$69
------	----	-------------	------

Canby/Aurora Shopping & Lunch

Kick off your holiday shopping at the week long Christmas Bazaar in Canby, featuring over 150 vendors will be selected to sell hand-crafted items. It’s their 53rd annual Christmas event. Items featured will be Christmas and Fall decorations, collectibles, home décor, gourmet treats, and much more! After enjoying an amazing lunch, we’ll head to the charming town of Aurora for time to explore it’s unique antique shops in search of one-of-a-kind treasures. Your cost includes: transportation, shopping stops and lunch.

11/13	F	9a-5p	\$85
-------	---	-------	------

Salmon Celebration

You asked for it, you got it! Don’t miss this year’s guided Salmon Walk and Herbal Dinner at the Thyme Garden in Alsea. Come and experience this beautiful event when the salmon come back to their spawning grounds to complete their life cycle while starting a new one. Then feast on a four-course homemade herbal dinner from appetizers to dessert. The day will start at one o’clock with appetizers and beverages followed by a walk-about to see the salmon spawning in the streams. Wear comfortable walking shoes if you plan on doing the walkabout. Your cost includes: transportation, an incredible meal and walk. Feel free to bring a bottle of wine if you want.

11/18	W	11:30a-5p	\$85
-------	---	-----------	------

Dinner & Broadway Rose- The Silver Belles

Join us for a festive day trip to Portland to see The Silver Belles at the Broadway Rose Theatre! This heartwarming holiday musical is filled with laughter, friendship, and classic tunes that will get you in the spirit of the season. After the show, we’ll enjoy a delicious group dinner before heading home. Your cost includes transportation, show ticket, and dinner.

11/28	Sa	11:15a-8p	\$115
-------	----	-----------	-------

Painted Lady High Tea

What could be better than having a Queen’s High Tea in a 115 year old Colonial Revival home located in Myrtle Creek? Going during the holidays! Seasonal fruit, Quiche Lorraine, chocolate dipped strawberries, apricot/cranberry scones, assorted finger sandwiches, dessert and tea, tea, tea. Every time we do this trip, it’s spectacular! The home is decorated for the holidays and it’s always a fun, holiday atmosphere. Your cost includes: transportation, and lunch.

12/3	Th	9:30a-4p	\$85
------	----	----------	------

Grub Club – Charred Apizza

Detroit style pizza. It’s the vision & love of two friends, David and Terry, to create the best possible pizza in the Willamette Valley. Terry and David are looking forward to sharing what a baker and chef can do together creating pizza. Your cost includes transportation, and an incredible pizza lunch.

12/8	Tu	11:30a-1:30p	\$35
------	----	--------------	------

Holiday Concert

Get ready to embrace the holiday spirit! We’ll kick things off with a delightful spread of treats and finger foods, followed by a festive musical journey that’s sure to warm your heart. Your cost includes: delicious finger food, hot drinks, and an afternoon holiday concert filled with songs and cheer to put you in a merry mood. The Eugene Gleeman and Emerald Valley Chorus

12/12	Sa	6:30-8:30p	\$25
-------	----	------------	------

Adult Day Trips

Holiday Lights @ Shore Acres

This holiday season would not be complete without the Shore Acres Christmas lights experience. We will journey to Coos Bay where we will have a pre lights dinner. After dinner we'll proceed to Shore Acres to go through their wonderland of 300,000 plus Christmas lights. This is a trip you will not want to miss. Your cost includes: transportation, dinner, and holiday lights.

12/16 W 1-11p \$99

Albany Carousel, Lunch and Antiques

Time to check out how far they've come. The carousel will eventually consist of 52 total animals! Each row will also have two replacement animals and there are five seasonal animals planned, bringing the total to sixty-three animals. As of July of 2022, there were 41 animals on the carousel. How many are there now? On today's tour, docents will teach us about this amazing carousel and the great work they are doing. After our tour we'll enjoy a great lunch and spend some time looking at the antique mall! Your cost includes: transportation, lunch, tour, and a donation.

12/30 W 9:30a-4p \$74

Mill End Fabric Run & Lunch

Today's trip will take you up to the legendary Mill End Store in Milwauki, Oregon's family-owned fabric destination since 1918. Wander through thousands of bolts of apparel, quilting, home décor, and specialty fabrics, along with trims, notions, and unique designer closeouts. Whether you're shopping with a project in mind or simply browsing for inspiration, there's something for every sewer and crafter. After filling your cart, we will head to a local restaurant for a delicious lunch. Your cost includes: transportation and lunch.

1/5 Tu 9:30a-5p \$79

Granny Fi's Shortbread

Treat yourself to a charming day trip to Oregon City centered around an elegant high tea experience. Sip fragrant teas, enjoy delicate finger sandwiches, warm scones with jam and clotted cream, and an assortment of beautiful pastries in a cozy, picturesque setting. If you love a high tea, you won't want to miss this one. Your cost includes: transportation, and high tea.

1/13 W 9:30a-4p \$89

Pendleton Mill Tour & Lunch

Enjoy a relaxing day trip to Washugal for a guided tour of the famous Pendleton Woolen Mill. After the tour, you'll have time to browse the mill store for unique woolen goods and gifts. From here, we'll stop for a delicious lunch at a popular local restaurant.

1/26 Tu 8:15a-5p \$79



55+ ACTIVITIES

Bridge

Enjoy playing bridge in a social atmosphere? Come join us for some monthly fun! All are welcome. Payouts at the end of each session. We will meet the first Monday of the month at the Annex, 1055 River Road. No get together on Labor Day, 9/7.

1st M 12:45-4p \$3 at the door Annex

Texas Hold 'Em

Join in on the excitement that has everyone buzzing. Buy into this friendly game. Each table winner will be awarded a prize at the end of play. You must be age 55+ to participate. We will meet the 2nd and 4th Monday of the month at the River Road Annex, 1055 River Road. Organized by volunteer, Don Wall.

2nd & 4th M 6-8p \$3 at the door Annex

Cascade Stitches

Cascade Stitches of the Embroider's Guild of America explores all kinds of embroidery and invites you to learn about embroidery with us. We will meet the third Monday of the month at the Annex, 1055 River Road.

3rd M 1-3p \$5 per session Annex

Memory Tones Choral Group

The focus is on having fun singing old favorites. Experience or ability to read music would be helpful but not necessary. Newcomers 55+ are welcome. Weekly practices and several performances per month. No get together on 11/27, 12/25, and 1/1.

Weekly F 2-3:30p Free Rm C

HOLIDAY BAZAAR

Saturday
Dec. 5

9a-3p

Local
Unique
Handmade

541-688-4052
www.rrpark.org

Vendor?
See page 5



1400 Lake Drive
Eugene, OR 97404

Amenities & Services

Facility Closures	
9/7	Holiday
11/11	Holiday
11/26 & 11/27	Holiday
12/24 & 12/25 & 1/1	Holiday



Pool
The 25-yard, six lane indoor pool is open year-round and is kept at 84 degrees. There is a one-meter diving board, kick boards, pull buoys, an easy entry ladder and an ADA approved hydraulic lift.

Spas
Two in-ground spas are available for year-round use, located outside of the pool in our courtyard. One is covered by a canopy skylight, the other uncovered. Together, the spas accommodate 18 guests. The spas are kept between 102-104 degrees and are fully accessible. Patrons must be 16 years of age to use the spas.

Sauna
The dry-heat sauna, located in a secluded, quiet area, is lined with untreated kiln-dried cedar. The sauna accommodates 8 guests. Patrons must be 16 years of age to use the sauna.

Dressing Rooms
The dressing rooms are equipped with ADA accessible toilets, sinks, lockers, showers, hand dryers, and an infant changing table. Children under 5 years of age and older must use the same gender dressing room.

ADA Changing Room
A separate changing room is available upon request and is equipped with an ADA accessible shower, toilet, sink and gender-neutral changing area. **We recommend you limit your time to 30 min when using the changing room.

Massage

Let one of our licensed massage therapists help relieve your tension and introduce you to the world of total relaxation. Our therapists offer a variety of massages and bodywork. For more information on techniques, or to schedule an appointment, please call 541-461-7777 or stop by the pool front desk. Payment is required at the time of scheduling. We accept VISA/MC/Discover/American Express. Cancellations or changes must be made at least 24 hours in advance to receive a credit or refund. Cost \$70 hr. and hours vary based on the therapists' schedule. **Beginning September 28, cost will be \$75 hr.**

Swim Shop
Need supplies while you are here? Goggles, swim caps, nose clips, ear plugs, infant swim diapers, and other items are available for purchase at a reasonable cost from our pool cashier.

Shower Policy
Public showers are available, please provide your own towel and toiletries. Showers are only available in the locker rooms. Please limit your time to 30min when utilizing the shower hours.

M-F	6a-8a	12-3:30p	\$2 per person
-----	-------	----------	----------------

SHIBA Volunteers Here to Help You
Are you confused about Medicare? Senior Health Insurance Benefits Assistance (SHIBA) offers a free counseling service. SHIBA volunteers have been able to help Medicare beneficiaries select a plan that is right for them. Call 541-736-4421 to make an appointment in the River Road area.

Foot Care
A technician, trained in foot care, conducts individual care sessions. The time is used for toenail cleaning and trimming. No refund for no-shows or cancellations unless we are able to fill your appointment slot. In fairness to the technician and other clients, those who arrive more than 10 minutes later than their scheduled appointment will forfeit their spot and fee.
Payment due at time of scheduling. 541-688-4052.
By appointment Days and times vary \$25



Rentals

Main Office • 541-688-4052
www.rrpark.org • info@rrpark.org

Facility Rentals

Reservations must be made in person to sign paperwork.

Rental times must include set up and take down times.

BUILDING AND SHELTER RENTALS

Required 2 hour rental minimum for all building and shelter rentals.

Shelter Rental - 1400 Lake Drive
Event • \$50/hr.
Can accomodate up to 52 guests. No amplified music or alcohol allowed. No refunds for inclement weather.

Multipurpose Room - 1400 Lake Drive
Non-Alcohol Event • \$60/hr.
with Kitchen • \$85/hr.
Alcohol Event: • \$120/hr. Beer or wine ONLY*
with Kitchen • \$145/hr.
Can accommodate up to 110 guests. Amplified music permitted until 9p.

River Road Annex - 1055 River Road
Non-Alcohol Event • \$75/hr.
Alcohol Event: • \$150/hr. Beer or wine ONLY*
Can accomodate up to 60 guests. No amplified music allowed.

All building and shelter rentals will require a district use permit, and a \$300 fully refundable deposit at the time of registration. To schedule a rental and make a payment, please contact the main office for assistance.

*A host liability waiver is required if you are having alcohol at your event. Host Liability Waiver – \$1 million Host Liability Waiver acquired through your homeowner's insurance agency OR purchase TULIP (Tenant User Liability Insurance Policy) For more information visit or call the Park District business office.

No Smoking /Alcohol Policy

Out of consideration for everyone, we do not allow smoking or alcohol in the park. Possession or consumption of cigarettes, marijuana or alcohol within the park boundary is prohibited.



PRIVATE POOL RENTALS 541-461-7777

Enjoy your very own private pool rental! Rental parties can be arranged for any size group. Our basic private rental starts at \$200 per hour (includes 2 lifeguards) and can accommodate up to 40 people. Additional lifeguards will be scheduled for larger groups at an additional fee.

Payment is due at time of reservation. Rentals are only available on Saturday after 3:30p.

Basic Rental Package	\$200/hr. (Includes 2 lifeguards)
Additional lifeguards	\$35/hr. each (for every additional 10 people)

POOL PARTIES 541-461-7777

Celebrate your birthday in our Pool! Try a fun alternative to a traditional party for your child. Pool parties include: one hour in a party room for cake and presents followed by a 1 ½ hour recreational swim.

\$110 (up to 20 children and 1 hour party room) Saturday only. \$4 for each additional child. Set up and clean up are included in the room rental time.
Sa 12-3p

GYMNASTICS/BIRTHDAY PARTIES 541-688-8955

Celebrate your birthday at our Gymnastics Center! Try a fun alternative to a traditional party for your child. Gymnastics parties include: 1 hour of supervised play on the spring floor, bars, climbing net, tumble trak, trampoline, plus 30 minutes for opening presents, and refreshments provided by parents.

\$135 (up to 10 children) Saturday or Sunday only. \$5 for each additional child.
Sa 1:30-3p 3:30-5p
Su 1-2:30p 3-4:30p

RENTAL REFUND POLICY

1 month notice:	100% refunded
15 days notice:	50% refunded
Less than 15 days:	NO REFUND



Residential Customer

PRSRT STD
U.S. POSTAGE
PAID
Eugene, OR
Permit #440

ECRWSS

A New Salon & Style



Full Service Salon
1021 Maxwell Road
541-688-7155

Call for an
appointment /
walk ins are welcome.

We are celebrating 25 years in the community!

Veterans receive a \$3 discount.

Schedule any service, mention this ad and
you will get an amazing deal!

\$10 haircuts

We appreciate our community and you!

The salon is open 5 days a week 10a-5:30p. (Tu-Sa)

The Human Experience



Superb Customer Service
Simple Loan Applications
Community-oriented



Pacific Cascade
FEDERAL CREDIT UNION
65th ANNIVERSARY | 1961-2026

Eugene: 1075 Oak Street & 95F Division Avenue
Springfield: 1190 Mohawk Blvd
Roseburg: 940 NW Garden Valley Blvd #104
541-343-6238 | wesaveyou.com



EMERALD
BROADBAND

**EUGENE, OREGON'S
FASTEST FIBER INTERNET!**

**NO CONTRACTS.
NO DATA CAPS.
NO HIDDEN FEES.**



(541) 363-0260